

# Be safe from COVID-19



The NorthSide Legends COVID safe plan is in line with Cricket ACT/CCSCA to maintain wellbeing.

- If you are feeling **unwell** do not attend training or matches.
- Enforce the use of **Check-in CBR** app or **Service NSW** QR codes at the venue for both training and matches.
- On arrival, individuals are to place their kit bags at least 1.5 meters from each other's bags.
- **Masks** are to be worn every time except when playing.
- Take all reasonable steps to minimise the number of spectators attending matches and ensure they maintain social distancing.
- No handshakes, no high-fives or close player contact - both on and off the field and keep 1.5 meters whenever possible even while play.
- Ensure that **hand sanitiser** is accessible at the venue entry and at the ground.
- Do not touch your eyes, nose or mouth if your hands are not clean.
- Encourage everyone to bring their **own water bottle** and snacks. Avoid sharing food and drinks. All food should be consumed in an outdoor area.
- Reduce sharing of equipment (Cricket gear) when practical and ensure these are cleaned with detergent and **disinfectant** between use.
- Participants are not allowed to shine the ball with saliva or sweat at any time.
- Co-operate with **ACT Health** if you are in relation to a positive case of COVID-19 within the club and inform the **NSL committee** member about your condition.
- No more than two people in changing rooms/restrooms at one time at any time and you must wear a mask all the time.
- All the players and officials sit **outside** during the match.
- All team meetings, pre and post play, should be conducted outdoors.



- **Scorers** should score outside where possible and maintain a safe distance from each other. Masks must be worn all the time. Reduce sharing of stationary items when practical and ensure these are cleaned with detergent and disinfect between use.
- While **Umpiring** minimise sharing things and counters must be sanitised with detergent and disinfectant between use. (Recommend not to share the hi vis vests)

Remember - these guidelines are in place to help keep our club and community safe.



Covid Marshalls and first point of contacts

**Damian** Adikari 04 2312 4976

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**Note\*** If you see someone breaching the guidelines please inform the Captain, Covid Marshalls or the Committee. If someone deliberately non-complies with the plan we have to impose some penalties according to Cricket Australia guidelines instructions given to clubs.