

Assistant



Hi! I'm a virtual assistant.  
How can I help you today?

suggest\_meal\_plan

Example: Check account balance

Example: See how I can help

Type something...



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Assistant



suggest\_meal\_plan



2:16 AM

Sure! Let me suggest a simple meal plan for your goal.

**Breakfast:** Oats with banana and chia seeds

**Lunch:** Brown rice with dal and salad

**Dinner:** Grilled tofu with steamed vegetables

**Snacks:** A handful of almonds or a fruit

Would you like to choose a meal plan by:

1. Calories (e.g., 1200 / 1500)
2. Health condition (e.g., diabetes, PCOS)



Type something...



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Select an option ^

1200 calorie meal plan

1500 calorie meal plan

Diabetes or PCOS diet

Indian or Vegan meal plan

No thanks



Type something...



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Assistant



Tue 2:17 AM

i can't understand



2:17 AM

Sorry I couldn't assist you. I will connect you to an agent right away.

Select an option ^

"You're not helping."

"This isn't working."



Type something...



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Assistant



You 2:20 AM

can you speak?



2:20 AM

I didn't catch that. Select a valid option:

Select an option



Type something...



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