Informed Consent in Healthcare

Informed consent is a vital process that ensures patients understand the benefits, risks, and alternatives of a proposed medical treatment. The healthcare provider must communicate this information in a language the patient can understand.

Key elements include:

- Disclosure of relevant information

- Patient comprehension

- Voluntary decision

- Documentation of consent

This process protects both patients and providers and ensures ethical medical practices. Informed consent must be obtained before surgeries, procedures, or participation in clinical trials.