

# Martingales

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## 1 Introduction

In this document, we discuss and prove several properties related to martingales.

A martingale,  $X_n$ , can be seen as the fortune of a gambler after the  $n$ -th fair game (i.e., equal odds of winning or losing). A sub (super)-martingale is when he bets on a favourable (unfavourable) game. It is of interest to study some properties of  $X_n$ , such as  $\mathbb{E}X_n$ , and sufficient conditions for convergence in  $L^1$  and subsequently  $L^p$ ,  $p > 1$ .

To recap, we will first state the definition of a random variable.

**Definition 1.1** (*Random Variable*). *Given a probability space  $(\Omega, \mathcal{F}, P)$ , then a real valued random variable  $X$  is a measurable map  $X : (\Omega, \mathcal{F}) \rightarrow (\mathbb{R}, \mathcal{B})$ , where  $\mathcal{B}$  is the Borel  $\sigma$ -algebra on  $\mathbb{R}$ , with distribution  $P \cdot X^{-1}$ , that is,*

$$\forall A \in \mathcal{B}, P(X \in A) = P(\omega : X(\omega) \in A) = P(X^{-1}(A)).$$

In a more familiar context,  $X \in A$  simply means that the realization of the random event  $X$  is in  $A$ .

## 2 Conditional Expectation

We first state the definition of conditional expectation in the measure theoretic setting.

**Definition 2.1** (*Conditional Expectation*). *Given a probability space  $(\Omega, \mathcal{F}_0, P)$ , and a  $\sigma$ -field  $\mathcal{F} \subset \mathcal{F}_0$ , and some random variable  $X \in \mathcal{F}_0$  with  $\mathbb{E}|X| < \infty$ . Then the conditional expectation  $X|\mathcal{F}$  is a random variable  $Y$ , such that,*

1.  $Y \in \mathcal{F}$ , i.e.,  $Y$  is measurable in  $\mathcal{F}$ .
2.  $\forall A \in \mathcal{F}, \int_A X dP = \int_A Y dP$ .

The first order of business is to prove that the conditional expectation  $Y$  exists and is unique.

**Proposition 2.2** (*Uniqueness*). *If  $Y$  satisfies the above conditions, then it is integrable and unique.*

*Proof.* We first show that  $Y$  is integrable,  $\mathbb{E}|Y| < \infty$ . Recall the definition of integration,

$$\int f d\mu = \int f^+ d\mu - \int f^- d\mu,$$

where  $f^+(x) = \max(f(x), 0)$ , and  $f^-(x) = \min(f(x), 0)$ . Therefore,

$$\int Y dP = \int Y^+ dP - \int Y^- dP.$$

Let  $A = \{Y > 0\} \in \mathcal{F}$ . Then,

$$\int Y^+ dP = \int_A Y dP = \int_A X dP \leq \mathbb{E}|X| < \infty,$$

and similarly,

$$\int Y^- dP = \int_{A^c} Y dP = \int_{A^c} X dP \leq \mathbb{E}|X| < \infty,$$

Therefore  $\mathbb{E}Y = \int Y dP < \infty$ .

To prove uniqueness, suppose there exists random variable  $Z$  which satisfies the definition, and  $Z \neq Y$ . Then define  $A = \{|Y - Z| > \epsilon\}$  for some arbitrary  $\epsilon > 0$ . Then,

$$0 = \int_A X - X dP = \int_A Z - Y dP \geq \epsilon P(A).$$

Since  $\epsilon > 0$  is arbitrary,  $P(A) = 0$ . □

The next part would be to prove the existence of conditional probabilities. To do so, we first state the following definitions.

**Definition 2.3** (*Absolute Continuity*). Let  $\mu$  and  $\nu$  be measures on a common probability space. Then  $\nu$  is absolutely continuous to  $\mu$  (abbreviated as  $\nu \ll \mu$ ) if

$$\mu(A) = 0 \Rightarrow \nu(A) = 0.$$

**Definition 2.4** (*Radon-Nikodym derivative*). Suppose  $\nu \ll \mu$  be  $\sigma$ -finite measures on  $(\omega, \mathcal{F})$ , then the function  $f$  such that for all  $A \in \mathcal{F}$ ,

$$\nu(A) = \int_A f d\mu,$$

is the Radon-Nikodym derivative, written as,  $f = d\nu/d\mu$ .

To prepare for the proof, we also first state the dominated convergence theorem.

**Theorem 2.5.** Suppose  $\{f_n\}$  is a sequence of measurable functions on some measurable space with measure  $\mu$ , and  $f_n$  converges pointwise to  $f$ . If there exists some integrable function  $g$  (i.e.  $\int |g| d\mu < \infty$ ), such that,

$$\forall n |f_n(x)| < g(x),$$

then  $f$  is integrable,

$$\int_{\Omega} |f_n - f| d\mu \rightarrow 0,$$

which implies,

$$\int_{\Omega} f_n d\mu \rightarrow \int_{\Omega} f d\mu.$$

**Corollary 2.6.** Let  $\mu = P$  be a measure of random variable  $X \geq 0$ , and  $v(A) = \int_A X dP$ . Then by the definition of the integral,  $v \ll \mu$ ,  $X$  is the Radon-Nikodym derivative, and the dominated convergence theorem implies that  $v$  exists and hence, is a measure.

To remove the restriction of  $X \geq 0$ , write  $X = X^+ + X^-$ , then  $\int_A X^+ dP$  and  $\int_A X^- dP$  exists for  $A \subset \mathcal{F}$ . Therefore  $Y = \mathbb{E}(X|\mathcal{F})$  exists.

Next, we state some properties of conditional expectation.

**Proposition 2.7** (*Properties of Conditional Expectation*).

1. If  $\mathbb{E}|X|, \mathbb{E}|Y| < \infty$ , then

$$\mathbb{E}(aX + bY|\mathcal{F}) = a\mathbb{E}(X|\mathcal{F}) + b\mathbb{E}(Y|\mathcal{F}).$$

2. If  $\mathbb{E}|X|, \mathbb{E}|Y| < \infty$  and  $X \leq Y$ , then

$$\mathbb{E}(X|\mathcal{F}) \leq \mathbb{E}(Y|\mathcal{F}).$$

3. If  $X_n \geq 0, X_n \uparrow X$ , and  $\mathbb{E}X < \infty$ , then,

$$\mathbb{E}(X_n|\mathcal{F}) \uparrow \mathbb{E}(X|\mathcal{F}).$$

*Proof.* Linearity can be verified by checking, for all  $A \subset \mathcal{F}$ ,

$$\int_A a\mathbb{E}(X|\mathcal{F}) + b\mathbb{E}(Y|\mathcal{F}) dP = \int_A aX dP + \int_A bY dP = \int_A aX + bY dP$$

The second statement is because for any  $A \subset \mathcal{F}$ ,

$$\int_A \mathbb{E}(X|\mathcal{F}) dP = \int_A X dP \leq \int_A Y dP = \int_A \mathbb{E}(Y|\mathcal{F}) dP,$$

therefore,

$$\int_A \mathbb{E}(X|\mathcal{F}) - \mathbb{E}(Y|\mathcal{F}) dP \leq 0.$$

If we define  $A_\epsilon = \{\mathbb{E}(X|\mathcal{F}) - \mathbb{E}(Y|\mathcal{F}) > \epsilon\}$  for arbitrary  $\epsilon > 0$ , then clearly  $A_\epsilon \subset \mathcal{F}$ , and since,

$$\epsilon P(A_\epsilon) \leq \int_{A_\epsilon} \mathbb{E}(X|\mathcal{F}) - \mathbb{E}(Y|\mathcal{F}) dP \leq 0,$$

hence  $P(A_\epsilon) = 0$ .

For the third claim, we use the dominated convergence theorem and the second result.  $\square$

We can derive an equality similar to Jensen's inequality for conditional expectations. We will use  $L^1(\Omega, \mathcal{F}, P)$  to denote the set of functions integrable in  $L^1$  for the probability space, i.e., for any  $f \in L^1(\Omega, \mathcal{F}, P)$  and  $A \subset \mathcal{F}$ ,  $\int_A f dP < \infty$ .

**Proposition 2.8** (*Jensen-like Inequality*). Suppose  $\phi \in L^1(\Omega, \mathcal{F}, P)$  is convex and  $\mathcal{G} \subset \mathcal{F}$ , then,

$$\mathbb{E}(\phi(X)|\mathcal{G}) \geq \phi(\mathbb{E}(X|\mathcal{G})) \quad a.s.$$

*Proof.* If  $\phi$  is linear, the result is trivial. Otherwise, any convex function  $\phi$  can be written as,

$$\phi(x) = \sup_a (ax - \psi(a)),$$

for some convex  $\psi$ . Therefore,

$$\begin{aligned} \mathbb{E}(\phi(X)|\mathcal{G}) &= \mathbb{E}(\sup_a (aX - \psi(a))|\mathcal{G}) \\ &\geq \sup_a \mathbb{E}((aX - \psi(a))|\mathcal{G}) \\ &= \sup_a (a\mathbb{E}(X|\mathcal{G}) - \psi(a)) \\ &= \phi(\mathbb{E}(X|\mathcal{G})). \end{aligned}$$

As a technicality, we should restrict our attention to  $a \in \mathbb{Q}$ , as conditional expectation is uniquely determined up to a set of measure 0, and the union of an uncountable number of sets of measure 0 may have positive measure. Since  $\mathbb{Q}$  is countable, it is appropriate.  $\square$

Before we conclude this section, we present one more property.

**Proposition 2.9.** *Suppose  $X \in \mathcal{F}$ , and  $\mathbb{E}|Y|, \mathbb{E}|XY| < \infty$ , then,*

$$\mathbb{E}(XY|\mathcal{F}) = X\mathbb{E}(Y|\mathcal{F}).$$

*Proof.* Suppose  $X = I_B$  for some  $B \in \mathcal{F}$ , then for some  $A \in \mathcal{F}$ ,

$$\int_A I_B \mathbb{E}(Y|\mathcal{F}) dP = \int_{A \cap B} \mathbb{E}(Y|\mathcal{F}) dP = \int_{A \cap B} Y dP = \int_A I_B Y dP = \int_A XY dP$$

$\square$

### 3 Regular Conditional Probabilities

Let  $(\Omega, \mathcal{F}, P)$  be a probability space, and random variable  $X : (\Omega, \mathcal{F}) \rightarrow (S, \mathcal{S})$  be a measurable map (i.e.  $X$  is a random variable taking values in a general space  $S$ , and a  $\sigma$ -field  $\mathcal{S}$ , a  $\sigma$ -field  $\mathcal{G} \subset \mathcal{F}$ . Under this setting, we state the definition of a regular conditional distribution.

**Definition 3.1** (*Regular Conditional Distribution*). *Given the above,  $\mu : \Omega \times \mathcal{S} \rightarrow [0, 1]$  is a regular conditional distribution for  $X$  given  $\mathcal{G}$  if,*

1. *For each  $A$ ,  $\omega \rightarrow \mu(\omega, A)$  is a version of  $P(X \in A|\mathcal{G})$ .*
2. *For a.e.,  $\omega, A \rightarrow \mu(\omega, A)$  is a probability measure on  $(S, \mathcal{S})$ .*

**Definition 3.2** (*Regular Conditional Probability*). *If  $S = \Omega$ , and  $X$  is the identity map, then  $\mu$  is a regular conditional probability.*

To facilitate understand, we also present an alternative but equivalent definition of regular conditional probabilities and distributions.

**Definition 3.3** (*Regular Conditional Distribution and Probabilities*). Let  $(\Omega, \mathcal{F}, P)$ ,  $\mathcal{G}$ ,  $X : (\Omega, \mathcal{F}) \rightarrow (S, \mathcal{S})$  as above. Then the **regular conditional distribution** of  $X$  given  $\mathcal{G}$  is the family of distributions  $(\mu(\omega, \cdot))_{\omega \in \Omega}$  on  $(S, \mathcal{S})$ , such that for all  $A \in \mathcal{S}$ ,  $\mu(\cdot, A) = \mathbb{E}(1_A | \mathcal{G})$  a.s.

If  $(S, \mathcal{S}) = (\Omega, \mathcal{F})$ , and  $X(\omega) = \omega$ , then  $(\mu(\omega, \cdot))_{\omega \in \Omega}$  is a regular conditional probability on  $\mathcal{F}$  given  $\mathcal{G}$ .

For convenience, we will use the abbreviations rcp and rcd to denote regular conditional probability and distribution. Next, we will present a result which expresses the expectation of  $X$  given  $\mathcal{G}$  as an integral over the rcd.

**Proposition 3.4** (*Expectation over rcd*). Let  $(\mu(\omega, \cdot))_{\omega \in \Omega}$  be a rcd of  $X$  given  $\mathcal{G}$ . Then for any Borel measurable function  $f : (S, \mathcal{S}) \rightarrow (\mathbb{R}, \mathcal{B})$ , with  $\mathbb{E}|f(X)| < \infty$ , we have,

$$\mathbb{E}[f(X) | \mathcal{G}] = \int f(x) \mu(\omega, dx), \quad \text{a.s.}$$

*Proof.* By writing  $f$  as the sum of its positive and negative parts, we assume wlog that  $f \geq 0$ . By definition, the above holds when  $f$  is an indicator function, and hence when  $f$  is the linear combination of linear functions (simple function). Since any non-negative measurable function is the increasing limit of a sequence of simple functions, by the monotone convergence theorem, the integral exists.  $\square$

## 4 Martingales

Martingales capture the notion of fair future returns, given past information. It was initially developed as a class of betting strategies popular in the past. We will focus on discrete time martingales. We will start with some definitions to guide our discussion.

**Definition 4.1** (*Filtration*). Let  $(\Omega, \mathcal{F}, P)$  be a probability space. A filtration  $(\mathcal{F}_n)_{n \in \mathbb{N}}$  is an increasing sequence of sub  $\sigma$ -algebra of  $\mathcal{F}$ , i.e.,

$$\mathcal{F}_1 \subset \mathcal{F}_2 \subset \cdots \subset \mathcal{F}.$$

We can view  $\mathcal{F}_n$  as the information available at time  $n$ .

**Definition 4.2** (*Adaptation*). A sequence of random variables  $X_n$  is adapted to a sequence of  $\sigma$ -fields  $\mathcal{F}_n$  if  $X_n \in \mathcal{F}_n$  for all  $n$ .

**Definition 4.3** (*Martingale, Super-Martingale, Sub-Martingale*). If  $X_n$  is a sequence such that

1.  $\mathbb{E}|X_n| < \infty$ ,
2.  $X_n$  is adapted to  $\mathcal{F}_n$ ,
3.  $\mathbb{E}(X_{n+1} | \mathcal{F}) = X_n$  for all  $n$ ,

then  $X_n$  is a martingale with respect to  $\mathcal{F}_n$ . Replace the  $=$  in the third condition with  $\leq$  or  $\geq$  for super or sub martingale.

If the filtration is not stated explicitly, we take  $\mathcal{F}_n = \sigma(X_1, \dots, X_n)$ , i.e. the  $\sigma$  algebra generated by the random variables.

We will now state some examples of martingales.

**Example 4.1** (*Mean Zero Random Walk*). If  $X_1, X_2, \dots$  are iid random variables,  $\mathbb{E}X_n = 0$ , then  $Y_n = \sum_{i=1}^n X_i$  is a martingale adapted to filtration  $\mathcal{F}_n = \sigma(X_1, \dots, X_n)$ . In this case,  $Y_n$  records the position of a random walk on  $\mathbb{R}$ .

**Proposition 4.4.** If  $X_n$  is a martingale wrt  $\mathcal{G}_n$ , let  $\mathcal{F}_n = \sigma(X_1, \dots, X_n)$ , then  $\mathcal{G}_n \supset \mathcal{F}_n$ , and  $X_n$  is a martingale wrt  $\mathcal{F}_n$ .

*Proof.* Clearly  $\mathcal{F}_n$  is a filtration. Since  $\mathcal{F}_n$  is the smallest  $\sigma$ -field containing  $X_1, \dots, X_n$ , then  $\mathcal{F}_n \subset \mathcal{G}_n$ . We verify,

$$\mathbb{E}(X_{n+1}|\mathcal{F}_n) = \mathbb{E}(\mathbb{E}(X_{n+1}|\mathcal{G}_n)|\mathcal{F}_n) = \mathbb{E}(X_n|\mathcal{F}_n) = X_n.$$

□

We present one example relating to a betting strategy.

**Example 4.2** (*Martingale Transform as Betting Strategy*). Let the martingale difference  $D_n = X_n - X_{n-1}$  as the reward/loss of the  $n$ -th game, in a sequence of (possibly dependent games), and  $X_0 = 0$  for convenience (although it doesn't matter). Then a martingale corresponds to a fair game, because  $\mathbb{E}X_n = \mathbb{E}X_0$ .

A martingale transform is defined by  $X'_n = X'_{n-1} + h_{n-1}D_n$ , where  $h_{n-1} \in \mathcal{F}_{n-1}$  such that  $h_{n-1}D_n$  is integrable.

In the context of betting, we interpret  $h_{n-1}$  as the size of the bet in the  $n$ -th game, and  $h_{n-1} \in \mathcal{F}_{n-1}$  means that we can choose our bet based on information right up to just before the  $n$ -th game.

We verify that  $X'_n$  is a martingale, since

$$\mathbb{E}(X'_{n+1}|\mathcal{F}_n) = \mathbb{E}(X'_n + h_{n-1}D_n|\mathcal{F}_n) = X'_n + \mathbb{E}(h_{n-1}D_n|\mathcal{F}_n) = X'_n + h_{n-1}\mathbb{E}(D_n|\mathcal{F}_n),$$

and  $\mathbb{E}(D_n|\mathcal{F}_n) = 0$  since  $\mathbb{E}X_n = X_0$  for all  $n$  (fair game).

Therefore, this is a martingale, and the game still remains fair ( $\mathbb{E}(X'_{n+1}|\mathcal{F}_n) = X'_0$ ).

## 4.1 Martingale Decomposition

Let  $X \in L_1(\Omega, \mathcal{F}, P)$ . A useful technique in bounding the variance of  $X$  or establish concentration properties of  $X$  is through a martingale decomposition. We introduce a filtration  $\mathcal{F}_0 := \{\emptyset, \Omega\} \subset \mathcal{F}_1 \subset \dots \subset \mathcal{F}_n = \mathcal{F}$ . Let  $X_i = \mathbb{E}(X|\mathcal{F}_i)$ , and write,

$$X = \mathbb{E}X + \sum_{i=1}^n (X_i - X_{i-1}).$$

Note that the  $X_i$ 's are martingales. Furthermore if  $X \in L_2(\Omega, \mathcal{F}, P)$ , then,

$$\text{Var}(X) = \mathbb{E}((X - \mathbb{E}X)^2) = \sum_{i=1}^n \mathbb{E}((X_i - X_{i-1})^2) = \sum_{i=1}^n \mathbb{E}(\text{Var}(X_i|\mathcal{F}_{i-1})),$$

and the conditional variance,

$$\text{Var}(X_i|\mathcal{F}_{i-1}) := \mathbb{E}(X_i^2|\mathcal{F}_{i-1}) - \mathbb{E}(X_i|\mathcal{F}_{i-1})^2,$$

can often be bounded using coupling techniques.

To illustrate martingale decomposition, we prove a concentration of measure inequality for martingales with bounded increments.

**Theorem 4.5** (*Azuma-Hoeffding Inequality*). *Let  $(X_i)_{1 \leq i \leq n}$  be martingales adapted to filtration  $(\mathcal{F}_i)_{1 \leq i \leq n}$  on  $(\Omega, \mathcal{F}, P)$ . Wlog, assume  $X_0 = \mathbb{E}X_1 = 0$ , and  $|X_i - X_{i-1}| \leq K$  for  $1 \leq i \leq n$  a.s.. Then for all  $x \geq 0$ ,*

$$P\left(\frac{X_n}{n} \geq x\right) \leq \exp\left(-\frac{x^2}{2K^2}\right).$$

*Proof.* Let  $D_i = X_i - X_{i-1}$ . By the exponential Markov inequality,

$$P(X_n \geq y) = P(e^{\lambda X_n} \geq e^{\lambda y}) \leq e^{\lambda y} \mathbb{E}(e^{\lambda X_n}) = e^{\lambda y} \mathbb{E}(e^{\lambda X_{n-1}} \mathbb{E}(e^{\lambda D_n} | \mathcal{F}_{n-1})).$$

Since  $|X_i - X_{i-1}| \leq K$ , for all  $x \in [-K, K]$ , we have,

$$e^{\lambda x} \leq \frac{e^{\lambda K} + e^{-\lambda K}}{2} + \frac{e^{\lambda K} - e^{-\lambda K}}{2K} x,$$

and since  $|D_n| \leq K$  a.s and  $\mathbb{E}(D_n | \mathcal{F}_{n-1}) = 0$ ,

$$\mathbb{E}(e^{\lambda D_n} | \mathcal{F}_{n-1}) \leq \frac{e^{\lambda K} + e^{-\lambda K}}{2} \leq e^{\frac{\lambda^2 K^2}{2}}.$$

Therefore,

$$P(X_n \geq y) \leq \exp\left(-\lambda y + \frac{n\lambda^2 K^2}{2}\right)$$

Since  $\lambda$  is arbitrary, optimizing for  $\lambda$  yields,

$$P(X_n \geq y) \leq \exp\left(-\frac{y^2}{2nK^2}\right).$$

Substituting  $y = x\sqrt{n}$  yields the desired result.  $\square$