

# Doctor Endocrine Diabetes & Thyroid Clinic

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## Doctor1 LAMBE

MD. DM(Endocrinology)  
Reg no: 2011/03/0577  
Consultant Diabetologist and Endocrinologist  
Email: jayLambe@example.com | Mobile: 9599887762

Patient: patient2 Doe (35y, male)  
Height: 170.50 cm

Date: 2025-04-26  
Weight: 77.30 kg

### Rx

| # | Medicine          | Dosage              | Duration | Instructions    |
|---|-------------------|---------------------|----------|-----------------|
| 1 | Paracetamol 2 one | 1.00 tablet (1-1-1) | 5 Days   | Take after food |
| 2 | Paracetamol       | 1.00 tablet (1-1-1) | 5 Days   | Take after food |
| 3 | Paracetamol       | 1.00 tablet (1-1-1) | 5 Days   | Take after food |

### Advice

- Start walking 30 minutes daily.
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### Lab Tests

- Chest X-Ray
- Chest X-Ray
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- CRP Test

### Diagnoses

- Common Cold
- Common Cold
- Common Cold
- Common Cold

### Packages

- Basic Health Package

Follow-up Date: 2025-05-10

Doctor1 LAMBE  
Date: 2025-04-26