



Om Namah Shivaya is one of the most popular Hindu mantras and the most important mantra in Shaivism. Namah Shivaya means "O salutations to the auspicious one!", or "adoration to Lord Shiva". It is called **Siva Panchakshara** the "five-syllable" mantra (viz., excluding the *Om*) and is dedicated to Lord Shiva. This Mantra appears as 'Na' 'Ma' 'Śi' 'Vā' and 'Ya'

Na sound represents EARTH

Ma sound represents WATER

Śi sound represents FIRE

Vā sound represents Pranic AIR

Ya sound represents SKY or ETHER

<https://youtu.be/OwfVNAzc8ec>

