

Pregnancy Touch Point algorithm #9
Post partum care-the fourth trimester

Post Partum Care as
continuum of care

Patient with Severe maternal Morbidity (SMM)
-Preeclampsia with severe features
BP check in 3-10 days of discharge
-Other SMM
Office follow up in
1-3 weeks

Patient with routine care (low risk pregnancy)
-Follow up within the first 3 weeks
-contact can be
-face to face
-phone support
-text message

Components of Comprehensive Postpartum Care Visit 4-6 Weeks After Delivery

Mood and emotional
well being
(use Edinburgh
depression screen)

Infant care and
feeding

Sexuality,
contraception and
birth spacing

Sleep and
fatigue

Physical recovery from birth
If RX for narcotics
-have you finished all pills
-if unused pills discuss disposal

Chronic disease
management

Health
maintenance

Transition to ongoing well woman
care with annual visit at 12 weeks
-set plan for continued health
maintenance for patients with
SMM

At this visit for patients
with gestational diabetes
-2 hr GTT or fasting
glucose