Task 1: Web Application Security Testing

Objective of the Task

The objective of this task was to gain a foundational understanding of web application security by analyzing an intentionally vulnerable application and identifying common vulnerabilities such as SQL Injection, Cross-Site Scripting (XSS), and Cross-Site Request Forgery (CSRF). Through hands-on practice, the aim was to understand how attackers exploit web application weaknesses, how these vulnerabilities are detected, and what measures can be implemented to prevent such attacks. This task also developed my skills in vulnerability identification using industry tools.

> Tools and Methods Used

To accomplish this task, the following tools and methodologies were employed:

- WebGoat: An intentionally vulnerable web application used for training in web security.
- OWASP ZAP (Zed Attack Proxy): A powerful open-source tool for finding security vulnerabilities in web applications.
- Localhost Environment: WebGoat and ZAP were installed and run on the local machine (Windows).
- Manual Testing Techniques: Basic exploitation methods like SQL payload insertion, HTML/JavaScript injection, and CSRF token observation.

> Steps Taken to Complete the Task

1. Setup

1.1 Environment Details:

- Operating System: Kali Linux

- Web Application Used: WebGoat 2025

- Browser: Firefox

- Proxy Tool: OWASP ZAP

- Accessed via: http://127.0.0.1:8080/WebGoat

1.2 Configuration

WebGoat was launched using the command 'java -jar webgoat-2025.3.jar' and tested using OWASP ZAP by proxying browser traffic.

2. Vulnerability Analysis Using OWASP ZAP

OWASP ZAP was used to perform both passive and active scanning of the WebGoat application. Key vulnerabilities were detected and are listed below.

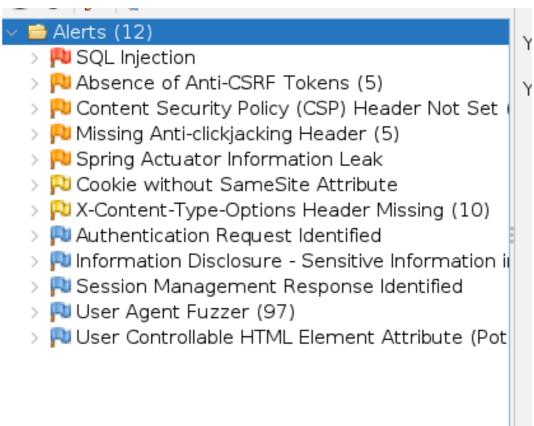


Figure 1: OWASP ZAP vulnerability alerts summary

3. Identified Vulnerabilities

3.1 SQL Injection

- Location: /register endpoint
- Payload Used: agree OR 1=1 --
- Risk Level: High

SQL injection was successfully detected using boolean-based queries. The application did not sanitize user input.

• Mitigation: Use prepared statements and validate user input.

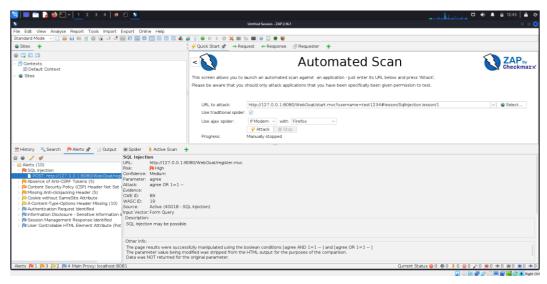


Figure 2: SQL Injection detection via OWASP ZAP

3.2 Reflected Cross-Site Scripting (XSS)

• Location: Shopping cart form

• Payload Used: `<script>alert(1)</script>`

• Risk Level: High

XSS vulnerability was confirmed through manual input of a JavaScript payload.

• Mitigation: Encode output, use CSP, sanitize inputs.

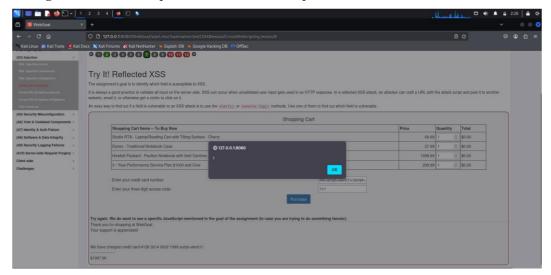


Figure 3: Successful Reflected XSS attack

3.3 Cross-Site Request Forgery (CSRF)

• Location: Login and other POST-based forms

• Risk Level: Medium

ZAP found missing Anti-CSRF tokens in POST requests.

• Mitigation: Use CSRF tokens, validate Origin headers, set SameSite cookies.

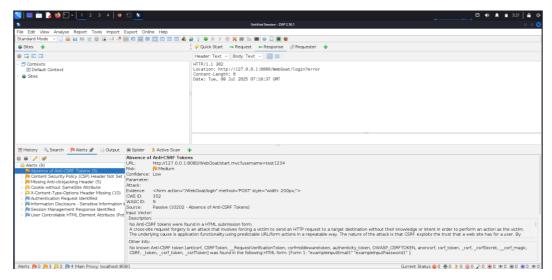


Figure 4: CSRF Token Missing alert

3.4 Missing Security Headers

OWASP ZAP reported the absence of key headers such as:

- Content Security Policy (CSP)
- X-Content-Type-Options
- Anti-clickjacking headers
- Risk Level: Medium to High
- Mitigation: Add required headers in HTTP responses to restrict unsafe behaviors.

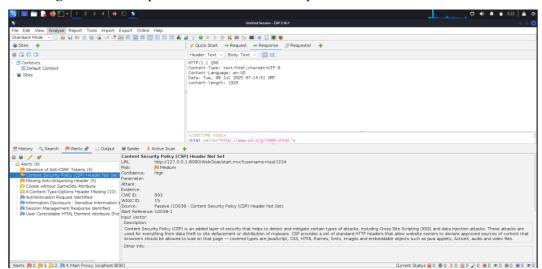


Figure 5: CSP Header not set alert in OWASP ZAP

Conclusion:

This internship project has provided me with a valuable and practical foundation in the field of **cybersecurity**, specifically focusing on **network security** and **web application security**. Through hands-on tasks and the use of real-world tools like **Wireshark**, **OWASP ZAP**, and **WebGoat**, I gained critical insights into how digital systems are vulnerable to various types of attacks and how to protect them through proactive security measures.

In Task 1, I developed an understanding of common **network threats**, such as **viruses**, **worms**, **and phishing attacks**, and implemented basic yet effective security configurations in a small network environment. Monitoring network traffic using **Wireshark** helped me identify normal vs. suspicious activity and reinforced the importance of firewall and encryption settings.

In Task 2, I explored the inner workings of web vulnerabilities like SQL Injection, Cross-Site Scripting (XSS), and Cross-Site Request Forgery (CSRF) using OWASP ZAP and WebGoat. I not only learned how these vulnerabilities can be exploited but also how developers and security professionals can mitigate them through best practices in coding and application design.

This experience enhanced my technical knowledge, problem-solving skills, and security awareness. It also strengthened my interest in pursuing a career in cybersecurity and motivated me to continue learning about secure coding, penetration testing, and vulnerability assessment. The skills gained through this project will be a strong foundation for future academic and professional endeavors in the cybersecurity domain.