

# The agile way to add Sec, Dev & Ops into Waterfall

Xander Heemskerk

Philips Product Security P

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innovation ✨ you



<http://thumbpress.com/the-tallest-waterfall-in-the-netherlands/>



# Subjects

- ❑ The Philips context
- ❑ Digital transformation in Healthcare
- ❑ The Philips solution creation
- ❑ Regulatory context
- ❑ The adversary /Hacker context
- ❑ Agile way to add sec to DevOps attempts
- ❑ Agile security
- ❑ Open Issues

# Who is this? and what does he do?

- Xander Heemskerk
- >30 years in IT “grew up through the ranks”
- >20 years in It security
- Advanced development from architecture evolved into Cyber Security role
- Role in Philips
  - Product Security
  - Governing security is appropriately addressed in the products and service that are sold (distributed)
  - Not about driving agility



**My opinions are my own and do not necessarily reflect the views of any of my current or past employers**

# Philips

- 132 year old company (yesterday)
- Used to be a (the) real Dutch Conglomerate
- Culturally originates from the Physical product development
  - TV, Lighting, Washing machines, Coffee, Cookers, Chips and Chips machines
  - The basis of many technology companies in The Netherlands
- Now Medical device company
- Big Iron like MR scanners and Image Guide Therapy
- Wellness like pregnancy apps and connected toothbrushes and shavers
- 80K people



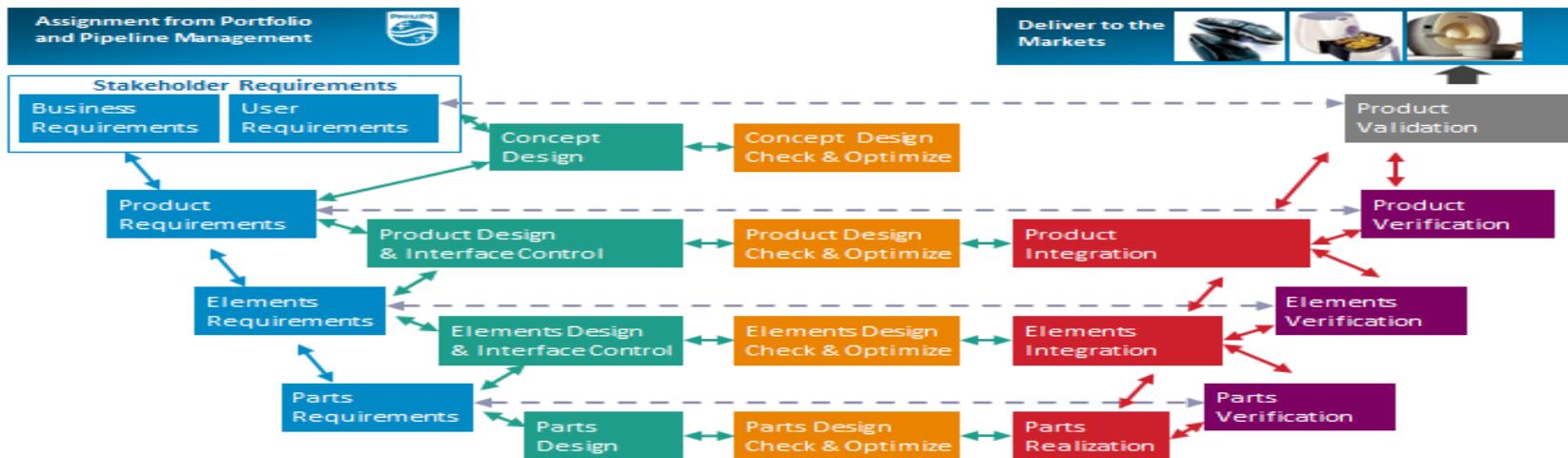
# Digital revolution in **healthcare**



- Digital transformation
- Increasing complexity
- Interconnectivity
- IOT
- Big data
- AI
- Cloud infrastructure
- Meshed Cloud sub-solutions
- Collaborations
  - B2B
  - B2C
  - B2B2C
  - B2G
- Complex Supply Chain
  - Open Source
  - COTS
  - OEM
  - ODM
  - Finished good manufacturer

# The Philips solution creation context

- Medical device Companies must have and follow a Quality Management System (QMS)
  - FDA
  - CFDA
  - EU MDR
  - Must be able to verify the right things are done.
- V-Model is a standard for medical devices



# The Philips solution creation context

- QMS contains detail definitions of processes that must be followed
  - Must have formal specifications of the (secure) requirements
  - Must be validated at the end are implemented according to specs.
  - FDA can come and audit that the QMS is followed
  - Design History File is the basis of the audit
- Product Life Cycle fully described
  - Pre market
  - Post market
- Waterfall cycles can short and incremental for software
- This is not cost effective (possible) for hardware (IOT)



# The Philips development context consequences for Agility



- Globally distributed development
  - Everybody in his own timezone
  - Optimized for cost
  - US & | Netherlands designed
  - India Software
  - Hardware IOT China
  - Also Israel, Brazil, etc.
  - Conway's law for agility ?



# The Philips development context consequences for Agility

- Self organized teams
  - complexity in alignment
  - Self organized is not the same as self approving
  - For quality and compliance governance from outside the team is still needed

WIJ VAN WC-EEND, ADVISEREN....



**Our team from WC Duck advises to use.....**

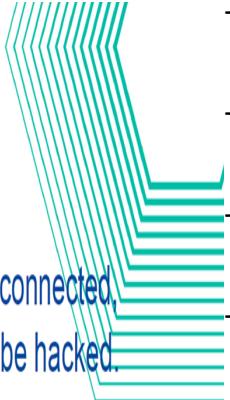
# Increasing regulatory obligations



“

If everything is connected,  
everything can be hacked.

(SOTEU address, 15 September 2021)



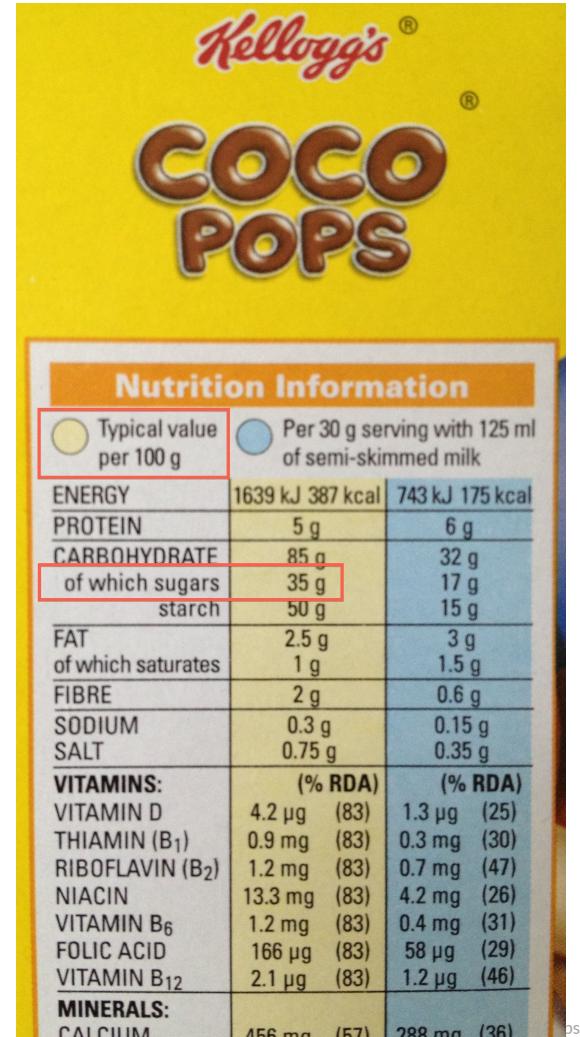
Summary of impact of the *increasing* cybersecurity regulations in US and EU:

- Security by design processes need to be demonstrated to customers and regulators
- Stringent conformity assessments (3<sup>rd</sup>-party certification for critical products and services)
- Ship hold monitoring (not allowed to place products on the market with exploitable vulnerabilities)
- Disclosure of security relevant information such as Software Bill of Materials
- Security monitoring and timely patching required (e.g., CRA = 5 years free of charge)
- Reporting of incidents and vulnerabilities occurring in the enterprise and products (<24 h)
- Denied market access and fines, e.g., 2.5% of the world-wide turnover (EU-NIS2)
- Leadership personally accountable for failing cybersecurity (EU-NIS2)

China, Japan & UK have and are extending regulation too.

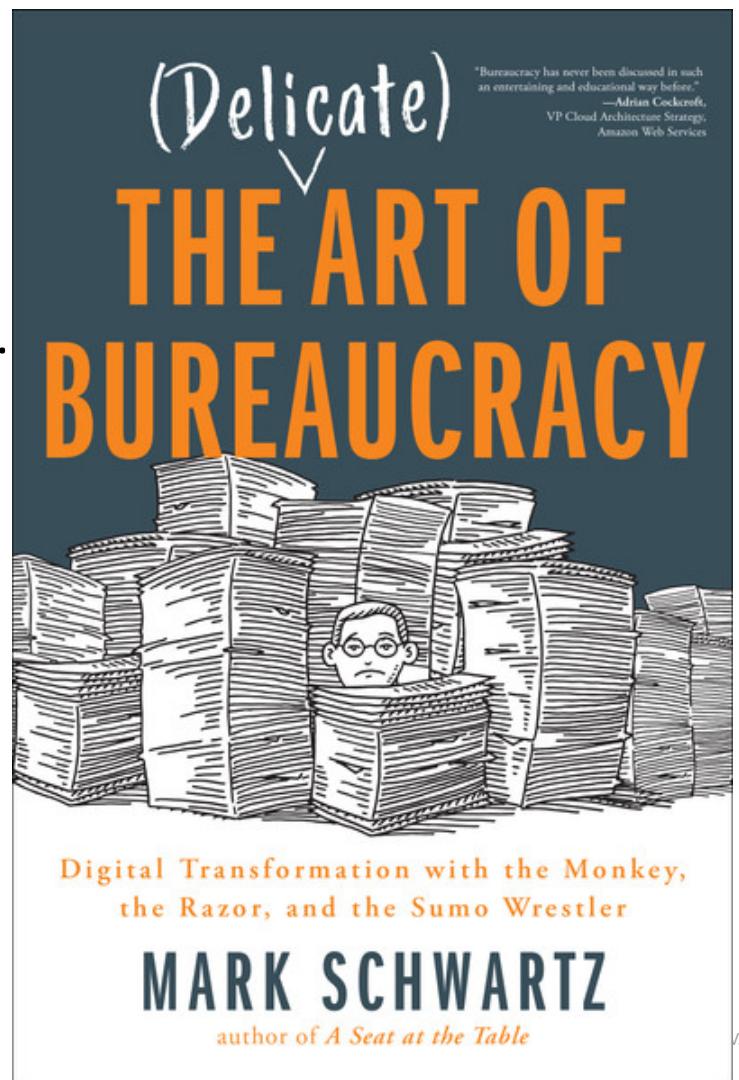
# The Regulatory context consequences for Agility

- Joe Biden's Software Bill of Material (SBOM) executive order
  - Solution needs to know and administer and present “what is in the product”
  - Download an opensource library that solves an issue has strings attached....
  - Applies to the complete supply chain
    - Suppliers using open source have the same strings attached
    - The string they need to present to us their customer.



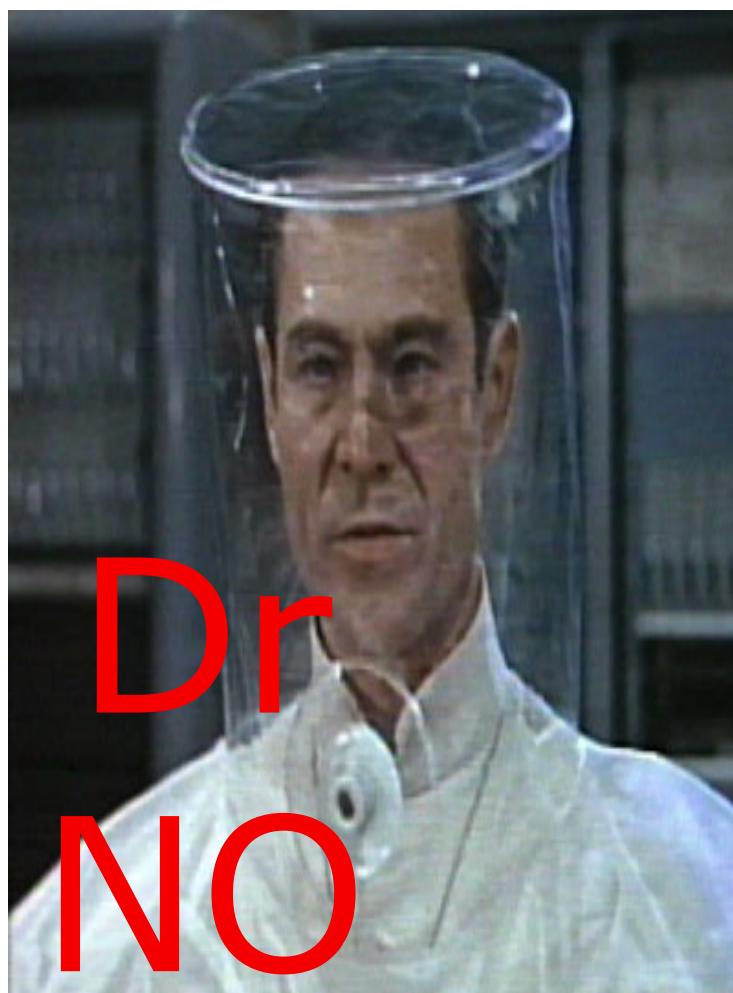
## The Regulatory context consequences for Agility

- Regulator wants **evidence** SDLC processes are followed to prove Secure design
  - Documents are the means of communication.
  - Threat modelling
  - Static code analysis
  - Security testing
  - Risk Management



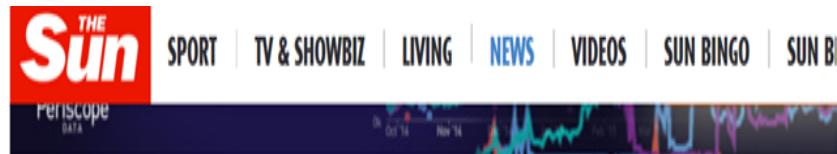
# The Regulatory context consequences for Agility

- Ship hold monitoring zero exploitable vulnerabilities
  - Risk management negotiating power in getting rules applies and still release products
  - Zero exploitables vulnerabilities reduces the possibility of risk management
  - Agility reduction



# The adversary /Hacker context

- Hackers are extremely agile
- Just need to find one hole to attack
- Can stop an attack angle and start a new approach
- As opposed to defending the complete inside/out surface
  - Process
  - People
  - Technology
  - Along the complete supply chain of a solution
- To defend the mindset of the hacker is needed
- Risks come not just from the bad guys
  - Security investigators help to find issue
  - But disclosures could still lead to reputation damage.
  - Coordinated Vulnerability Disclosures (CVD) should resolve that



## REVENGE OF THE NERDS Hackers can now KILL victims by switching off their pacemakers

Shocked researchers also discovered they could get private information by hacking into the medical devices

BY PAUL HARPER | 1st December 2016, 2:00 pm

COMMENT NOW



HACKERS can remotely kill people fitted with pacemakers

# Agile way to add sec to DevOps attempts

- Adding automated security checks CI/CD
  - Automated static code analysis code scanning
  - Automated SBOM library scanning
- DevSecOps security testing
  - Inline DevSecOps staff that does penetration testing
    - Part of the solution creation team
  - Standard scripts with the human touch.
- Still need independent testing from regulatory approval
  - For the independent view for the “hacker spirit”
  - Minimizing the test scope by having standard test automated
- Self organizing teams are not self approving teams.
  - Governance is still needed



# Agile way to add sec to DevOps attempts

- Risk Based approach
  - Regulatory rules have strict description
  - Almost always with a risk-based element
  - Risk context is the ‘agility lubricant’
  - Risk acceptance by business leaders’ way to close arguments
  - Safety consequences for medical devices
- Except Cyber Risk Management not helped by standard risk quantification:
  - adversary work 100% on 1% probability of exploit



# Security requires Agility

- The adversary/hacker is agile therefore defense must have agility too
- Solution teams following a QMS don't like requirements to change
- But due to vulnerabilities “popping up” out of the blue the security requirements are not stable (agile?)
- This requires DevOps teams that know the solution and must be able to instantly switch to vulnerability analysis and patch management
  - Expectation management must be done with business management that have delivery date expectations
  - Specially when consumer IOT hardware is involved business management is not used to that agility.
  - Alternative is having people on the bench to resolve vulnerabilities but that would drive up BOM cost too much.
- Agility is not a one-way street



# Agile security

- **Individuals and interactions** over processes and tools makes everything negotiable
- Security officer in the trenches of negotiations with stakeholder like
  - Solution creation teams,
  - Business development & marketing
  - Legal & Privacy
  - Regulatory
  - Business' leaders
- Tactics used:
  - Choice architecture
  - Risk management
  - Social engineering (influencing)
  - Hardball governance



# Open issues

- Agile Quality Management System (QMS)?
- Agile change management
- e.g. change management for large populations using different speeds for different groups but one message
- Agile risk appetite /risk tolerance?



