

# Coupling and Poisson Approximation

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# Introduction

- Given the following:
  - A finite index set  $\Gamma = \{1, 2, \dots, n\}$
  - A collection of 0-1 random variables  $I_\alpha$ ,  $\alpha \in \Gamma$
- Suppose  $p_\alpha := \mathbb{P}(I_\alpha = 1)$ 's are small (and not necessarily identical)
  - What is the behaviour of random variable  $W := \sum_{\alpha \in \Gamma} I_\alpha$ ?
  - Convergence when  $n \rightarrow \infty$ ?
- Stein-Chen method:  $W$  is approximated by  $\text{Poisson}(\lambda)$ 
  - $\lambda := \sum_{\alpha \in \Gamma} p_\alpha$
  - How good is this approximation? Can be justified using probabilistic coupling
  - Detailed treatment in Barbour et al. [1992]

# Coupling

- From Wikipedia,
  - In probability theory, coupling is a proof technique that allows one to compare two unrelated variables by 'forcing' them to be related in some way.

## Definition (*Coupling*)

Given a measurable space  $(\Omega, \mathcal{F})$ , and two probability measures  $\mu$  and  $\nu$  on this space. A coupling of  $\mu$  and  $\nu$  is a measure  $\gamma$  on the space  $(\Omega \times \Omega, \mathcal{F} \times \mathcal{F})$ , such that the marginals of  $\gamma$  coincides with  $\mu$  and  $\nu$ , in the sense that for all  $A \in \Omega$ ,  $\gamma(A \times S) = \mu(A)$ , and  $\gamma(S \times A) = \nu(A)$ .

- In practice, given some random variable  $X$ , coupling constructs a random variable  $Y$  on the same probability space as  $X$
- Very useful tool to derive upper bounds

## Example - Biased Coin Toss

- Given two coins  $X$  and  $Y$ , denote  $H = 1, T = 0$
- $p = \mathbb{P}(X = 1) < \mathbb{P}(Y = 1) = q$
- Intuitively,  $\#$  heads of  $X < \#$  heads of  $Y$  a.s.
  - Can be proved using a coupling argument

- Let  $X_1, \dots, X_n$  be the outcome of the first  $n$  flips of coin  $X$
- Define  $Y_1, \dots, Y_n$  such that,
  - If  $X_i = 1$ , then  $Y_i = 1$
  - If  $X_i = 0$ , then  $Y_i = 1$  with probability  $(q - p)/(1 - p)$ 
    - Probability obtained by solving

$$\mathbb{P}(Y_i = 1|X_i = 0)\mathbb{P}(X_i = 0) + \mathbb{P}(Y_i = 1|X_i = 1)\mathbb{P}(X_i = 1) = q$$

- Recall the definition, need to preserve marginal distribution of  $Y$

- Using this choice of coupling, the sequence  $Y_i$  has the same marginal distribution as  $Y$
- But now,  $(X_i, Y_i)$  forms a coupling
  - In the sense that  $Y_i$  depends on  $X_i$
  - More specifically,  $Y_i \geq X_i$
- Therefore, for any  $k < n$ ,

$$\mathbb{P}(X_1 + \dots + X_n > k) \leq \mathbb{P}(Y_1 + \dots + Y_n > k)$$



# Example - Convergence of Positive Recurrent Markov Chain

- Given an irreducible, aperiodic Markov chain  $X$ , with a countable state space  $S$ , with transition kernel  $\Pi$ .
- Let  $\mu$  be the stationary distribution of  $X$ 
  - That is,

$$\mu(x) = \sum_{y \in S} \mu(y) \Pi(y, x),$$

for any  $x \in S$

- Equivalently,  $\langle \mu, \Pi f \rangle = \langle \mu, f \rangle$  for any bounded  $f$
- If  $X$  is positive recurrent, then for any pair  $x, y \in S$ ,

$$\lim_{n \rightarrow \infty} \Pi^n(x, y) = \mu(y),$$

- Standard proof using renewal theorem (but we need to first prove the renewal theorem)
- Can be proved by making a coupling on  $X$

- Let  $X^1$  be an independent copy of  $X$  with initial distribution  $\mu$ 
  - That is, we pick the starting point of  $X^1$  from  $S$  using  $\mu$
- Let  $X^2$  be an independent copy of  $X$  with initial distribution  $\delta_x$  for some  $x \in S$ 
  - $\delta_x$  is the Dirac measure
  - Equivalently, this means we start  $X^2$  at  $x$  with probability 1
- $(X^1, X^2)$  form a coupling on state space  $(S \times S)$
- We claim (and prove) the following
  - $X^1$  and  $X^2$  meet at some time  $\tau < \infty$  a.s.
  - After they meet, they will follow the same probability measure

## $X^1$ and $X^2$ meet at $\tau < \infty$ a.s.

- Let  $X_n^i :=$  state of  $X^i$  at time  $n$ 
  - $\tau = \inf\{n : X_n^1 = X_n^2\}$
- Checking  $\tau < \infty$  is equivalent to checking if  $(X^1, X^2)$  forms an irreducible Markov chain on  $S \times S$ 
  - Irreducibility means, for any  $w, x, y, z \in S$ ,

$$\mathbb{P}[(X_n^1, X_n^2) = (w, z) | (X_0^1, X_0^2) = (y, x)] > 0,$$

for sufficiently large  $n < \infty$

- Since  $X^1, X^2$  are aperiodic and irreducible, for all  $n$ ,

$$\begin{aligned} \mathbb{P}[(X_n^1, X_n^2) = (w, z) | (X_0^1, X_0^2) = (y, x)] \\ = \mathbb{P}[X_n^1 = w | X_0^1 = y] \mathbb{P}[X_n^2 = z | X_0^2 = x] \\ > 0, \end{aligned}$$

which proves the irreducibility of  $(X^1, X^2)$

- Since  $(X^1, X^2)$  forms an irreducible Markov chain,

$$\mathbb{P}[(X_n^1, X_n^2) = (z, z) | (X_0^1, X_0^2) = (y, x)] > 0$$

for all  $n$

- Since  $X^1, X^2$  are positive recurrent,  $(X^1, X^2)$  is also positive recurrent
- Positive recurrence + irreducibility  $\Rightarrow \tau < \infty$  a.s.
  - In other words,  $X^1, X^2$  will a.s. meet in finite steps

## After the Markov chains meet

- Define two new Markov chains  $\tilde{X}^1, \tilde{X}^2$ 
  - When  $n \leq \tau$ ,  $\tilde{X}_n^i = X_n^i$ 
    - i.e. before they meet, let both MC go their separate path
  - When  $n > \tau$ ,  $\tilde{X}_n^i = X_n^1$ 
    - i.e. when both  $X^1$  and  $X^2$  meet, the second MC follows the first MC
- By strong Markov property (present only depends on immediate past),
  - $\tilde{X}^i$  and  $X^i$  have the same distribution
- Since  $\tau < \infty$  a.s.,  $\mathbb{P}(\tilde{X}_n^1 \neq \tilde{X}_n^2) \downarrow 0$
- $\mu(y) = \mathbb{P}(\tilde{X}_n^1 = y)$  for all  $n \in \mathbb{N}$ 
  - This is since the starting point of  $X^1$  is from its stationary distribution  $\mu$ .
- $\Pi^n(x, y) = \mathbb{P}(\tilde{X}_n^2 = y)$  for all  $y \in S, n \in \mathbb{N}$

- We have the total variation distance between  $\Pi^n(x, y)$  and  $\mu(y)$ ,

$$\begin{aligned}
 \frac{1}{2} \sum_{y \in S} |\Pi^n(x, y) - \mu(y)| &= \frac{1}{2} \sum_{y \in S} |\mathbb{E}[1_{\{\tilde{X}_n^2=y\}} - 1_{\{\tilde{X}_n^1=y\}}]| \\
 &\leq \mathbb{P}(\tilde{X}_n^1 \neq \tilde{X}_n^2) \\
 &= \mathbb{P}(\tau > n),
 \end{aligned}$$

which is 0 a.s. for sufficiently large  $n$ .

- Convergence in total variation distance  $\Rightarrow$  pointwise convergence
- Therefore,

$$\lim_{n \rightarrow \infty} \Pi^n(x, y) = \mu(y),$$

for all  $y \in S$

- Probabilistic coupling allows sleek and efficient proving methods
- The Markov chain example can be extended to other types of random walks on graphs
- A prelude to bounding the error of Poisson approximations

# Stein's Method

- Introduced by Charles Stein in his seminal paper [Stein et al., 1972]
- Produces a Berry-Essen like bound for normal approximations
- Appeal is in its abstractness. Can generalize it to other distributions
  - Stein-Chen method generalizes it to Poisson approximation
  - Peköz [1996] extends it to geometric distributions



# General Framework of Stein's Method

The metric used for bounding approximation errors is the total variation distance

## Definition (*Total Variation Distance*)

Let  $P$  and  $Q$  be probability measures on the same probability space  $(\Omega, \mathcal{F})$ . The total variation distance between  $P$  and  $Q$  is given by,

$$d_{TV}(P, Q) = \sup_{s \in \mathcal{F}} |P(s) - Q(s)|.$$

If  $S$  is countable, then  $d_{TV}$  can be rewritten as,

$$d_{TV}(P, Q) = \frac{1}{2} \sum_{\omega \in \Omega} |P(\omega) - Q(\omega)|.$$

The proof of the latter expression is given in Levin and Peres [2017]

# General Framework of Stein's Method (cont'd)

## Lemma (*Stein's Lemma*)

Define a functional operator  $\mathcal{A}$ , such that,

$$\mathcal{A}f(x) = f'(x) - xf(x).$$

Given a random variable  $W$  on probability space  $(\Omega, \mathcal{F}, \mathcal{P})$ ,  $f$  is absolutely continuous, and  $f' \in L_1(\Omega, \mathcal{F}, \mathcal{P})$ , then  $\mathcal{A}f(W) = 0$  if and only if  $W$  follows a standard normal distribution.

The operator  $\mathcal{A}$  is known as the characterizing operator of the normal distribution.

## Lemma ('Solution' to Stein's Lemma)

Let  $\Phi(x)$  denote the CDF of the standard normal distribution, then the unique bounded solution of,

$$f'(w) - wf(w) = \mathbb{I}[w \leq x] - \Phi(x),$$

is given by,

$$f(w) = e^{-w^2/2} \int_{-\infty}^w e^{t^2/2} (\Phi(x) - \mathbb{I}(t \leq x)) dt.$$

## Theorem (Error of Normal Approximation)

Using  $f$  defined above, for any random variable  $W$ ,

$$|\mathbb{P}[W \leq x] - \Phi(x)| = |\mathbb{E}(f'(W) - Wf(W))|$$

# Final Step

- Using couplings, we can find simple bounds of  $\mathbb{E}(f'(W))$  and  $\mathbb{E}(Wf(W))$ 
  - Simple in the sense that a closed form solution is available
- Examples of such couplings, and the proofs of the previous claims, are given in Ross et al. [2011]

# Stein-Chen Method

- An extension of Stein's method by his student, Louis Chen in his paper Chen [1975]
- Using the same techniques as the Stein method, but using Poisson distribution instead of Normal
- A good introduction given in Janson [1994]
  - Rest of this presentation summarizes this paper

# Poisson Approx. for Sum of Bernoulli Variables

- Recall what we want to approximate
  - $W = \sum_{\alpha \in \Gamma} I_{\alpha}$
  - $I_{\alpha}$  are 0-1 random variables, with  $\mathbb{P}(I_{\alpha} = 1) = p_{\alpha}$
- Claim: If the individual  $p_{\alpha}$ 's are small,  $W$  is well approximated by  $\text{Poisson}(\lambda)$ 
  - $\lambda = \sum_{\alpha \in \Gamma} p_{\alpha}$
- The Stein-Chen method is a way to justify such approximations
  - Bound  $d_{TV}(\mathcal{L}(W), Po(\lambda))$
  - Show this bound  $\rightarrow 0$
- General framework given in next slide

# General Framework of Stein-Chen Method

1. For any  $\lambda > 0$ ,  $A \subset \mathbb{Z}$ , we define the Stein equation,

$$\lambda g_{\lambda,A}(j+1) - jg_{\lambda,A}(j) = I(j \in A) - Po(\lambda)(A),$$

for convenience, we write  $g := g_{\lambda,A}$ .

2. Taking expectations, we have,

$$\mathbb{E}(\lambda g(j+1) - jg(j)) = P(W \in A) - Po(\lambda)(A).$$

3. By deriving,

$$|\lambda g(j+1) - jg(j)| \leq \min(1, 1/\lambda),$$

we obtain,

$$d_{TV}(\mathcal{L}(W), Po(\lambda)) \leq \min(1, 1/\lambda) \sup_{g \in G} \mathbb{E}(\lambda g(W+1) - Wg(W)),$$

where  $G$  is the class of functions satisfying the Stein equation.

4. Letting  $\lambda = \sum p_i$ , we derive,

$$\begin{aligned} |\mathbb{P}(W \in A) - Po(\lambda)(A)| &= |\mathbb{E}(\lambda g(W+1) - Wg(W))| \\ &= \sum_i p_i (\mathbb{E}(g(W+1)) - \mathbb{E}(g(W)|I_i = 1)). \end{aligned}$$

- This often does not have a nice analytical solution
- Use coupling in this step



## Constructing a Coupling

- Recall that we wish to bound,

$$\mathbb{E}(\lambda g(W+1) - Wg(W)) = \sum_{\alpha} p_{\alpha} (\mathbb{E}(g(W+1)) - \mathbb{E}(g(W)|I_{\alpha} = 1)).$$

- Suppose we can construct a random variable  $W_{\alpha}$  on the same probability space as  $W$ 
  - $\mathcal{L}(W_{\alpha})$  matches that of the conditional distribution  $\mathcal{L}(W - I_{\alpha} | I_{\alpha} = 1)$
- Then we derive the bound,

$$\begin{aligned} & \sum_{\alpha} p_{\alpha} (\mathbb{E}(g(W+1)) - \mathbb{E}(g(W)|I_{\alpha} = 1)) \\ &= \sum_{\alpha} p_{\alpha} (\mathbb{E}(g(W+1)) - \mathbb{E}(g(W_{\alpha}+1))) \\ &\leq \sum_{\alpha} p_{\alpha} \mathbb{E}|W - W_{\alpha}|. \end{aligned}$$

- With the coupling coupling  $(W, W_\alpha)$ ,

$$d_{TV}(\mathcal{L}(W), Po(\lambda)) \leq \min\left(1, \frac{1}{\lambda}\right) \sum_{\alpha} p_{\alpha} \mathbb{E}|W - W_{\alpha}|.$$

- Therefore, to justify a Poisson approximation, we need a coupling  $(W, W_{\alpha})$  such that  $\mathbb{E}|W - W_{\alpha}|$  is small.
  - Such that  $\sum_{\alpha} p_{\alpha} \mathbb{E}|W - W_{\alpha}| \rightarrow 0$ .

## General Method to Obtain a Coupling

- Recall that we want to construct  $W_\alpha$ 
  - $\mathcal{L}(W_\alpha) = \mathcal{L}(W - I_\alpha | I_\alpha = 1)$
- A natural way to construct this coupling is the following
  - Define a random variable  $J_{\beta\alpha}$
  - $\mathcal{L}(J_{\beta\alpha}) = \mathcal{L}(I_\beta | I_\alpha = 1)$
  - Then,  $W_\alpha := \sum_{\beta \neq \alpha} J_{\beta\alpha}$
- Now, we have a coupling  $(W, W_\alpha)$
- Recall that we want to bound  $\mathbb{E}|W - W_\alpha|$ , and now,

$$W - W_\alpha = I_\alpha + \sum_{\beta \neq \alpha} (I_\beta - J_{\beta\alpha}).$$

- If there is some special relationship between  $I_\beta$  and  $J_{\beta\alpha}$ , then nicer bounds can be obtained
  - For example, if  $I_\beta \geq J_{\beta\alpha}$ , then  $(I_\beta - J_{\beta\alpha}) \leq I_\beta$
  - Such approximations may simplify the upper bound

## An Upper Bound using $(W, W_\alpha)$

We obtain the following upper bound using the coupling  $(W, W_\alpha)$ .

### Proposition

*Using the above couplings, we have,*

$$d_{TV}(\mathcal{L}(W), Po(\lambda)) \leq \min(1, 1/\lambda) \left( \sum_{\alpha \in \Gamma} p_\alpha^2 + \sum_{\alpha \in \Gamma} \sum_{\beta \neq \alpha} p_\alpha \mathbb{E} |I_\beta - J_{\beta\alpha}| \right).$$

The following corollary if the  $I_\alpha$ 's are pairwise independent is immediate.

### Corollary

*If the  $I_\alpha$ 's are pairwise independent, then the above reduces to*

$$d_{TV}(\mathcal{L}(W), Po(\lambda)) \leq \min(1, 1/\lambda) \sum_{\alpha \in \Gamma} p_\alpha^2.$$

## Example - Occupancy Problem

- $r$  balls are thrown independently and randomly at  $n$  boxes with equal probability
  - How many boxes will be empty at the end?
- Let  $W$  be the number of empty boxes.
  - Define  $I_\alpha = I(\text{box } \alpha \text{ is empty})$ .
  - Hence  $W = \sum_{\alpha} I_\alpha$ .
  - Goal is to approximate  $W$
- Let  $p_\alpha$  be the probability that box  $\alpha$  is still empty
  - Equivalently,  $p_\alpha := \mathbb{P}(I_\alpha = 1) = \left(1 - \frac{1}{n}\right)^r$

- Goal is to construct coupling  $(W, W_\alpha)$ 
  - $W_\alpha = \sum_{\beta \neq \alpha} J_{\beta\alpha}$
- How to construct  $J_{\beta\alpha}$ ?
  - Recall that  $\mathcal{L}(J_{\beta\alpha}) = \mathcal{L}(I_\beta | I_\alpha = 1)$
- Here's a way we can do this
  - We iterate through every box. Let the current box be  $\alpha$
  - If box  $\alpha$  is empty ( $I_\alpha = 1$ ), then  $J_{\beta\alpha} = I_\beta$
  - If box  $\alpha$  is occupied
    - Take all the balls from box  $\alpha$
    - Redistribute it to the other boxes under the conditional distribution that box  $\alpha$  is empty.
    - i.e. redistribute to box  $\beta$  with probability  $\mathbb{P}(I_\beta = 1 | I_\alpha = 1)$
    - Let  $J_{\beta\alpha} = I(\text{box } \beta \text{ is empty after this redistribution})$ .

- Under this construction,  $J_{\beta\alpha} \leq I_\beta$ 
  - If  $I_\beta = 0$  (box  $\beta$  is already occupied), redistribution changes nothing
  - If  $I_\beta = 1$ ,  $J_{\beta\alpha} \leq 1$  since we may redistribute a ball inside box  $\beta$
- This is known as a monotone coupling
  - We get an elegant representation of the upper bound of  $d_{TV}$ !
- Since

$$p_\alpha \mathbb{E}|I_\beta - J_{\beta\alpha}| = p_\alpha \mathbb{E}(I_\beta - J_{\beta\alpha}) = -\text{Cov}(I_\alpha, I_\beta),$$

We get the following

$$\begin{aligned}
 & d_{TV}(\mathcal{L}(W), Po(\lambda)) \\
 & \leq \min(1, 1/\lambda) \left( \sum_{\alpha \in \Gamma} p_{\alpha}^2 + \sum_{\alpha \in \Gamma} \sum_{\beta \neq \alpha} p_{\alpha} \mathbb{E} |I_{\beta} - J_{\beta\alpha}| \right) \\
 & = \min(1, 1/\lambda) \left( \sum_{\alpha \in \Gamma} p_{\alpha}^2 - \sum_{\alpha \in \Gamma} \sum_{\beta \neq \alpha} Cov(I_{\alpha}, I_{\beta}) \right) \\
 & = \min(1, 1/\lambda) \left( \sum_{\alpha \in \Gamma} (p_{\alpha}^2 + Var(I_{\alpha})) - \sum_{\alpha \in \Gamma} \sum_{\beta \in \Gamma} Cov(I_{\alpha}, I_{\beta}) \right) \\
 & = \min(1, 1/\lambda) \left( \sum_{\alpha \in \Gamma} (p_{\alpha}^2 + p_{\alpha} - p_{\alpha}^2) - Var(W) \right) \\
 & = \min(1, 1/\lambda) (\lambda - Var(W)).
 \end{aligned}$$



- If we have sufficiently many boxes, the boxes are pairwise weakly dependent
- We can approximate  $\text{Var}(W) \approx \sum_{\alpha} p_{\alpha}(1 - p_{\alpha})$ ,
  - Where  $p_{\alpha}$  is the probability of a ball going into box  $\alpha$ .
- Therefore,

$$\begin{aligned}
 d_{TV}(\mathcal{L}(W), \text{Po}(\lambda)) &\leq \lambda - \text{Var}(W) \\
 &= \sum_{\alpha} p_{\alpha}[1 - (1 - p_{\alpha})] \\
 &= \sum_{\alpha} p_{\alpha}^2 \\
 &= n \left(1 - \frac{1}{n}\right)^r \\
 &\leq ne^{-r/n},
 \end{aligned}$$

where we used the approximation  $(1 - \frac{1}{n})^n \leq e^{-1}$  for sufficiently large  $n$ .

## Question: Is Poisson approximation justified here?

- Since  $d_{TV}(\mathcal{L}(W), Po(\lambda)) \leq ne^{-r/n}$ ,
  - A sufficient condition for  $d_{TV} \rightarrow 0$  is  $r \gg n$
- Consistent with what we know about the law of small numbers
  - $p_\alpha = (1 - \frac{1}{n})^r \leq e^{-r/n} \rightarrow 0$  for  $r \gg n$
  - Poisson approximation works well for 'rare' events (i.e. small  $p_\alpha$ )
- Poisson approximation justified using Stein-Chen method!

# Conclusion

- Probabilistic coupling is a powerful tool in probability theory
  - Enables sleek and elegant proofs!
- Coupling is an indispensable tool in the Stein-Chen method
  - A good coupling choice can be used to justify using Poisson approximations

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