

The water fall method starts with clear and rigid requirements for a project. The requirements tend to not change throughout the process and are set up front. If any change occurs the hope is it is minor. Agile approaches help teams respond to unpredictability through incremental, iterative work cadences and empirical feedback. It is superior to the waterfall approach as it is flexible to change and issues that arise through the project while allowing prototypes to be finished quicker with less planning.