

Original (Study Habits Survey)

1. What stage of education are you currently in? (Information question)
 - Pre-Kindergarten
 - Kindergarten
 - Elementary School
 - Middle School
 - High School
 - Undergraduate
 - Masters or higher
2. How much time do you spend studying in a week? (Information Question)
 - a. < 3 hours
 - b. 3 - 6 hours
 - c. 6 - 9 hours
 - d. 9+ hours
3. What do you usually review when studying? (Checklist)
(Check all that apply)
 - ☐ Past Tests/Quizzes
 - ☐ Class Notes
 - ☐ Recorded Lectures
 - ☐ Textbook Content and Sample Questions
 - ☐ Other students / peers
 - ☐ Other material: _____ (Free-form response)
4. What do you find the most distracting while you study? (Open)
(Free-form response)

5. On a scale of 1 to 10, how well do class lectures prepare you for evaluations?
(1 is not at all prepared and 10 is very prepared) (Rating)
 - 1,2,3,4,5,6,7,8,9,10
6. Rank the following in order of importance for being prepared for an evaluation.
(Ranking)
 - Adequate Sleep
 - In-class examples and solutions
 - Practice Questions
 - Content is relevant to your interests
7. What is the primary issue on your evaluations?
(Select one) (Closed)
 - ☐ Completing the evaluation in the allotted time
 - ☐ Writing a solution that receives full marks

8. When you don't understand something, who/what do you turn to? (Checklist)
(*Check all that apply*)

- ☐ Teacher/Professor
- ☐ Friends
- ☐ Other students / peers
- ☐ Older students

9. What is your preferred environment for studying?
(*Select one*) (*Closed*)

- ☐ Silence
- ☐ Playing a song
- ☐ Your bed or desk
- ☐ A new indoor place that you haven't studied at before
- ☐ Outside

10. How do you believe schools and staff could support students while studying?
(Open)
(*Free-form response*)

11. How confident do you usually feel before an evaluation? (Rating)

- Very confident
- Somewhat confident
- Somewhat unconfident
- Very unconfident

12. Rank the following in order of what motivates you the most to study. (Ranking)

- Graduating from school
- Getting a high grade on an evaluation
- Learning more about the material
- An upcoming deadline

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Reviewed Version (My brother took a look at it)
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1. Which grade are you in? (Information)

(*If you are not currently in a specific grade (summer break / graduated), enter the most recent grade that you've completed*)

- Grade 9
- Grade 10
- Grade 11
- Grade 12

- Grade 13

2. How much time do you spend studying in a week? (Information)

- < 3 hours
- 3 - 6 hours
- 6 - 9 hours
- 9+ hours

3. What do you usually review when studying? (Checklist)

(Check all that apply)

- ☐ I don't review at all
- ☐ Past Tests/Quizzes
- ☐ Class Notes
- ☐ Recorded Lectures
- ☐ Textbook Content and Sample Questions
- ☐ Other material: _____ (Free-form response)

4. What do you find distracting while you study? (Open)

(Free-form response)

5. On a scale of 1 to 10, how well do class lectures prepare you for assignments, quizzes or tests?

(1 is not at all prepared and 10 is very prepared) (Rating)

- 1,2,3,4,5,6,7,8,9,10

6. Rank the following in order of importance for being prepared for an evaluation.
(Ranking)

(1 motivates you the most and 6 motivates you the least)

- Adequate Sleep
- Good previous meal
- Good physical and mental wellbeing
- Reviewing examples and solutions with the teacher in previous classes
- Reviewing practice questions on your own
- The content is relevant to your interests

7. What is the primary issue during tests or quizzes? (Closed)

(Select one)

- ☐ Completing the test/quiz in the allotted time
- ☐ Writing a solution that receives full marks
- ☐ Nervousness / Test Anxiety
- ☐ Neurological disorders
- ☐ I have no issues during tests or quizzes

8. When you don't understand something, who or what do you turn to? (Checklist)
(Check all that apply)

- ☐ Teacher/Professor
- ☐ Friends
- ☐ Other students / peers
- ☐ Parents
- ☐ Tutors
- ☐ Online videos/forums
- ☐ Study apps
- ☐ Other: _____

9. What is your most preferred environment for studying? (Closed)
(Select one)

- ☐ Silence
- ☐ Playing a song
- ☐ Your bed or desk
- ☐ A new indoor place that you haven't studied at before
- ☐ A different place in your home
- ☐ Outside
- ☐ Other: _____

10. How do you believe schools and staff could support students' studying habits?
(Open)
(Free-form response)

11. How confident do you usually feel before an evaluation? (Rating)

- Very confident
- Somewhat confident
- Somewhat nervous
- Very nervous

12. Rank the following in what best motivates you to study. (Ranking)
(1 motivates you the most and 7 motivates you the least)

- Graduating from school
- Getting a high grade on a test, quiz or assignment
- Learning more about the material
- An upcoming deadline
- Getting a job
- Making your parents/relatives proud
- Impressing your peers