$$\begin{aligned}
&U_{V} = \frac{1-2v}{6E} \left(\sigma_{x} + \sigma_{y} + \sigma_{z} \right)^{2} \\
&U_{d} = U - U_{V} \\
&= \left(\frac{1+v}{2E} \sigma_{ij} \sigma_{ij} - \frac{3v}{6E} \sigma_{ii} \sigma_{kk} \right) - \left(\frac{1-2v}{6E} \right) \sigma_{ii} \sigma_{kk} \\
&= \frac{1+v}{2E} \sigma_{ij} \sigma_{ij} - \frac{1+v}{6E} \sigma_{ii} \sigma_{kk} \\
&= \frac{1+v}{2E} \sigma_{ij} \sigma_{ij} - \frac{1+v}{6E} \sigma_{ii} \sigma_{kk} \\
&= \frac{1}{12k} \left[3 \left(\sigma_{x}^{2} + \sigma_{y}^{2} + \sigma_{z}^{2} + 2\sigma_{x}^{2} + 2\tau_{x}^{2} + 2\tau_{x}^{2} + 2\tau_{y}^{2} \right) - \left(\sigma_{x} + \sigma_{y} + \sigma_{z}^{2} \right) \right] \\
&= \frac{1}{12k} \left[3 \sigma_{x}^{2} + 3\sigma_{y}^{2} + 3\sigma_{z}^{2} + 6 \left(\tau_{xy}^{2} + \tau_{x}^{2} + \tau_{y}^{2} + \tau_{y}^{2} \right) - \tau_{x}^{2} - \tau_{x}^{2} - 2\sigma_{x}\sigma_{y} - 2\sigma_{y}\sigma_{z} - 2\sigma_{x}\sigma_{z} \right] \\
&= \frac{1}{12k} \left[\left(\sigma_{x}^{2} - 2\sigma_{x}\sigma_{y} + \sigma_{y}^{2} \right) + \left(\sigma_{x}^{2} - 2\sigma_{x}\sigma_{z} + \sigma_{z}^{2} \right) + \left(\tau_{xy}^{2} + \tau_{x}^{2} + \tau_{y}^{2} \right) \right] \\
&= \frac{1}{12k} \left[\left(\sigma_{x}^{2} - 2\sigma_{y}\sigma_{z} + \sigma_{z}^{2} \right) + \left(\sigma_{y}^{2} - 2\sigma_{x}\sigma_{z} + \tau_{y}^{2} \right) \right] \\
&= \frac{1}{12k} \left[\left(\sigma_{x}^{2} - \sigma_{y}^{2} \right)^{2} + \left(\sigma_{x} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{y}^{2} - \sigma_{z}^{2} \right)^{2} \\
&+ \left(\sigma_{x}^{2} - \sigma_{y}^{2} \right)^{2} + \left(\sigma_{x}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{y}^{2} - \sigma_{z}^{2} \right)^{2} \\
&+ \left(\sigma_{x}^{2} - \sigma_{y}^{2} \right)^{2} + \left(\sigma_{x}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{y}^{2} - \sigma_{z}^{2} \right)^{2} \\
&+ \left(\sigma_{x}^{2} - \sigma_{y}^{2} \right)^{2} + \left(\sigma_{x}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{y}^{2} - \sigma_{z}^{2} \right)^{2} \\
&+ \left(\sigma_{x}^{2} - \sigma_{y}^{2} \right)^{2} + \left(\sigma_{x}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{y}^{2} - \sigma_{z}^{2} \right)^{2} \\
&+ \left(\sigma_{x}^{2} - \sigma_{y}^{2} \right)^{2} + \left(\sigma_{x}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{y}^{2} - \sigma_{z}^{2} \right)^{2} \\
&+ \left(\sigma_{x}^{2} - \sigma_{y}^{2} \right)^{2} + \left(\sigma_{x}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{y}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{y}^{2} - \sigma_{z}^{2} \right)^{2} \\
&+ \left(\sigma_{x}^{2} - \sigma_{y}^{2} \right)^{2} + \left(\sigma_{x}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{y}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{y}^{2} - \sigma_{z}^{2} \right)^{2} \\
&+ \left(\sigma_{x}^{2} - \sigma_{y}^{2} \right)^{2} + \left(\sigma_{x}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{x}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{y}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{y}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{y}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{z}^{2} - \sigma_{z}^{2} \right)^{2} + \left(\sigma_{z}^$$

6-16
$$W = \sum_{j=1}^{N} C_{j} S_{j} m \underbrace{j}_{k}^{TX}$$

$$N = 2$$

$$W = C_{1} S_{j} m \underbrace{j}_{k}^{TX} + C_{2} S_{j} n \underbrace{j}_{k}^{2}$$

$$\frac{dv}{dx} - \underbrace{C_{1}T}_{k} cos \underbrace{T}_{k} + \underbrace{2C_{2}T}_{k} cos \underbrace{2\pi x}_{k}$$

$$\frac{d^{2}v}{dx^{2}} = -\underbrace{C_{1}T_{1}^{2}}_{k^{2}} S_{j} n \underbrace{T}_{k}^{TX} - \underbrace{4C_{2}H^{2}}_{k^{2}} S_{j} n \underbrace{2\pi x}_{k}$$

$$T = \int_{0}^{1} \underbrace{\left[E_{1} + \int_{0}^{1} d^{2}w\right]^{2}}_{2} - \frac{1}{2}o \underbrace{w}_{1}^{2} dx$$

$$= \underbrace{E_{1}T}_{2} \underbrace{T}_{1}^{4} \left(C_{1} S_{j} n \underbrace{\pi}_{k}^{TX} + 4C_{2} S_{j} n \underbrace{2\pi x}_{k}^{TX}\right)^{2} dx$$

$$= \underbrace{E_{1}T}_{2} \underbrace{T}_{1}^{4} \left(C_{1} S_{j} n \underbrace{\pi}_{k}^{TX} + C_{2} S_{j} n \underbrace{2\pi x}_{k}^{TX}\right) dx$$

$$= \underbrace{E_{1}T}_{2} \underbrace{T}_{1}^{4} \left(C_{1} S_{j} n \underbrace{\pi}_{k}^{TX} + C_{2} S_{j} n \underbrace{2\pi x}_{k}^{TX}\right) dx}$$

$$= \underbrace{E_{1}T}_{2} \underbrace{T}_{1}^{4} \left(C_{1} S_{j} n \underbrace{\pi}_{k}^{TX} + C_{2} S_{j} n \underbrace{2\pi x}_{k}^{TX}\right) dx}$$

$$= \underbrace{F_{1}T}_{2} \underbrace{T}_{1}^{4} \left(C_{1} S_{j} n \underbrace{\pi}_{k}^{TX} + C_{2} S_{j} n \underbrace{2\pi x}_{k}^{TX}\right) dx}$$

$$= \underbrace{F_{1}T}_{2} \underbrace{T}_{1}^{4} \left(C_{1} S_{j} n \underbrace{\pi}_{k}^{TX} + C_{2} S_{j} n \underbrace{2\pi x}_{k}^{TX}\right) dx}$$

$$= \underbrace{F_{1}T}_{2} \underbrace{T}_{1}^{4} \left(C_{1} S_{j} n \underbrace{\pi}_{k}^{TX} + C_{2} S_{j} n \underbrace{2\pi x}_{k}^{TX}\right) dx}$$

$$= \underbrace{F_{2}T}_{2} \underbrace{T}_{1}^{4} \left(C_{1} S_{j} n \underbrace{\pi}_{k}^{TX} + C_{2} S_{j} n \underbrace{2\pi x}_{k}^{TX}\right) dx}$$

Integrals
$$\int_{0}^{1} \sin^{2}\frac{\pi x}{e} dx = \left(\frac{x}{2} - \frac{l}{2\pi} \sin^{\frac{\pi x}{2}}\cos^{\frac{\pi x}{2}}\right)_{0}^{1} = \frac{l}{2}$$

$$\int_{0}^{1} \sin^{\frac{\pi x}{2}} \sin^{\frac{\pi x}{2}} dx = \left(\frac{x}{2\pi} \sin^{\frac{\pi x}{2}} - \frac{l}{6\pi} \sin^{\frac{\pi x}{2}}\right)_{0}^{1} = 0$$

$$\int_{0}^{1} \sin^{\frac{\pi x}{2}} \sin^{\frac{\pi x}{2}} dx = \left(\frac{x}{2} - \frac{l}{4\pi} \sin^{\frac{\pi x}{2}} \cos^{\frac{\pi x}{2}}\right)_{0}^{1} = \frac{l}{2}$$

$$\int_{0}^{1} \sin^{\frac{\pi x}{2}} dx = \frac{l}{\pi} \cos^{\frac{\pi x}{2}} \left|_{0}^{1} = \frac{2l}{\pi}$$

$$\int_{0}^{1} \sin^{\frac{\pi x}{2}} dx = \frac{l}{\pi} \cos^{\frac{\pi x}{2}} \left|_{0}^{1} = \frac{2l}{\pi}$$

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$$\int_{0}^{1} \cos^{\frac{\pi x}{2}} dx = \frac{l}{\pi} \cos^{\frac{\pi x}{2}} \left|_{0}^{1} = \frac{2l}{\pi}$$

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$$\int_{0}^{1} \cos^{\frac{\pi x}{2}} dx = \frac{l}{\pi} \cos^{\frac{\pi x}{2}} \left|_{0}^{1} = \frac{2l}{\pi}$$

$$\int_{0}^{1} \cos^{\frac{\pi x}{2}} dx = \frac{l}{\pi} \cos^{\frac{\pi x}{2}} \left|_{0}^{1} = \frac{2l}{\pi}$$

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$$\int_{0}^{1} \cos^{\frac{\pi x}{2}} dx = \frac{l}{\pi} \cos^{\frac{\pi x}{2}} \left|_{0}^{1} = \frac{2l}{\pi} \cos^{\frac{\pi x}{2}$$

$$C_{2} = \frac{\partial \pi}{\partial c_{2}} = 16 C_{2} L = 0$$

$$C_{2} = 0$$

$$V = \frac{4 g_{0} \ell^{4}}{E I \pi^{5}} \sin \frac{\pi x}{\ell}$$

$$QL \quad M(d \cdot 5 pa_{K}) \left(x = \frac{\ell}{2}\right)$$

$$W(\frac{\ell}{\ell}) = \frac{4}{\pi^{5}} \frac{g_{0} \ell^{4}}{E I} = 0.01301 \frac{20 \ell^{4}}{E I}$$

$$Example \quad 6-2$$

$$V(\ell/2) = \frac{1}{96} \frac{g_{0} \ell^{4}}{E I} = 0.01042 \frac{20 \ell^{4}}{E I}$$

$$Exact$$

$$W(\ell/2) = \frac{g_{0}(\ell_{2})}{24 E I} \left(\ell^{3} + \ell^{\prime}_{2}\right)^{3} - \frac{2\ell^{3}}{4}$$

$$= \frac{g_{0} \ell^{4}}{48 E I} \left(\ell^{3} + \ell^{\prime}_{2}\right)^{3} - \frac{2\ell^{3}}{4}$$

$$= \frac{g_{0} \ell^{4}}{48 E I} \left(\ell^{3} + \ell^{4}_{2}\right)^{3} - \frac{2\ell^{3}}{4}$$

$$= \frac{5}{384} \frac{g_{0} \ell^{4}}{E I}$$

$$= 0.01302 \frac{g_{0} \ell^{4}}{E I}$$

