## Example of using references

Bibliographies can be added to markdown files to automatically create a list of references in the end of the document.

In this example a bibliogrpahy (biblio.bib) has been added in the YAML field, this is where R will be looking for references.

A reference is then added by specifying the reference id from the bibliography file.

A .csl file can be added to change the way the reference is created. Create a new file and add code from a .csl file or download the file directly from https://github.com/citation-style-language/styles (https://github.com/citation-style-language/styles)

If you do not want your reference list in the end of the document specify were you want references with <div id="refs"></div>

## Example usage

qPCR can be used to determine training induced changes in myosin heavy chain composition.<sup>1</sup>

## References

1 Ellefsen S, Vikmoen O, Zacharoff E et al. Reliable determination of training-induced alterations in muscle fiber composition in human skeletal muscle using quantitative polymerase chain reaction. *Scand J Med Sci Sports*. 2014;24(5):e332–342.

An additional section after the reference list.