

Indications for Fetal Echocardiogram

Fetal Indications

Abnormal fetal cardiac evaluation
Known fetal extra-cardiac anomaly
Fetal Nuchal Translucency measurement $\geq 3.5\text{mm}$
Fetal Hydrops
Fetal Arrhythmia (MFM Discretion)
Placental or intra-abdominal venous anomaly
Single Umbilical Artery
Monochorionic Placentation
Fetal Infectious exposure (TORCH, Parvo, Coxsackie Virus, etc.)
Severe polyhydramnios < 32 weeks (MFM discretion)
Fetal Medication Exposure (see next column)
Confirmed Genetic Aneuploidy/Disorder (i.e. Trisomy 21/18/13)

Maternal Conditions/Indications

First degree relative of a fetus with congenital heart disease
Personal history of CHD
Current pregnancy conceived via IVF
Type I or II Diabetes
GDM on meds < 20 weeks OR with HgA1c > 6.0 First Tri
Seizure disorder
Presence of maternal anti-Ro (SSA) or anti-La (SSB) antibodies
PKU with first trimester phenylalanine levels > 15 mg/dl

Fetal Med Exposure

Lithium
Alcohol
Anti seizure meds
Ace inhibitors
Folate antagonists (methotrexate)
Retinoic Acid
Amphetamines
Cocaine
NSAIDs in 2nd and 3rd trimester
Vitamin A > 10,000 U/day
Opiates
Benzodiazepines
SSRI (Paroxetine only!) exposure