



Discharge Summary

Dept. of INTERNAL MEDICINE

Patient Details

UHID	APD4.0000506287	Name	Ms. D HANEESHA
Patient Identifier	APD1IP84780	Age	19Yr 3Mth 27Days
Sex	Female	Date of Admission	25-Mar-2024
Date of Discharge	27-Mar-2024	Address	HNO-18-8-440/3, LALITHABAGH, UPPUGUDA, CHARMINAR, Hyderabad, Telangana
Ward/Bed No	Second Floor, 2nd Floor Ward, Bed no:208 B	Primary Consultant	Dr. RAGHU M.D.(General Medicine) PG Dip. Diabetology Consultant Physician & Diabetologist INTERNAL MEDICINE

Diagnosis

Diagnosis	DUST ALLERGY PCOS ANAEMIA
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Details

Chief complaint(s)	SNEEZING ITCHING OVER PALM BREATHING DIFFICULTY SINCE TODAY EVENING
History of Present Illness	A 19-YEAR-OLD FEMALE PATIENT PRESENTED TO HOSPITAL WITH COMPLAINTS OF SNEEZING, ITCHING OVER FROM SINCE 1 DAY ASSOCIATED WITH BREATHING DIFFICULTY TODAY EVENING HISTORY OF SIMILAR COMPLAINTS 1 YEAR AGO HISTORY OF ANAEMIA (2022)



0000506287

Apollo DRDO Hospital, DMRL 'X' Roads,
Kanchanbagh, Hyderabad - 500 058.
040-2434 2222, 2434 2211, Fax: 040-2434 2255
www.apollohealthcity.com

For appointments or online consultation, visit www.askapollo.com



ON EXAMINATION:

PATIENT CONSCIOUS ORIENTED

AFEBRILE

PULSE - 115 /MIN

RESPIRATORY RATE - 20/MIN

BLOOD PRESSURE - 130/80 MMHG

SPO2-97% ON ROOM AIR

CVS - S1-S2 HEARD

LUNGS - B/L AIR ENTRY PRESENT

PER ABDOMEN - SOFT

CNS - NAD

History of Past/Personal/Family

ALLERGIC RHINITIS

Investigations Done

Investigations Done

BioChemistry

CARBONDIOXIDE, TOTAL - SERUM/PLASMA

25-Mar-2024 07:27 PM

CARBONDIOXIDE, TOTAL - SERUM/PLASMA	22 mmol/L	Healthy Adults:21 - 32

CHLORIDE - SERUM / PLASMA

25-Mar-2024 07:27 PM

CHLORIDE - SERUM / PLASMA	108 mmol/L	Healthy Adults:98 - 107

CREATININE - SERUM/PLASMA

25-Mar-2024 07:27 PM

CREATININE - SERUM/PLASMA	0.65 mg/dL	Healthy Women:0.55-1.02

GLUCOSE - SERUM / PLASMA (RANDOM/CASUAL)

25-Mar-2024 07:27 PM

GLUCOSE - SERUM / PLASMA (RANDOM/CASUAL)	122 mg/dL	Upto 180

IRON - SERUM

26-Mar-2024 11:41 AM

IRON - SERUM	11 µg/dL	Healthy Adults:33 - 193
IRON BINDING CAPACITY,UNSATURATED - SERUM(Calculated)	533 µg/dL	Healthy Adults: 130 - 375

IRON BINDING CAPACITY TOTAL - SERUM

26-Mar-2024 11:41 AM

Regd. Office : 26-Mar-2024 11:41 AM Limited, No. 19, Bishop Garden, Raja Annamalaipuram, Chennai - 600 028, Tel: +91-44-28293333, Fax: +91-44-28290956
Corporate Identity Number (CIN) - L85110TN1979PLC008035



EMERGENCY CALL - 1066

"KEEP THE REPORTS CAREFULLY AND BRING THEM WITH YOU DURING YOUR NEXT VISIT TO OUR HOSPITAL"

4.0000506287

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IRON BINDING CAPACITY TOTAL - SERUM	544 µg/dL	Healthy Adults: 250-450
% SATURATION(Calculated)	2 %	Healthy Adults: 13 - 45

POTASSIUM - SERUM / PLASMA

25-Mar-2024 07:27 PM

POTASSIUM - SERUM / PLASMA	3.5 mmol/L	Healthy Adults: 3.5 - 5.1
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SODIUM - SERUM / PLASMA

25-Mar-2024 07:27 PM

SODIUM - SERUM / PLASMA	141 mmol/L	Healthy Adults: 136-145
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TOTAL T3: TRI IODOTHYRONINE - SERUM

26-Mar-2024 11:41 AM

TOTAL T3: TRI IODOTHYRONINE - SERUM	96 ng/dL	Children(11-20y): 91 - 217
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TOTAL T4: THYROXINE - SERUM

26-Mar-2024 11:41 AM

TOTAL T4: THYROXINE - SERUM	8.9 µg/dL	Children(11-20y): 5.91 - 13.21
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TSH: THYROID STIMULATING HORMONE - SERUM

26-Mar-2024 11:41 AM

TSH: THYROID STIMULATING HORMONE - SERUM	2.95 uIU/mL	Children(11-20y): 0.51 - 4.30
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UREA - SERUM / PLASMA

25-Mar-2024 07:27 PM

UREA - SERUM / PLASMA	14 mg/dL	Healthy Adults: 15 - 38
UREA NITROGEN SERUM/PLASMA:(Calculated)	7 mg/dL	Healthy Adults: 7 - 18

Vitamin B12-Active:Serum (Holotranscobalamin-Holo TC)

26-Mar-2024 11:41 AM

Vitamin B12-Active:Serum (Holotranscobalamin-Holo TC)	9 pmol/L	Deficient/Depleted Adults:<35 Indeterminate Zone*:35-70 Non-Deficient Healthy Adults:>70
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VITAMIN FOLATE - SERUM

26-Mar-2024 11:41 AM

VITAMIN FOLATE-SERUM	9.83	Healthy Adults:4.6 - 18.7(Ref Range Limits)
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Haematology

C B C (HB,PCV,TC,DC)(AUTOMATION +STANDARD METHOD)

25-Mar-2024 07:27 PM

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Hemoglobin	7.3 g/dl	11.0-16.0
Platelet Count	440 $10^3/\text{mm}^3$	140-440
Haematocrit	24.9 %	34.0-48.0
Neutrophils	56.5 %	40-75
Lymphocytes	27.8 %	20-45
RBC COUNT	4.0 Million/ μl	3.7-5.6
Eosinophils	8.5 %	1-6
Monocytes	6.9 %	1-10
Basophils	0.3 %	0-1
MCV	63 fl	75.0-95.0
MCH	18.4 pg	26.0-32.0
MCHC	29.2 g/dl	31.0-36.0
RDW	19.5 %	11.5-14.5
TLC Count	9.4 $10^3/\text{mm}^3$	4.0-11.0

Radiology

ULTRASOUND - WHOLE ABDOMEN

Impression : * LEFT RENAL CALCULUS.

* BILATERAL POLYCYSTIC OVARIES.

For Clinical Correlation / Follow up.

2D-ECHO WITH COLOUR DOPPLER

Impression : NO RWMA

NORMAL LV FUNCTION

NORMAL VALVES

NO PE / LV CLOT.

Treatment Summary

Discussion

A 19-YEAR-OLD FEMALE PATIENT ADMITTED TO HOSPITAL WITH
 ABOVE COMPLAINT WAS CLINICALLY EXAMINED AND NECESSARY
 INVESTIGATIONS WERE DONE. HAEMOGLOBIN SUGGESTED 7.3, SR.
 ELECTROLYTES WITHIN NORMAL LIMITS. ULTRASOUND WHOLE
 ABDOMEN SUGGESTED LEFT RENAL CALCULUS, BILATERAL





POLYCYSTIC OVARIES. 2D ECHO SUGGESTED TO BE NORMAL. PATIENT WAS TREATED ACCORDINGLY WITH ANTACIDS, COUGH SUPPRESSANTS, ANTI ALLERGY, BRONCHODILATORS, DEWORMING, COUGH MEDICATIONS AND FURTHER MEDICATIONS WERE GIVEN TO WHICH PATIENT RESPONDED WELL. NOW PATIENT IS HAEMODYNAMICALLY STABLE AND GETTING DISCHARGED WITH FOLLOWING MEDICAL ADVICE.

TREATMENT SUMMARY:

TAB. PAN D 40 MG PO 1-0-0

INJ. HYDROCORT 100 MG IV 1-0-1

TAB. MONTEK LC PO 1-0-0

TAB. ATARAX 10 MG PO 0-0-1

NEBULISATION DUOLIN 1 RESPULE PER NASAL 1-1-1

NEBULISATION BUDECORT RESPULE PER NASAL 1-0-1

TAB. ZENTEL 400 MG PO STAT

SYP. ASCORIL LS 10 ML PO STAT

Discharge Medication

DISCHARGE MEDICATION:

1. TAB. PAN D 40 MG 1 TAB. PER ORALLY 1-0-0 BEFORE FOOD AT 8 A.M. X 5 DAYS.

2. TAB. MONTEK LC 1 TAB. PER ORALLY 1-0-0 AFTER FOOD AT 8 A.M. FOR 1 WEEK.

3. INJ. OROFER 1000MG IV IN 100 ML NS WEEKLY ONCE FOR 4 WEEKS.

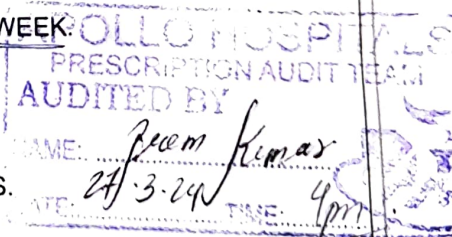
4. LIQUID ARACHITOL 60 K UNITS PER ORALLY WEEKLY ONCE FOR 4 WEEKS.

5. TAB. MECONEURON OD 1500 MCG 1 TAB. PER ORALLY 1-0-0 AFTER FOOD AT 8 A.M. FOR 1 MONTH.

6. INJ. MEAXON PLUS 1 AMP IM WEEKLY ONCE FOR 8 WEEKS.

7. TAB. PAUSE E 1 TAB. PER ORALLY 1-0-1 SOS (DURING PERIODS IF HEAVY FLOW)

8. GARDASIL VACCINATION ADVISED



Discharge Examination

Vitals stable

Yes

Surgical wound

Not applicable





Blood sugar levels controlled Not applicable

Pain score below 4 Yes

Ambulatory Yes

Condition on discharge Stable

DAMA/DOR/LAMA

None

Special Instructions

Diet

NORMAL DIET

Follow-up instruction

REVIEW AFTER 1 WEEK

Emergency Care.

**** IN CASE YOU HAVE**

-FEVER (101 F)

-NEW ONSET PAIN OR WORSENING OF EXISTING PAIN

-VOMITINGS

-DIFFICULTY IN BREATHING

-ALTERED LEVEL OF CONSCIOUSNESS

-DISCHARGE / BLEEDING FROM OPERATED WOUND SITE

-WORSENING OF ANY OF YOUR SYMPTOMS

-ANY OTHER SIGNIFICANT COMPLAINTS**

**** PLEASE CALL EMERGENCY SERVICES AT 1066 .04060601066 (Call Centre) .04023607777 AND ASK FOR YOUR DOCTOR / EMERGENCY / EXTENSION NUMBER IF KNOWN ****

**** IN CASE YOU DONOT UNDERSTAND YOUR DISCHARGE MEDICATIONS AND / OR NOTICE ANY NEW REACTION TO YOUR MEDICATIONS, PLEASE CALL 9177400151 / 04023607777-6314 ****

**** FOR YOUR APPOINTMENTS, SCHEDULED OR OTHERWISE, CALL OUR "CALL CENTER (04060601066), .04023607777**

Dr. RAGHU

M.D.(General Medicine)PG Dip. Diabetology Consultant

Physician & Diabetologist

INTERNAL MEDICINE

Primary Consultant