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1. Energy Efficiency

- Use LED or energy-saving lights.
- Unplug electronics when not in use.
- Install smart thermostats to optimize heating and cooling.

2. Renewable Energy

- Consider solar or wind power for home energy needs.
- Support community renewable energy projects.
- Choose green energy plans if available from your utility provider.

3. Water Conservation

- Fix leaks promptly and install water-saving fixtures.
- Collect rainwater for gardening.
- Practice mindful water use in daily routines.

4. Sustainable Transportation

- Walk, bike, or use public transport whenever possible.
- Choose electric or hybrid vehicles if feasible.
- Organize carpooling to reduce emissions.

5. Waste Reduction

- Follow the principles of reduce, reuse, and recycle.
- Compost organic waste to enrich soil.
- Avoid single-use plastics and excessive packaging.

6. Eco-friendly Consumption

- Buy locally produced and seasonal food.
- Select products with minimal environmental impact.
- Support businesses committed to sustainability.

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绿色能源与可持续生活指南

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