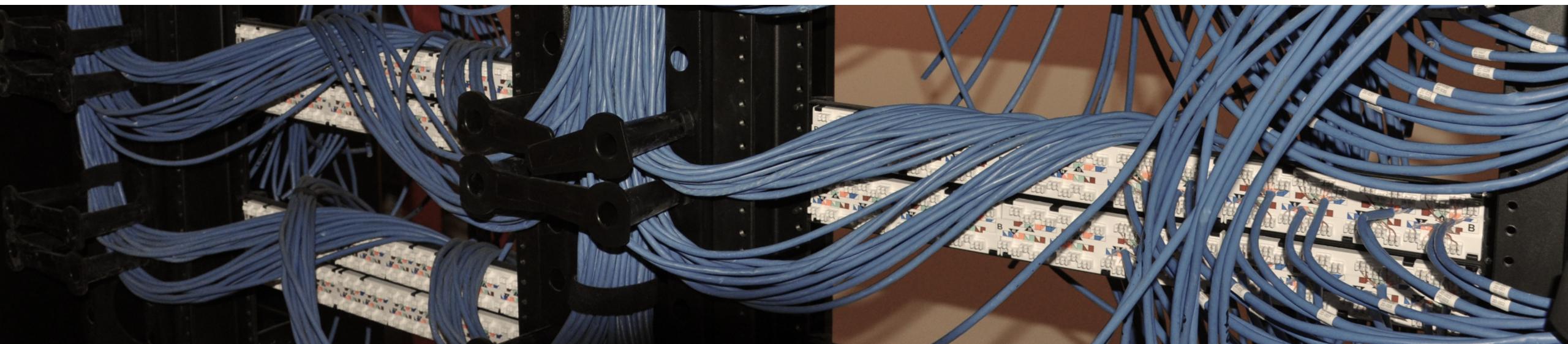




You don't scale like servers scale





<https://www.flickr.com/photos/meminick>



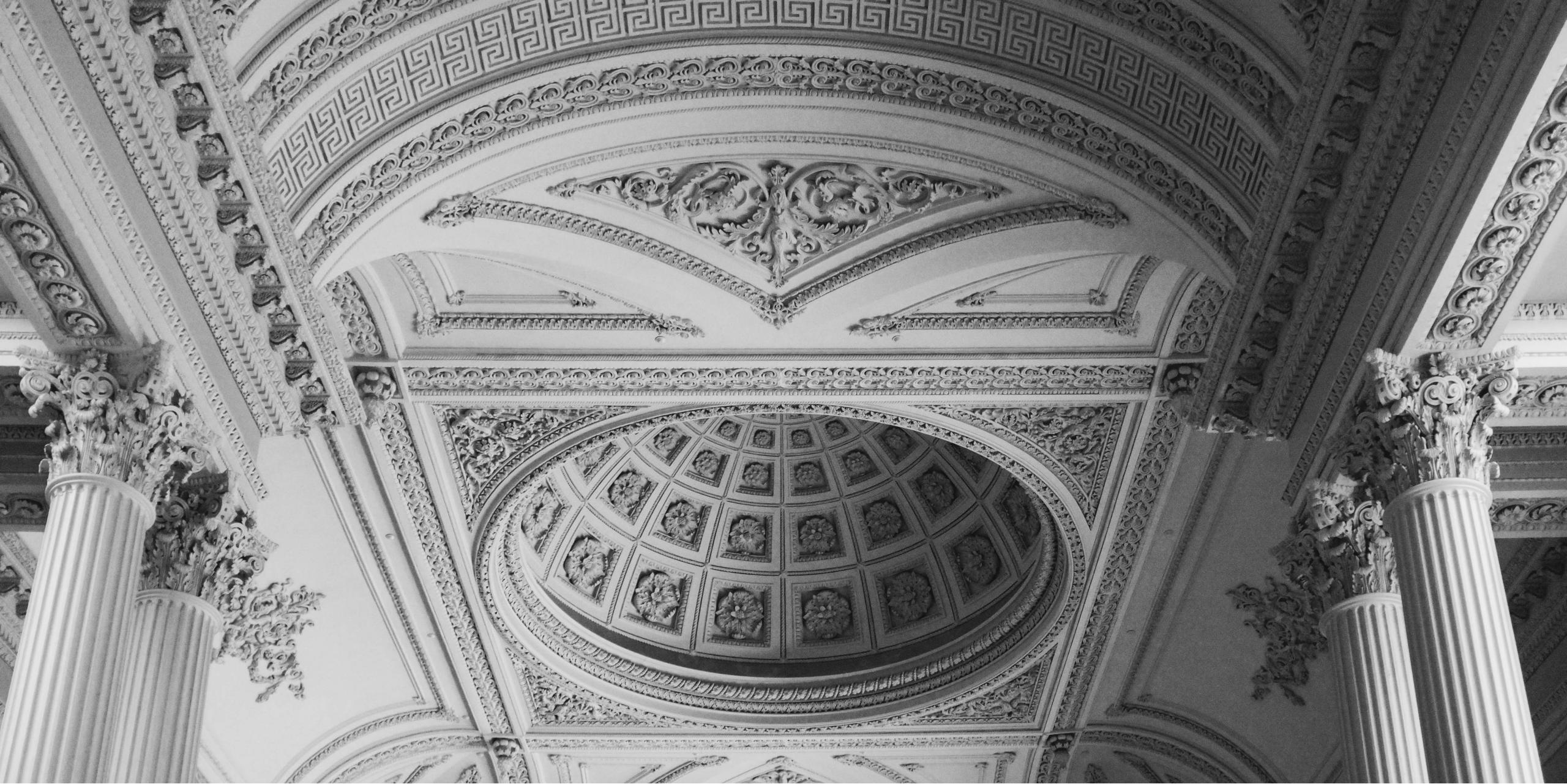
<https://www.flickr.com/photos/techcrunch>



<https://www.flickr.com/photos/qmnonic>







Allen Lai <https://www.flickr.com/photos/78139009@N03/>

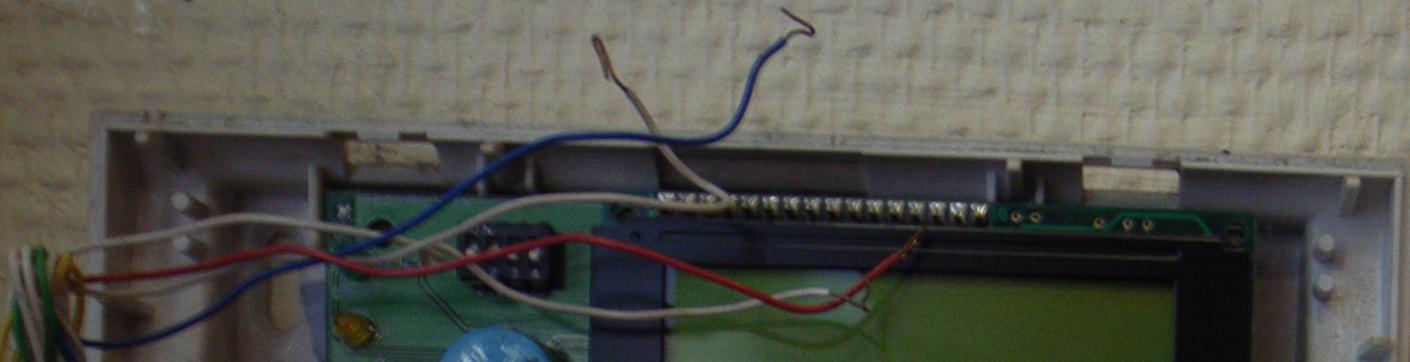
A close-up photograph of seven light-colored wooden blocks arranged diagonally on a dark brown wooden surface. Each block contains a black capital letter, together spelling the word "NURSING". The blocks are slightly overlapping, and the background is blurred.

N-U-R-S-I-N-G

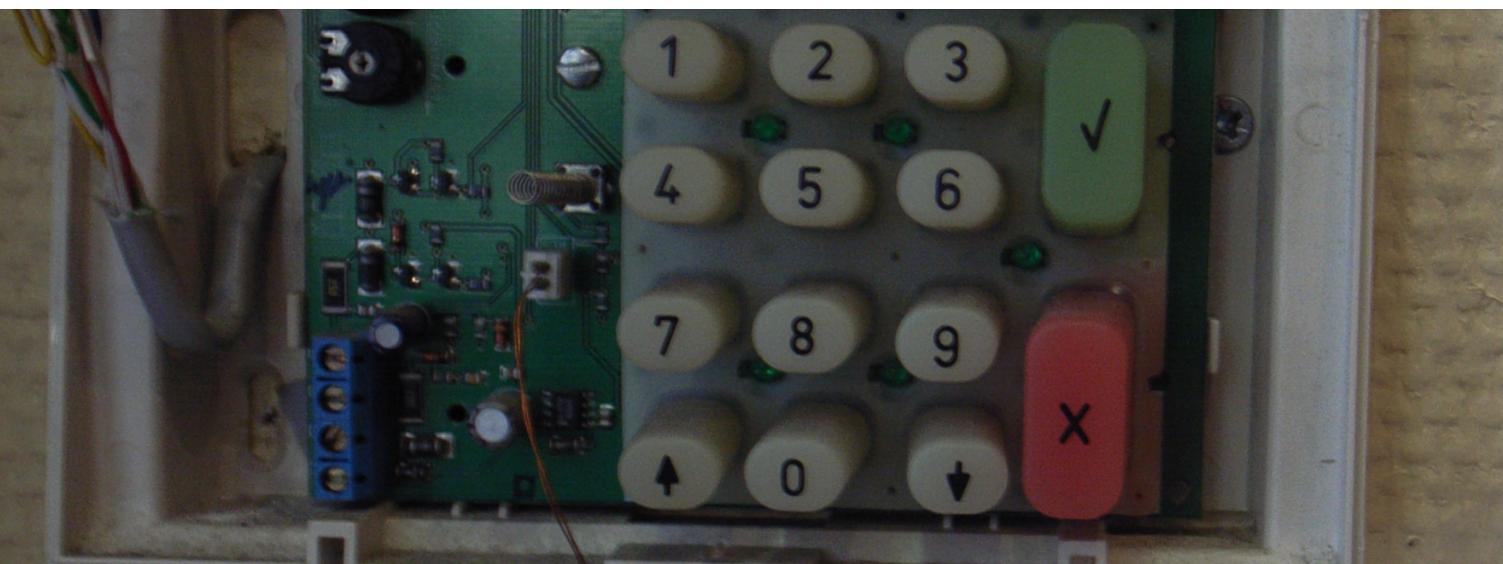


You are ephemeral

<https://www.flickr.com/photos/dannykboyd/>



You are not immutable



<https://www.flickr.com/photos/nnova/>



Holly Brockwell ✅

@holly

Follow

Thing I learnt this week: you can either take appropriate rest, or your body will do it for you at the most inconvenient time.

RETWEETS

9

LIKES

46



7:21 AM - 18 Mar 2016



...

@holly



You are not highly available

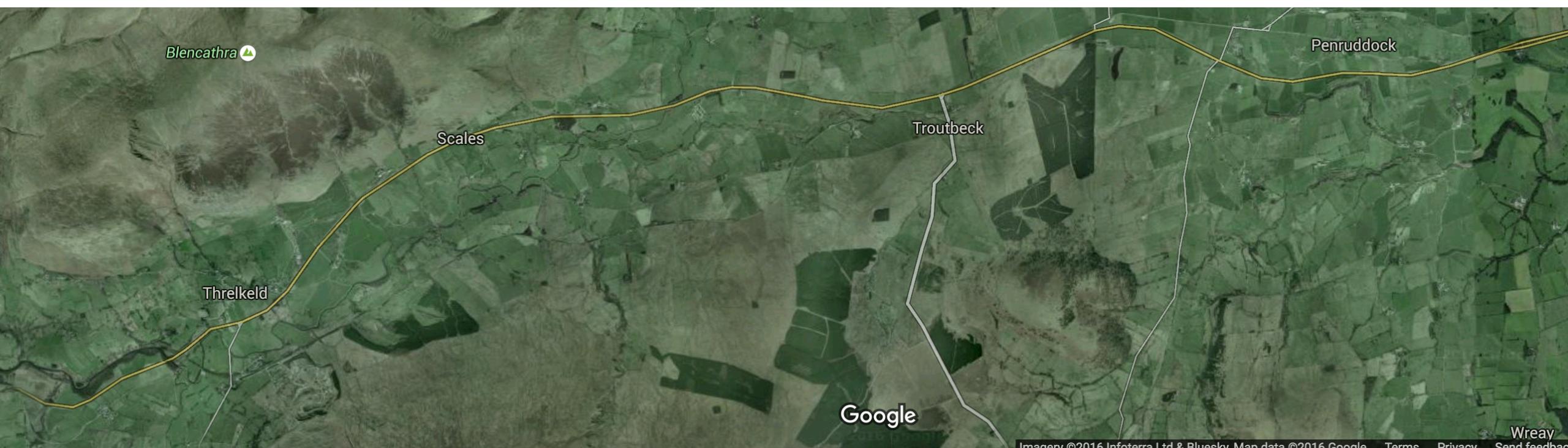
<https://www.flickr.com/photos/mjhagen/>

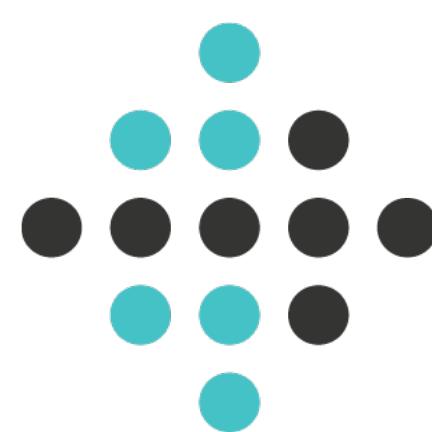


Your support contact needs review



Your DR plan needs review





fitbit



Google Fit



Continuous Integration



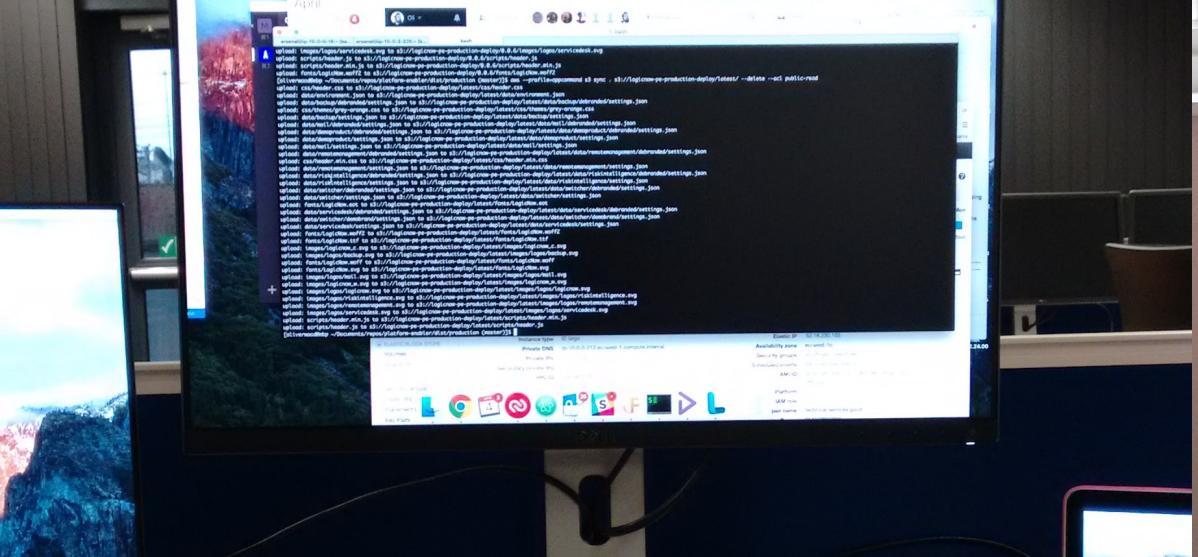
JAWBONE



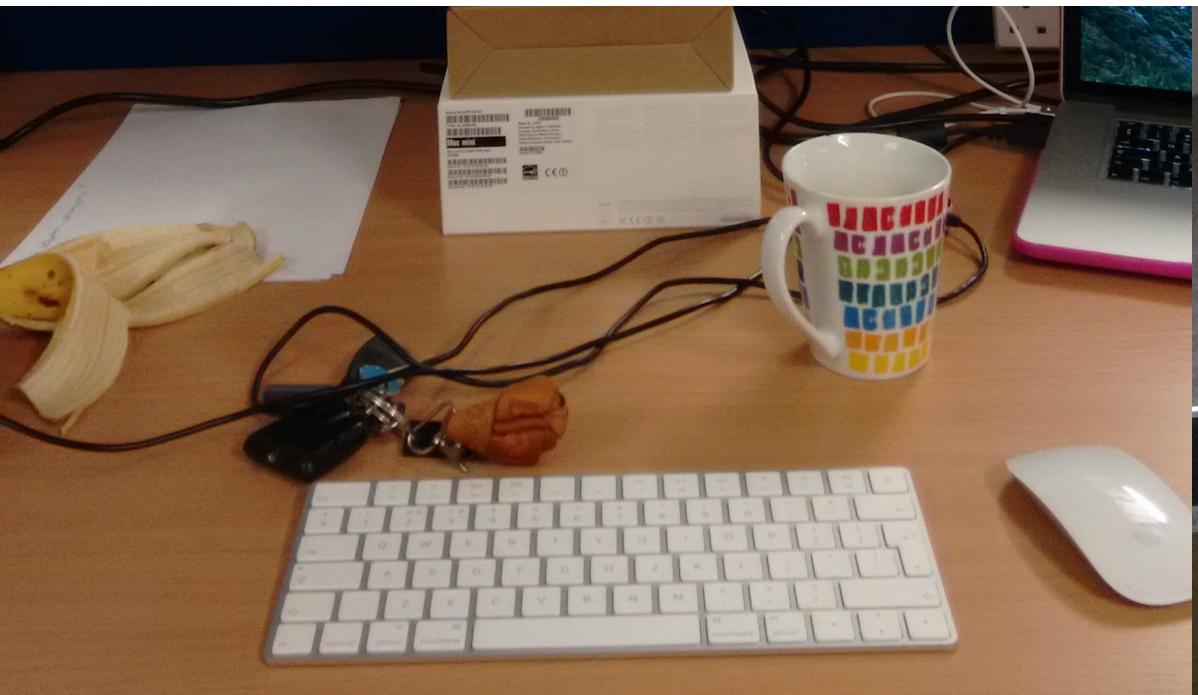
Continuous Deployment



<https://www.flickr.com/photos/redvers/>

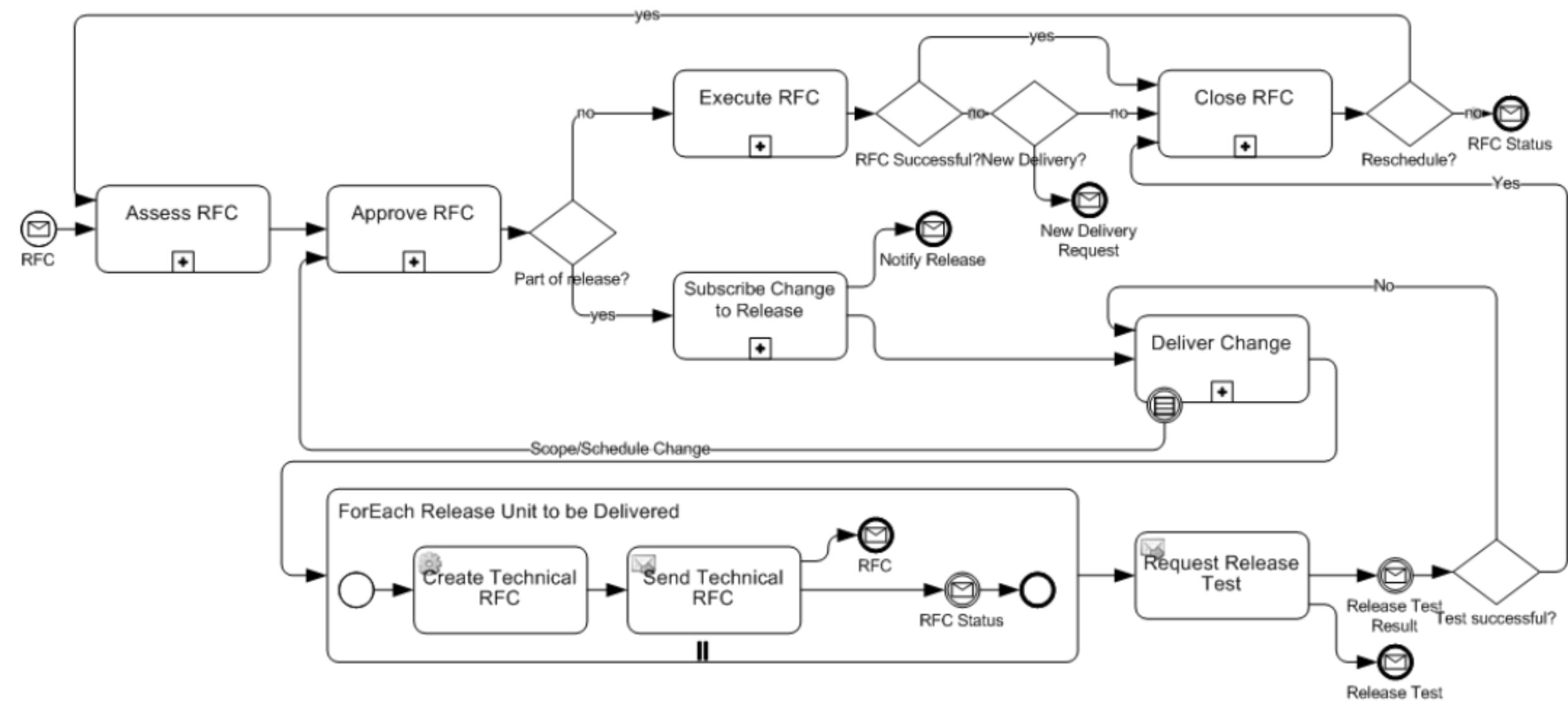


Gorilla Ergonomics





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Keep on raving