Heartwood Take-out Menu 613-756-9169







Burgers

BACKWOODS | 13
PADDLERS PESTO | 15
FLAMETHROWER | 15
CABIN FEVER | 15

Sandwiches & Wraps

GOURMET GRILLED GOUDA | 13
RIVER RUN REUBEN | 13
CRAIGMONT CLUB | 14
CHICKEN CAESAR WRAP | 13
SOUTHWEST WRAP | 12
NEW MOON BUDDHA WRAP | 12

All burgers, sandwiches and wraps are served with choice of fries or our signature heartbeet salad

Buddha Bowls

HARVEST | 13
SWEET & SPICY SALMON | 18

Munchies

POUTINE | 9 FRIES | 6

WINGS | 13 MOZZA STICKS | 8

ONION RINGS | 8 SWEET POTATO FRIES | 8

VEGGIE SPRING ROLLS | 8

SOUP OF THE DAY | 6

Munchkin Menu

For up to age 12

BURGER & FRIES | 8
CHICKEN FINGERS & FRIES | 8
POUTINE | 6
BUDDHA BOWL | 6