

**PORTLAND STATE UNIVERSITY
GRADUATE SCHOOL OF EDUCATION
DEPARTMENT OF COUNSELOR EDUCATION**

"Preparing professionals to meet our diverse communities' lifelong educational needs"

Vision - Preparing professionals to meet our diverse communities' lifelong educational needs			
 Diversity and inclusiveness Candidates work effectively with diverse populations (1.1) Candidates promote inclusive and therapeutic environments (1.2)	 Research-based practices and professional standards Candidates critically analyze and implement research-based practices (2.1) Candidates demonstrate appropriate professional knowledge, skills, and dispositions (2.2)	 Impact on learning and development Candidates ensure that all learners and clients succeed (3.1) Candidates use technology to enhance learning and development (3.2) Candidates influence policy and provide leadership for organizations (3.3)	 Evidence-informed decision making Candidates use evidence to address problems of practice and make informed educational and therapeutic decisions (4.1)

**COUN 509: Practicum: Counseling Clinic
Summer 2013**

INSTRUCTOR

Susan Halverson Westerberg Ph.D.
504A Education Bldg.
Office phone: 725-8106 (voice mail messages)
Office Hours: Monday or Wed 1:00 – 4:00

If you require accommodations (e.g., interpreter, note-taker, etc.), please see me immediately. I will work with you to facilitate getting any needed supports.

COURSE DESCRIPTION

COUN 509 is a two-term, 40-hour direct client contact practicum experience in the PSU Community Counseling Clinic, Graduate School of Education. Students are closely supervised through one-way mirror observation, immediate peer supervisor debriefing, and review of counseling video recordings. Weekly individual and group supervision are also provided by the Clinic section faculty supervisor.

ESSENTIAL PRACTICES ADDRESSED IN THIS COURSE:

- Develop effective helping and intervention skills
- Develop ethical clinical practice
- Meet the unique needs of diverse clients
- Create environments that enhance professional and clinical practice
- Identify community resources and appropriately consult with, refer, and/or collaborate in order to meet client needs
- Use professional resources

- Apply professional ethics

COURSE OBJECTIVES:

1. Conduct client counseling sessions in the Practicum Training Clinic under the close supervision of a faculty supervisor
2. Debrief observed and recorded counseling sessions with Peer Supervisor intern
3. Participate in Group Supervision to enhance the development of counseling assessment and case management skills

RECOMMENDED READINGS:

Baird, B.N. (2008). *The internship, Practicum, and Field Placement Handbook: A Guide for the Helping Professions*. Upper Saddle, NJ: Prentice-Hall.

American Counseling Association. (2005). *ACA Code of ethics*. Alexandria, VA: Author.

Oregon Department of Human Resources. (1995). *Recognizing and Reporting Child Abuse and Neglect*. Salem, OR: Author.

RECOMMENDED TEXT SECOND QUARTER

Johnson, S. L. (2004). *Therapist's guide to clinical intervention: The 1-2-3s of treatment planning*. New York: Academic Press.

EVALUATION PROCEDURES: Practicum students are evaluated by their peer supervisor and faculty supervisor in two ways: *formative* and *summative* evaluations. Formative evaluation, or ongoing feedback, is provided verbally during group and individual supervision weekly and in writing on session evaluation forms, which you are given a copy of. At the conclusion of each term, summative feedback (or feedback that reflects your overall performance and progress) is provided on the term evaluation report, which you will review with your supervisors. A blank evaluation report is provided in your practicum handbook and in your student log file, which you have ongoing access to. Inform your faculty supervisor if any questions about the evaluation process arise.

COURSE REQUIREMENTS:

I. Liability Insurance

You must have the ACA Insurance Trust (or equivalent) student professional liability insurance prior to providing counseling services in the PSU Counseling Clinic.

II. Clinic time structure

4:00 - 5:30 -> Group Supervision

5:30 – 5:45 -> Set up equipment

5:45 – 6:45 -> Client hour #1

6:45 – 7:45 -> Client hour #2

7:45 – 8:45 -> Client hour #3

8:45 – 9:15> Debrief with intern peer supervisor

9:15 -> Case notes

III. Time commitments (required)

Practicum students: 4:00 a.m. - 9:30 p.m.

Intern Supervisors: 5:00 a.m. - 9:30 p.m.

DEPARTMENT POLICY STATEMENT:

The counseling profession requires a high level of personal integrity, self-awareness, and personal maturity. Demonstrating professionalism in classroom behavior, as well as being present and engaged in classroom activities, is expected at all times as a graduate student in Counselor Education.

Students are expected to attend all class meetings; however, one absence is not considered excessive. Students whose beliefs, religious practices, or lifestyles may conflict with class attendance from time to time should discuss such issues with the course instructor at the beginning of the term. If possible, arrangements should be made to make up missed attendance-related assignments and experiences. It is up to the student and instructor to negotiate a satisfactory solution with respect to absences.

Students and faculty are expected to maintain an atmosphere in which controversial issues, germane to the subject matter, can be examined and discussed. In exercising this freedom of expression, faculty and students are expected to exercise appropriate restraint and show respect for the opinion of others.

The Counselor Education Department seeks to balance providing care and support, high expectations, and opportunities for participation in meaningful activities. All students are expected to participate in constructing a respectful learning environment in the classroom. Arrive to class on time, stay for the entire class, come back from breaks on time, turn off cell phones, etc. Be mindful of what might detract from the learning experience of students and faculty alike (e.g., talking to fellow students during lecture).

All students in the Department must demonstrate behavior that is consistent with the Ethical Standards put forth in 2005 by the American Counseling Association:

<http://www.counseling.org/resources/ethics.htm>

Failure to do so can result in termination from the program.

Demonstrating effective ethical and professional conduct is extremely important and will be monitored and reviewed by the faculty throughout your time in the program in order to assess your development as a professional counselor. Formal occasions for feedback in this regard occur following First Year Student Reviews (May of each year) and during Practicum and Internship. Concerns and deficiencies will be brought to your attention and used by faculty in assessing your overall academic/ professional progress in the Department. Deficiencies which are not corrected will be cause for disciplinary action which may include termination from the Department

GENERAL EXPECTATIONS

1. practicum students should observe other practicum students' counseling work in "down time"
2. "dress-up casual" for clinic attire
3. interns can/should serve as an alternate/backup observer during "down time"
4. everyone is to observe the 2005 ACA Ethical Code at all times
5. the Clinic needs everyone (including interns) in the clinic during the designated times; your service in the Clinic should be a priority and you should miss very rarely, if ever; leave a message if you cannot be here
6. **Never** take clinical materials out of the Clinic
7. **Never** send anything electronically (via email or the web) from the Clinic, or from home to the Clinic