

April 2014

Start Date: May 1st (Thursday)

## **Cedar Park After-School - Student Support Group (SSG)**

Cedar Park is adding 'Student Support Group' program for the after-school activity. This support group is an open group that would provide safe place to students to bring their concerns and questions. It would be led by a School Counselor and would meet every other Thursday. Some of the topics we would discuss includes:

### **Topics may include:**

- Peer relationships;
- Bullying;
- Identity issues;
- Questions around sexual identity and alternative expression; and
- Harassment, etc.

### **Objective:**

- Safe sharing and listening will be our main objective
- Students will feel support by peers and adults
- It will address and enhance positive school climate

### **Confidentiality and safety:**

- Confidentiality is very important for this group to ensure that each participant feels safe. Each student will sign a confidentiality contract before joining the group.
- There will always be one adult (Counselor) present during our meetings.
- Parent signature on the after-school form will be required.

### **To get started:**

This group will meet on alternate Thursdays after school during April and May. These initial meetings will be student centered. We will finalize the group rules as well as topics and activities interested to students. These meetings will help to launch the student support group for the next year.

### **Standards:**

IB Learner Profile: Open-minded and Caring

ASCA standards for students: Personal/Social Development

**To join the group, fill the after school form available at the front office. For more questions, speak to one of the counselors:**

**Elizabeth Williams, Andrew Witt or Dhara Sheth**