|  |  |  |  |
| --- | --- | --- | --- |
| armband  臂章  bucket  桶  flipper  (潜水时缚在脚上的)脚蹼;蛙鞋  high tide  高潮  jellyfish <jellyfish>  水母;海蜇  on vacation  在度假中  pebble  小卵石  sandcastle  沙塔  seaside  海滨 ;海滨的  shark  鲨鱼 ;骗子 ;专家  shell  壳 ;外层  shore  海滨  suntan lotion  防晒油  surfboard  冲浪板  to swim v.  游泳  swimsuit  游泳衣  to tan v.  晒成棕褐色  wave  波浪 | bathing suit 游泳装  beach <beaches>海滩  bikini 比基尼泳装  boat 船 ;划船  coast 海岸  fish <fish>鱼  to get sunburned 晒伤;晒红,晒黑  to have a swim 游泳  life jacket 救生衣  ocean 海洋  sand 沙子  sandal 凉鞋 ;拖鞋  sea 海  ship 船  suitcase 小型旅行箱;手提箱  sunglasses 太阳镜  towel 毛巾  umbrella 伞  fall 秋天 ;下落  hurricane 飓风  to improve v.改善  raincoat 雨衣  rainy 下雨的 ;多雨的  spring 春天  summer 夏季  sunshine 阳光  temperature 温度  thunder 打雷 ;雷,雷声  tomorrow 明天  to warm up v.暖起来,活跃起来  weather forecast 天气预报 | chilly 冷飕飕的  to clear up v.放晴  cloudy 多云的 ;阴天的  cold 寒冷的 ;冰冷的  to cool down v.变凉 ;平静下来  Fahrenheit 华氏温度计的  fog 烟雾  freezing 冻结的;冰冻的;极冷的 ;(态度)非常冷淡的  lightning 闪电  overcast 阴天的  to rain v.下雨  rainbow 彩虹  to snow v.下雪  storm 暴风雨  sunny 晴朗的 ;阳光充足的  weather 天气  wet 湿的 |  |

|  |
| --- |
| **At the shore**  On your marks! Get set! Let’s go to the beach!  With friends or family, the beach is the ideal place to relax and have fun! What a pleasure to feel the sand under your feet!  Listening to the ocean roar, looking at the approaching waves, taking in the fresh air, the beach is a real sensory paradise!  At the seaside you can always meet new people and make new friends. The sea air changes moods. People overflow with energy as if every breath of air was invigorating them.  Even if the sun isn’t out, you can always have fun on the beach.  Skipping, walking, kite-flying, building sandcastles... You never get bored! When the tide is high, the castles will disappear but the memory of a pleasant day will remain.  under the sunshine of the tropics, even at 70°F, the water can seem cold at first. Don’t pay any attention to this first impression and don’t hesitate to dive in.  Once you’re in the water, you get used to the temperature very quickly and you begin to play. Watch out when you have to throw the ball back. It’s very light and may be carried away by the wind.  Leapfrog on the beach, have you ever tried that? Obviously, you need to trust your friends when you’re jumping like sheep because you could get kicked. But don’t start counting sheep or you might fall asleep!  This man certainly isn’t likely to fall asleep! He’s water-skiing and he’s being pulled by a boat which gives him speed. He’s slaloming between the buoys. Avoid getting in his way or you might get splashed!  This man must have woken up late! He rushed down to the port without thinking of bringing his equipment. He forgot his skis.  Hey, mister, smile, you’re being filmed! Did you see that, he waved to us. Everything seems to be going just fine for him.  It’s funny to think that what we consider a sport today could have been a form of torture in the days of the pirates.  Don’t you think there has to be another way to stop the boat moving, without getting so wet?  When the wind gets up, no more need for a motor to move across the water! A board and a sail will do!  Learn to control the wind that fills out the sail and turn the board with your feet. Of course, it’s not that simple! You’ve also got to learn not to slip off the board.  After the first few attempts, you’ll finally get a taste of this sport’s pleasures!  At sea, far from the shore, you can now skim across the water. One gust of wind and you’ll find yourself alone in the middle of the ocean.  You can then appreciate the pleasures of the sea that is altogether magnificent, majestic and full of mysteries. |