



MODULE 0: Introduction to Programming

(Foundations before learning Java or any programming language)

1. What is Programming?

Definition (Interview-ready)

Programming is the process of designing and writing a set of instructions that a computer can execute to solve a specific problem.

Explanation

A computer cannot think, reason, or make decisions on its own.

It strictly follows instructions provided to it. Programming provides a structured way to express **logic**, **decisions**, and **calculations** so that a computer can process input data and produce meaningful output.

Simple Example

Problem: Find the sum of two numbers.

Programming involves:

- Taking input values
- Applying logic (addition)
- Producing output

Trick to Remember

Programming = Logic + Instructions

2. Why Do We Need Programming?

Programming is required to:

- Automate repetitive and manual tasks
- Solve problems efficiently and accurately
- Build software systems such as:
 - Web applications
 - Mobile applications
 - Operating systems
 - Databases
 - Artificial Intelligence systems

Interview POV

Programming enables humans to communicate problem-solving logic to machines in a form they can execute.

Trick to Remember

No programming → no software

3. Where is Programming Used?

Programming is used in almost every domain:

- **Web Development** – websites, APIs, cloud services
- **Mobile Applications** – Android, iOS
- **System Software** – operating systems, drivers
- **Data Science & AI** – data analysis, machine learning

- **Embedded Systems** – IoT, robotics
- **Enterprise Software** – banking, ERP systems

Trick to Remember

If it runs on electricity, programming is behind it

4. How a Program Works (High-Level View)

Every program follows the same basic model:

Input → Processing → Output

Example

- Input: user enters two numbers
- Processing: program adds them
- Output: result is displayed

This model applies to **all programming languages**.

Trick to Remember

IPO = Input, Process, Output

5. Types of Programming Paradigms

A **programming paradigm** defines the style and structure used to write programs.

5.1 Procedural Programming

Definition

Procedural programming organizes code into **procedures or functions** that operate on data.

Characteristics

- Step-by-step execution
- Data and functions are separate
- Top-down approach

Example Languages

- C
- Pascal

Interview POV

Procedural programming focuses on executing instructions in a defined sequence using functions.

Trick to Remember

Procedure = Steps

5.2 Functional Programming

Definition

Functional programming treats computation as the evaluation of **mathematical functions** without modifying shared data or state.

Characteristics

- Immutability
- No side effects
- Functions are first-class citizens

Example Languages

- Haskell
- Scala

- JavaScript (supports functional concepts)

Interview POV

Functional programming emphasizes pure functions and avoids mutable state.

Trick to Remember

Function in → Result out (no change inside)

5.3 Object-Oriented Programming (OOP)

Definition

Object-Oriented Programming organizes software around **objects**, which combine data and behavior.

Characteristics

- Encapsulation
- Abstraction
- Inheritance
- Polymorphism

Example Languages

- Java
- C++
- Python

Interview POV

OOP models real-world entities using objects to improve modularity and code reuse.

Trick to Remember

Object = Data + Methods

6. Static vs Dynamic Programming Languages

6.1 Static Typing

Definition

In statically typed languages, variable types are checked **at compile time**.

Characteristics

- Type must be declared
- Errors caught early
- Better performance and safety

Example

```
int x = 10;
```

Languages

- Java
- C++
- C

Interview POV

Static typing improves reliability by detecting type errors during compilation.

Trick to Remember

Static = Safe before run

6.2 Dynamic Typing

Definition

In dynamically typed languages, variable types are checked **at runtime**.

Characteristics

- No explicit type declaration
- More flexibility
- Runtime errors possible

Example

```
x = 10  
x = "hello"
```

Languages

- Python
- JavaScript

Interview POV

Dynamic typing offers flexibility but shifts error detection to runtime.

Trick to Remember

Dynamic = Decide while running

7. Memory Basics in Programming

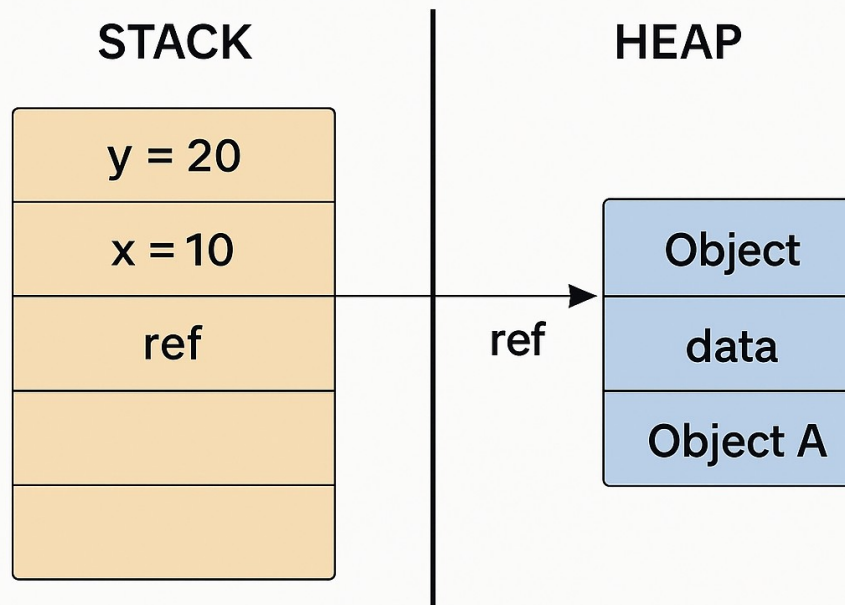
7.1 Stack Memory

- Stores function calls and local variables
 - Memory allocation is automatic
 - Follows LIFO (Last In, First Out)
 - Faster access
-

7.2 Heap Memory

- Stores objects and dynamically allocated data
- Shared across functions
- Managed by the runtime environment

Stack vs Heap Memory



Interview POV

Stack memory manages execution flow, while heap memory stores objects.

🔑 Trick to Remember

Stack = Execution
Heap = Objects

8. Pass by Value vs Pass by Reference

8.1 Pass by Value

Definition

A copy of the variable's value is passed to a function.

- Changes inside the function do not affect the original variable

Used in

- Primitive types in Java
-

8.2 Pass by Reference (Conceptual)

Definition

A reference to a memory location is passed.

- Changes affect the original object

Important Note (Java)

Java is **pass-by-value**, but when objects are passed, the **value of the reference** is passed.

Interview POV

Java always uses pass-by-value, including object references.

Trick to Remember

Java never passes the object, only the reference value

9. Garbage Collection (Memory Management)

Definition

Garbage Collection is the automatic process of identifying and freeing memory occupied by objects that are no longer in use.

Why It Is Needed

- Prevents memory leaks
- Reduces manual memory management

- Improves application stability

Example

If an object has no active references, it becomes eligible for garbage collection.

Interview POV

Garbage collection automatically reclaims unused heap memory.

Trick to Remember

No reference → Garbage collected

10. Key Takeaways (Quick Revision)

- Programming is structured problem-solving for computers
 - Programs follow **Input** → **Processing** → **Output**
 - Procedural, Functional, and OOP are major paradigms
 - Static typing checks types at compile time
 - Dynamic typing checks types at runtime
 - Stack manages execution, heap stores objects
 - Java provides automatic garbage collection
-