

LAB University of Applied Sciences

Surrounded by pristine lakes and forests, **Lahti** is a Finnish hub for winter sports and design. At **LAB University of Applied Sciences**, practical studies blend with real-world collaborations. The city's focus on sustainability and sport offers a unique Nordic atmosphere.

Attractions:

- **Lahti Ski Jumping Hills:** A landmark of Finnish ski culture.
- **Sibelius Hall:** A concert venue renowned for its wooden architecture.

Traditional Foods:

- **Gravlax:** Cured salmon served thinly sliced.
- **Karjalan Stew:** Slow-cooked meat stew with hearty flavors.

Erasmus Link: <https://www.lab.fi/en/studies/exchange-studies>

Monthly grant: 520€