```
In [2]: def insert_specific_position(x, n_list, pos):
    return n_list[:pos-1]+[x]+n_list[pos-1:]
    n_list = [1,1,2,3,4,4,5,1]
    print("Original list:")
    print(n_list)
    kth_position = 3
    x = 12
    result = insert_specific_position(x, n_list, kth_position)
    print("\nAfter inserting an element at kth position in the said list:")
    print(result)

Original list:
    [1, 1, 2, 3, 4, 4, 5, 1]

After inserting an element at kth position in the said list:
    [1, 1, 12, 2, 3, 4, 4, 5, 1]
In []:
```