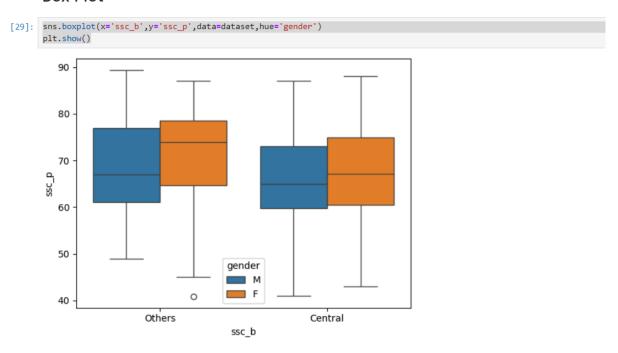
#### Seaborn - BoxPlot:

#### **Box Plot**



A box plot (also called a box-and-whisker plot) is a standardized way of displaying the distribution of data based on a five-number summary: minimum, first quartile (Q1), median (Q2), third quartile (Q3), and maximum. It's super useful for spotting outliers and understanding the spread and skewness of the data.

In Seaborn, a popular Python data visualization library built on top of Matplotlib, you can easily create box plots with the seaborn.boxplot() function.

## What a Box Plot Shows:

- Box: Represents the interquartile range (IQR), from Q1 to Q3.
- Line inside the box: The median (Q2).
- Whiskers: Extend to the minimum and maximum values within 1.5 \* IQR.
- Dots outside the whiskers: Outliers, values that are unusually far from the rest.

## What Are Whiskers in a Box Plot?

Whiskers are the lines that extend from the box in a box plot. They show the range of the data outside the interquartile range (IQR), but not including outliers.

# How Are They Calculated?

By default (in Seaborn and most box plot implementations), whiskers extend to:

- ↑ Lowest data point within 1.5 × IQR below Q1
- **↑** Highest data point within 1.5 × IQR above Q3

#### Where:

- Q1 = 25th percentile (the start of the box)
- Q3 = 75th percentile (the end of the box)
- IQR = Q3 Q1

#### So:

- Lower whisker = Q1 1.5 × IQR
- Upper whisker = Q3 + 1.5 × IQR

Any data point outside this range is plotted individually as an outlier (usually as dots or circles).

# Why Are Whiskers Important?

They give you a sense of:

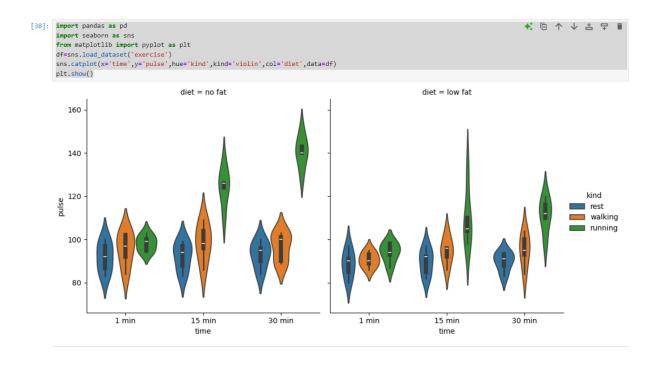
- Spread of most of the data
- Where the extremes are (without being distorted by outliers)

## When to Use a Box Plot:

- Comparing distributions across categories
- Detecting outliers

Getting a quick sense of data spread and central tendency

## **Violin Plot:**



# Dataset: 'exercise'

This is a built-in dataset from Seaborn that contains pulse (heart rate) data based on:

- time: The time of exercise (like 1 min, 15 min, etc.)
- pulse: Heart rate
- kind: Type of activity (e.g., rest, walking, running)
- diet: Type of diet (e.g., low fat, no fat)

# Violin Plot — What It Is

A violin plot combines a box plot and a KDE plot (smoothed distribution). It helps you see:

Distribution of the data (like a mirrored density plot)

- Median and quartiles (like a box plot)
- Spread and shape of the data

#### **Creating multiple violin plots showing:**

- x='time': Time of exercise (like 1 min, 15 min, 30 min) on the x-axis
- y='pulse': Pulse (heart rate) on the y-axis
- hue='kind': Activity type shown in different colors (rest, walking, running)
- col='diet': Creates separate plots (columns) for each diet type (low fat and no fat)
- kind='violin': The actual chart type used

## The Plot Shows:

- For each time point, it shows how pulse varies for different activities.
- You'll see separate violins for each kind (activity) inside each time group.
- Since col='diet', the figure is split into two subplots (one for each diet type).

## What You Can Interpret:

- How heart rate (pulse) changes over time and exercise type
- How different activities (rest, walk, run) affect pulse
- Whether the diet makes a difference in pulse trends
- The distribution shape e.g., skewed, multimodal, etc.
- Presence of outliers or variation

# Why it's useful:

It makes comparison easier between groups — especially when you want to see how one variable (like pulse) behaves under different categories (like diet types) without overlapping everything into one chart.