3. Per see video

$$f_3 \times c_2^3$$
 $f_5 \times c_2^3$
 $f_5 \times c_2^3$
 $f_5 \times c_2^3$
 $f_5 \times c_2^3$
 $f_6 \times c_2^3$
 $f_7 \times c_2^3$

$$\{f\} = \{ [N_s]^T \{ \tau \} ds = t \} [N_s]^T \{ \tau \} ds$$

$$|2 \times 1|$$

$$|2 \times 1|$$

$$N_1 = 1 - \frac{37}{h} + \frac{27}{h^2}$$

$$N_2 = 0$$
 $N_3 = -7/h + 24^2/h^2$

$$\{\pm 3 = \{P\}$$

$$\begin{cases}
f_{s} \\
f$$

$$f_{53x} = t \int_{0}^{h} N_{3} \rho d\gamma = t \int_{0}^{h} - \frac{1}{h} + \frac{2y^{2}}{h^{2}} d\gamma$$

$$= \frac{1}{6} \rho t h$$

$$f_{35x} = t \int_{0}^{h} \frac{1}{4y^{2}} - \frac{1}{4y^{2}} d\gamma = \frac{2}{3} \rho t h$$

