



# 1 Coherent pathways for vertical transport from the surface ocean to interior

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## ABSTRACT

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21 **1. Introduction**

22 A long-standing challenge in oceanography is the observing, modeling and prediction of ver-  
23 tical transport, which links the sunlit and atmospherically-mediated surface boundary layer with  
24 the deeper ocean. Vertical motions play a critical role in the exchange of heat, freshwater and  
25 biogeochemical tracers between the surface and the ocean interior. The most intense vertical ve-  
26 locities occur at horizontal scales less than 10 km making them difficult to observe in the ocean  
27 and to resolve in models. Understanding how fine-scale turbulent motions and 0.1–10 km *sub-*  
28 *mesoscale* processes contribute to the large-scale budgets of nutrients, oxygen, carbon and heat,  
29 affect sea surface temperature, the air-sea exchange of gases, and the carbon cycle, is one of the  
30 key challenges in oceanography.

31 The ocean, as the atmosphere, is largely in geostrophic balance at *mesoscales* (10–100 km) or  
32 larger scales. Since the horizontal pressure gradient is balanced by Coriolis acceleration and the  
33 ocean is density stratified, vertical velocities are typically 1,000 to 10,000 times smaller than hor-  
34 izontal velocities at these scales. Interest in submesoscale dynamics has grown in recent years  
35 because its deviation from geostrophic balance enables the intensification of the vertical com-  
36 ponent of velocity, which results in the transport of biogeochemical tracers and heat (Klein and  
37 Lapeyre 2009; McWilliams 2016; Mahadevan 2016; McWilliams et al. 2019). The strong theo-  
38 retical and modeling evidence for the existence of unbalanced vertical velocities that account for  
39 vertical transport has not been effectively accompanied by direct observation, although indirect  
40 estimates have showed the relevance of these vertical exchanges (Omand et al. 2015).

41 In recent modeling studies that resolve submesoscale dynamics, the vertical velocity has a wide  
42 range of space and time scales (Freilich and Mahadevan 2019). Vertical advective transport, at-  
43 tributed to water parcel trajectories originating in the surface mixed layer and ending up in the

<sup>44</sup> pycnocline (region of strong vertical density gradient beneath the mixed layer), is not randomly  
<sup>45</sup> distributed, but occurs at specific sites (Ruiz et al. 2019). Models and oceanic observations show  
<sup>46</sup> anomalous signatures of water mass and biogeochemical properties in the stratified pycnocline  
<sup>47</sup> that have their origins in the surface mixed layer (Omand et al. 2015). These anomalies have hor-  
<sup>48</sup> izontal length scales of a few kilometers and vertical length scales of a few (up to 10) meters. A  
<sup>49</sup> hypothesis that emerges is that there are dynamically controlled, advective, coherent pathways for  
<sup>50</sup> subduction from the mixed layer to pycnocline. The sites for active subduction occupy a relatively  
<sup>51</sup> small fraction of the surface area. Observing this process by targeting sites of active subduction  
<sup>52</sup> and measuring vertical transport in the field is notoriously difficult. Firstly, it entails Lagrangian  
<sup>53</sup> measurement of relatively small vertical displacements (tens of meters) on horizontal trajectories  
<sup>54</sup> spanning tens of kilometers. Secondly, the majority of vertical motion in the surface mixed layer  
<sup>55</sup> changes direction before water parcels cross the base of the mixed layer and only a small fraction  
<sup>56</sup> of trajectories cross the base of the mixed layer along outcropping isopycnals. Further, in the field,  
<sup>57</sup> we are confounded by the lack of clear separation between advection along isopycnals and the  
<sup>58</sup> upward and downward motion of isopycnals by eddy dynamics, and waves on near-inertial and  
<sup>59</sup> shorter time scales. Even models have not clearly isolated the dynamical mechanisms by which  
<sup>60</sup> water parcels are irreversibly subducted. Frontogenesis, which intensifies fronts, and restratifica-  
<sup>61</sup> tion of the unstratified mixed layer by the slumping of isopycnals, are two proposed mechanisms  
<sup>62</sup> (Fox-Kemper et al. 2008), but isolating such mechanisms in the field is challenging when the space  
<sup>63</sup> and time scales, as well as sites for subduction, are not known a priori. Furthermore, turbulence  
<sup>64</sup> induced by surface cooling and winds is heterogeneous in space. It can be selectively intensified  
<sup>65</sup> at fronts to generate vertical velocities, as large as centimeters per second, that contribute to the  
<sup>66</sup> irreversible vertical transport of tracers (Smith et al. 2016).

67 Observing, understanding and predicting the three-dimensional pathways by which water from  
68 the surface ocean makes its way into the interior is the goal of an ONR Departmental Research  
69 Initiative, “CALYPSO” (Coherent Lagrangian Pathways from the Surface Ocean to Interior). In  
70 CALYPSO, scientists from several institutions in the US, Spain, Italy and France, are collab-  
71 orating to use innovative observational techniques along with process study models, predictive  
72 models, and data synthesis to identify pathways for vertical transport and to diagnose and predict  
73 the physical processes that underlie subduction and transport across the base of the surface mixed  
74 layer.

## 75 **2. Approach**

### 76 *a. Region of study*

77 Our study is focused on the Alborán Sea in the western Mediterranean, where fresher water from  
78 the Atlantic ocean flowing through the Strait of Gibraltar meets the saltier Mediterranean water to  
79 form an unstable front. Mesoscale meanders,  $O(100 \text{ km})$  in extent, fill the basin (Renault et al.  
80 2012), often forming two anticyclonic gyres that are clearly outlined in sea surface height elevation  
81 (Fig. 1). The front, with its strong density contrast and powerful currents, provides an ideal setting  
82 for studying the interaction of mesoscale and submesoscale motions and the resulting vertical  
83 exchanges. Vertical motion is known to be enhanced at ocean fronts and has been previously  
84 diagnosed in this region with the quasi-geostrophic Omega equation (Tintoré et al. 1988, 1991;  
85 Ruiz et al. 2009), a diagnostic equation for the vertical velocity that depends on the geostrophic  
86 velocity gradients and density gradients. The region is largely nutrient-depleted at the surface  
87 and the growth and distribution of phytoplankton responds to the upwelling of nutrients at the  
88 boundaries of the basin and along the front, as well as to horizontal advection by the mesoscale

and submesoscale currents (Fig. 1). Serving as a tracer for advection, phytoplankton, which grows in the presence of sunlight, is helpful in identifying subducted water that has made its way into the density stratified region beneath the mixed layer known as the pycnocline.

### b. Strategy

Guided by more recent observational, theoretical and modeling work (Pascual et al. 2017; Ruiz et al. 2019), we expect downward transport from the surface to occur in kilometer-wide *filaments*, which are more prevalent on the dense side of fronts with strong cyclonic vorticity. The lateral strain of the mesoscale meandering flow is intensified at the strongest front, which is sharpened by frontogenesis, and acts to generate filaments of intensified positive vorticity that are tens of kilometers in the along-front direction (Fig. 2a). In models, the intensity and width of such downwelling regions are sensitive to the numerical resolution, which determines the strength of the lateral density gradients. Tracers capture the advective downward motion of mixed layer water along sloping isopycnals that outcrop in the mixed layer. Subsurface maxima in tracers that originated at the surface reveal the importance of three-dimensional pathways in transporting the tracer into the pycnocline (as seen beneath the gyre of less dense water in Fig. 2b). Understanding the dynamics and Lagrangian pathways for such vertical transport are major goals of the proposed work and is more complicated than the vertical velocity field shown in Fig. 2c. This emphasizes the need for measurements of the lateral density gradient, vorticity, strain and convergence, with sufficient spatial and temporal resolution to allow meaningful comparison with theory and models (Shcherbina et al. 2015).

<sup>109</sup> c. Measurements

<sup>110</sup> Two field campaigns have been conducted so far: In May-June 2018, one week of measure-  
<sup>111</sup> ments were made from the *NRV Alliance* and *RV SOCIB*, and in March-April 2019, a two-week  
<sup>112</sup> field campaign was conducted from the research vessels *Pourquoi Pas?* and *SOCIB*. These cam-  
<sup>113</sup> paigns sampled very different regimes – a thermally stratified upper ocean in May-June, and a  
<sup>114</sup> relatively deeper mixed layer, with extremely strong surface wind forcing in March-April. The  
<sup>115</sup> measurements consisted of two components: Eulerian and Lagrangian. In 2018, an array of three  
<sup>116</sup> gliders repeatedly crossed the Almeria-Oran front for 2.5 months, measuring temperature, salin-  
<sup>117</sup> ity, velocity, chlorophyll, and acoustic backscatter. The array resolved the three-dimensional,  
<sup>118</sup> time-evolving mesoscale structure with the goal of diagnosing vertical velocity with the quasi-  
<sup>119</sup> geostrophic Omega equation, which uses the gradients of density and horizontal geostrophic ve-  
<sup>120</sup> locity to calculate the frontal intensification, and thereby the overturning secondary circulation that  
<sup>121</sup> acts to slump the front. On the submesoscale, gliders observed the associated frontal convergence  
<sup>122</sup> and vorticity of the secondary circulation, and plumes of chlorophyll descending along the sloping  
<sup>123</sup> isopycnals of the front (Fig. 3). In 2019, an array of 8 gliders was deployed for 2 months. One  
<sup>124</sup> of these gliders was programmed to follow a temperature surface, producing a series of 24-hour  
<sup>125</sup> Lagrangian drifts with the goal of tracking the downward motion of water parcels in the frontal  
<sup>126</sup> region.

<sup>127</sup> The ships made intensive, adaptive measurements using a variety of tools (Fig. 4). Satellite  
<sup>128</sup> imagery (altimetry, SST and Ocean Color) and realtime model output helped to target regions for  
<sup>129</sup> more detailed study. Arrays of surface drifters, totaling more than 200 drifters, were deployed  
<sup>130</sup> across target regions to measure the surface currents, strain, vorticity and convergence across the  
<sup>131</sup> front (?). This was done at more than one depth by using different drogue depths for the drifters.

132 The free-falling *UCTD* and *EcoCTD* (Dever et al. 2020) were deployed and reeled back to the  
133 ship while underway, to profile the water column at 1 m resolution in the vertical, and O(1 km)  
134 spacing in the horizontal. A freely-drifting, vertical profiling platform, the *WireWalker*, provided  
135 repeated profiling to approximately 150 m depth at 10–20 minute intervals. Using the ship, we  
136 surveyed through an evolving and translating array of drifting instruments (Fig. 4) measuring ve-  
137 locity, temperature, salinity, chlorophyll, optical backscatter and oxygen in the upper 200 m. These  
138 measurements characterized the frontal structure and identified signatures of downwelling water  
139 parcels from their temperature and salinity anomalies, and their bio-optical and oxygen signatures.  
140 Rates of mixing were measured from microstructure profiles. Water samples taken at multiple  
141 depths along- and across-front provided information on the biogeochemistry, phytoplankton types  
142 and genomic characteristics to examine the effects of subduction on the phytoplankton commu-  
143 nity. A towed chain with temperature and salinity sensors and an ADCP was used to measure the  
144 fine-scale horizontal structure. In addition, an array of 3 moorings resolved the high-frequency  
145 time-variability of the flow closer to shore during the period of ship-based observations.

146 To directly trace the three-dimensional trajectories of subducting water originating at these  
147 fronts, Lagrangian floats were deployed in convergence regions defined by these measurements.  
148 These float deployments traced the pathways of water for over 24 hours before being recovered.  
149 In future measurements, an array of 3 to 5 Lagrangian floats will be embedded within the drifter  
150 array and detailed surveys will be conducted with an autonomous underwater vehicle (*REMUS*)  
151 near the Lagrangian float and in the front.

#### 152 *d. Modeling and Analysis*

153 A hierarchy of numerical models is employed to span the range of scales from 300 km to tens of  
154 meters. Operational models run by the *Copernicus Marine Service*, *SOCIB* and the *Massachusetts*

<sup>155</sup> Institute of Technology predict the evolution of the front and circulation in response to changing  
<sup>156</sup> conditions. Other regional research models with sub-kilometer resolution simulate submesoscale  
<sup>157</sup> instabilities and features not resolved in the operational model. These occur both at strong fronts  
<sup>158</sup> and near topography where bottom friction can greatly modify the flow. Process study models  
<sup>159</sup> of frontal instability and subduction are used to track water parcel trajectories and understand the  
<sup>160</sup> mechanisms underlying their downward motion. Large-Eddy simulations are used to investigate  
<sup>161</sup> the interaction of submesoscale fronts with boundary layer turbulence, which is hypothesized to  
<sup>162</sup> play a critical role in frontal secondary circulations. Model simulations are used to help identify  
<sup>163</sup> targets for the field measurements. In particular, Lagrangian analysis methods including Finite  
<sup>164</sup> Time Lyapunov Exponents (FTLE) and coherent structure identification are used to discover how  
<sup>165</sup> surface structures that are well-sampled by dense drifter arrays can be used to predict the locations  
<sup>166</sup> of downwelling and Lagrangian pathways from the surface into the interior. Model trajectories  
<sup>167</sup> will be compared to observed transport pathways derived both indirectly, from biological tracers,  
<sup>168</sup> physical properties, and surface drifters and directly, by Lagrangian floats and gliders.

### <sup>169</sup> 3. Highlights from 2018 and 2019 observations and modeling

<sup>170</sup> The early summer (May–June 2018) and spring (Mar–Apr 2019) campaigns revealed very dif-  
<sup>171</sup> ferent conditions. In summer, thermal stratification isolates the surface layers so that deeper sub-  
<sup>172</sup> surface isopycnals are unable to outcrop at the ocean surface. Hence, Lagrangian pathways from  
<sup>173</sup> the surface did not penetrate deeper than the mixed layer depth in May–June. Subduction to depths  
<sup>174</sup> of 100–150 m occurred mostly from about 50–70 m, as revealed by chlorophyll signatures drawn  
<sup>175</sup> from the deep chlorophyll maximum (Fig 3). In the late winter, we found frontal isopycnals out-  
<sup>176</sup> cropping at the surface through 20–50 m deep mixed layers. Subduction occurred through the

177 combination of boundary layer turbulence, which carried water across the mixed layer, and frontal  
178 slumping, which isolated the bottom portion of the mixed layer (D'Asaro et al. 2018).

179 The Almeria-Oran front with distinctly contrasting water masses on the eastern flank of the east-  
180 ern Alborán gyre was the strongest front measured during the pilot study in May–June 2018. In  
181 March–April 2019, the eastern Alborán gyre was absent, but the flanks of the western gyre in-  
182 cluded a strong front that revealed signatures of subduction downstream of the meander crest. The  
183 Almeria-Oran front made its appearance in mid-April as the eastern gyre developed and persisted  
184 through the end of the glider missions in late May 2019.

185 Surface drifter arrays were useful in mapping out the mesoscale structure of the flow and in  
186 identifying fronts in real time. Analyses of trajectories of drifter clusters on scales smaller than  
187 10 km revealed alternating regions of convergence and divergence along the front, similar to what  
188 is seen in submesoscale-resolving models.

189 Our techniques successfully surveyed the mesoscale structure and measured strong subme-  
190 soscale surface convergence, vorticity and subduction. Two realizations of three-dimensional tra-  
191 jectories captured with a Lagrangian float returned to the surface within hours. In March–April  
192 2019, a Lagrangian float trajectory went from the surface mixed layer to the stratified region just  
193 below the mixed layer. Water mass analysis showed coherent features in anomalous subducted  
194 water masses at the periphery of an eddy and along a front. Our numerical models show that most  
195 three-dimensional trajectories of water parcels reverse their vertical direction on time scales of  
196 less than a day, and only a small fraction of water parcels that are subducted remain sequestered  
197 below the mixed layer. Understanding the dynamics that leads to deeper, more permanent vertical  
198 transport is an outstanding problem.

199 Numerical models are revealing the interaction between submesoscale structures and the  
200 mesoscale flow field. Modeled vertical velocities in the wintertime mixed layer are larger than

201 in the shallow summertime mixed layer, but in both cases, the mesoscale strain and frontogenesis  
202 are important for subduction. Vertical excursions of water parcels in models are correlated with  
203 the finite time Lyapunov exponents (FTLE) and other Lagrangian measures of coherent structures  
204 at the surface, suggesting that it may be plausible to detect subsurface vertical motion from surface  
205 data.

#### 206 **4. Future experimental priorities and plans**

207 Based on modeling and preliminary measurements, we hypothesize that in our experimental  
208 region, a significant component of vertical transport from the surface to below the mixed layer  
209 results from submesoscale motions. This transport is concentrated near kilometer-wide fronts with  
210 the downward component tending to be on the dense side of the fronts, thus transporting dense  
211 water downward. The location and intensity of these regions are modulated by the properties of  
212 the mesoscale and mean fields in which they are embedded and the air-sea forcing; in this sense  
213 the mesoscale and submesoscale work together to make coherent pathways for subduction.

214 An intensive field campaign is being planned for January 2021 from the research vessels  
215 *L'Atalante*, *Pelagia* and *SOCIB*. A priority will be to conduct several Lagrangian experiments  
216 with surface drifters, Lagrangian floats, profiling floats and isopycnal-tracking gliders, all within  
217 a larger scale Eulerian survey. The Lagrangian platforms will be tracked in real-time using new  
218 technologies. Furthermore, an autonomous underwater vehicle (AUV) will be used to conduct  
219 high-resolution measurements at the sharpest front. Direct measurement of vertical velocity will  
220 be attempted from drifting platforms. Bio-optical and physical properties will be measured with  
221 underway profiling equipment so as to resolve spatial variability at *submesoscales*. Models will  
222 be used to simulate and test the sampling strategies ahead of time.

223 **5. Implications and challenges**

224 Though there has been progress in diagnosing and modeling submesoscale vertical velocities,  
225 our understanding of advective transport from the surface mixed layer to pycnocline is still rudi-  
226 mentary. We find that that vertical motion occurs on a vast range of space and time scales, but  
227 much of it is reversible and does not lead to net transport on time scales beyond a few days. From  
228 the Lagrangian perspective, only a small fraction of water parcel trajectories that originate in the  
229 mixed layer end up in the stratified region below the mixed layer and remain there for days (or  
230 until the mixed layer deepens and re-entrains the water). The advective transport of water from  
231 the mixed layer in to the stratified region beneath, for which we have observational evidence, oc-  
232 curs along sloping isopycnal surfaces at fronts. But, we are yet to understand how it is controlled  
233 through the interaction of mesoscale and submesoscale dynamics and quantify the volumetric ex-  
234 change. Furthermore, the role of three-dimensional turbulence on this exchange needs to be better  
235 understood.

236 While Earth System Models are able to capture the horizontal circulation of the ocean, the rates  
237 of vertical exchange are highly sensitive to model resolution and surface forcing and are difficult  
238 to corroborate with existing observations. Better measurements, quantification, and dynamical un-  
239 derstanding of such transport will enable us to make progress in predicting where (and how much)  
240 vertical transport occurs, and possibly infer it from satellite observations in the future. Parametriz-  
241 ing such vertical exchange in large-scale circulation and climate models with biogeochemistry  
242 will impact not only heat uptake, but also the transport of nutrients, carbon, oxygen, and other  
243 properties across the mixed layer base and stratified pycnocline, affecting estimates of the ocean's  
244 biological productivity, export of carbon, and ventilation of oxygen.

245 Further information and the list of participants for CALYPSO can be found at:  
246 <https://calypsodri.whoi.edu/>

247 For further reading:

248 Chelton et al. (2011), D'Asaro et al. (2018), Fox-Kemper et al. (2008), Freilich and Mahadevan  
249 (2019), Gonçalves et al. (2019), Klein and Lapeyre (2009), Lehahn et al. (2018), Lévy et al.  
250 (2018), Mahadevan (2016), MacGilchrist et al. (2017), McWilliams et al. (2019), Omand et al.  
251 (2015), Pascual et al. (2017), Renault et al. (2012), Resplandy et al. (2019), Rodríguez et al.  
252 (2001), Rudnick (2016), Ruiz et al. (2009), Ruiz et al. (2019), Shcherbina et al. (2015), Tintoré  
253 et al. (1988), Tintoré et al. (1991)

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328 LIST OF FIGURES

- Fig. 1.** Top: Phytoplankton in the Western Mediterranean Sea captured by the NASA Aqua/MODIS satellite on March 11, 2020. Image is from the NASA Oceanscolor website, courtesy of Norman Kuring. The edge of the western and eastern Alborán gyres are strong fronts and show an accumulation of phytoplankton. The phytoplankton chlorophyll is observed subsurface from gliders and underwater ship based measurements as it is subducted at the front. Below: Absolute dynamic topography (ADT in cm) estimated from satellite altimetry at approximately the same time as the image above. The mesoscale circulation in the Alborán Sea shows the western and eastern Alborán gyres, which shape the patterns of chlorophyll. The strong fronts at the edges of the gyres show elevated chlorophyll, which is associated with horizontal advection, and likely also vertical advection as suggested by modeling (Fig. 2). . . . .

**Fig. 2.** Fields from a three-dimensional process study ocean model (PSOM) showing (a) the salinity (colors) and density structure (contours) of a frontal meander in the Alborán Sea. (b) The model was initialized with tracer within the mixed layer. After a few days, the tracer is seen to have subducted beneath the mixed layer along a three-dimensional advective pathway. (c) Vertical component of the relative vorticity (normalized by  $f$ ) (top surface) and vertical velocity (vertical sectional view) show the submesoscale character of the flow. Positive relative vorticity dominates, with values larger than  $f$  in frontal regions. Downwelling occurs in narrow, well-defined regions along the front and transports the tracer along isopycnals. These model was run by Mariona Claret and is described in Ruiz et al. (2019). . . . .

**Fig. 3.** Top: Chlorophyll (color, log-scale) and density (contours) measured by a glider crossing the front on the eastern flank of the eastern Alborán gyre in June 2018. The subduction at the front (along sloping isopycnals) is evidenced by the downward advection of phytoplankton from about 50 m to 120 m depth. Below: Absolute dynamic topography (ADT in cm) constructed from 5 satellite altimeters shows the mesoscale circulation on 5 June, 2018. The strongest ADT gradient is at the front, which differentiates Atlantic waters (roughly marked by positive ADT) from Mediterranean waters (negative ADT). The location of the glider transect is shown as a blue line. . . . .

**Fig. 4.** Schematic showing (top) our region of study (white box) in the Western Mediterranean, a meeting ground for fresher Atlantic and saltier Mediterranean waters. Satellites, underwater gliders, two ships with towed instruments, moorings, and an array of drifting instruments are used to measure the flow and property contrasts at the front. The mesoscale ( $\approx 100$  km) meander harbors a current with strong (max 1 m/s) horizontal velocities. Vertical motion occurs within select regions along the front and subducts surface water along with its phytoplankton, oxygen and other properties, beneath the mixed layer. . . . .

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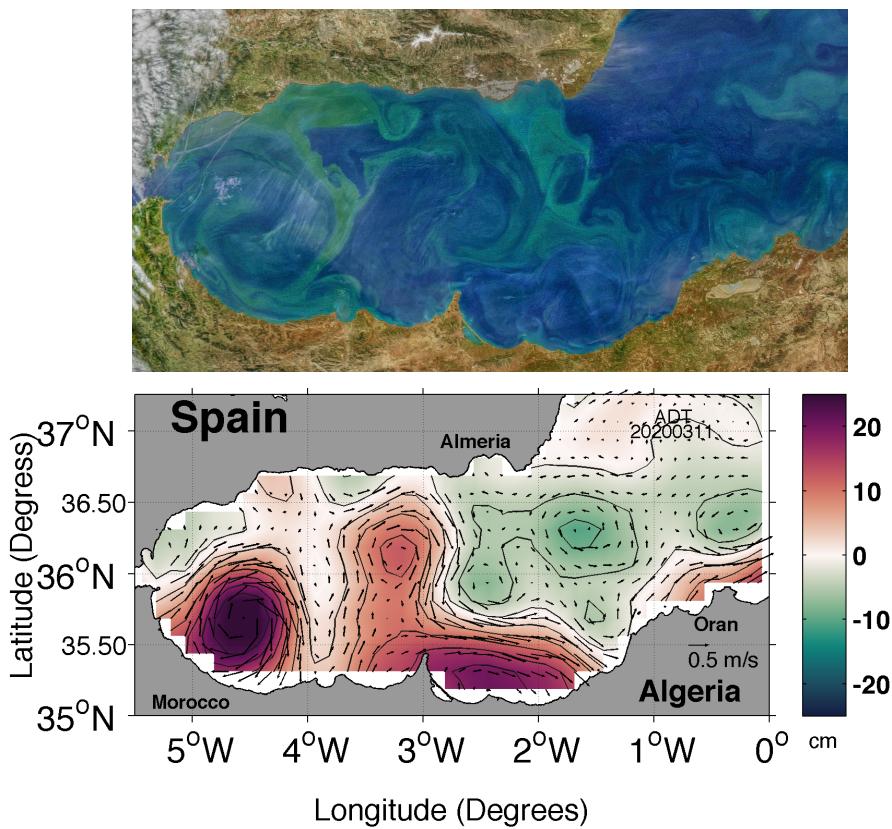


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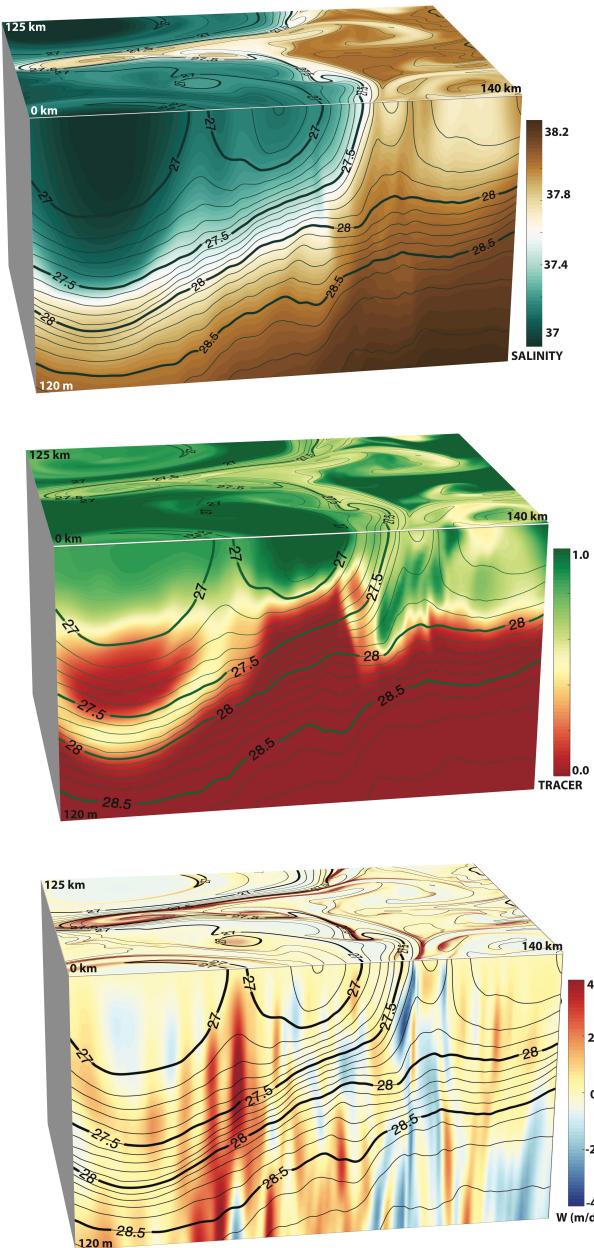
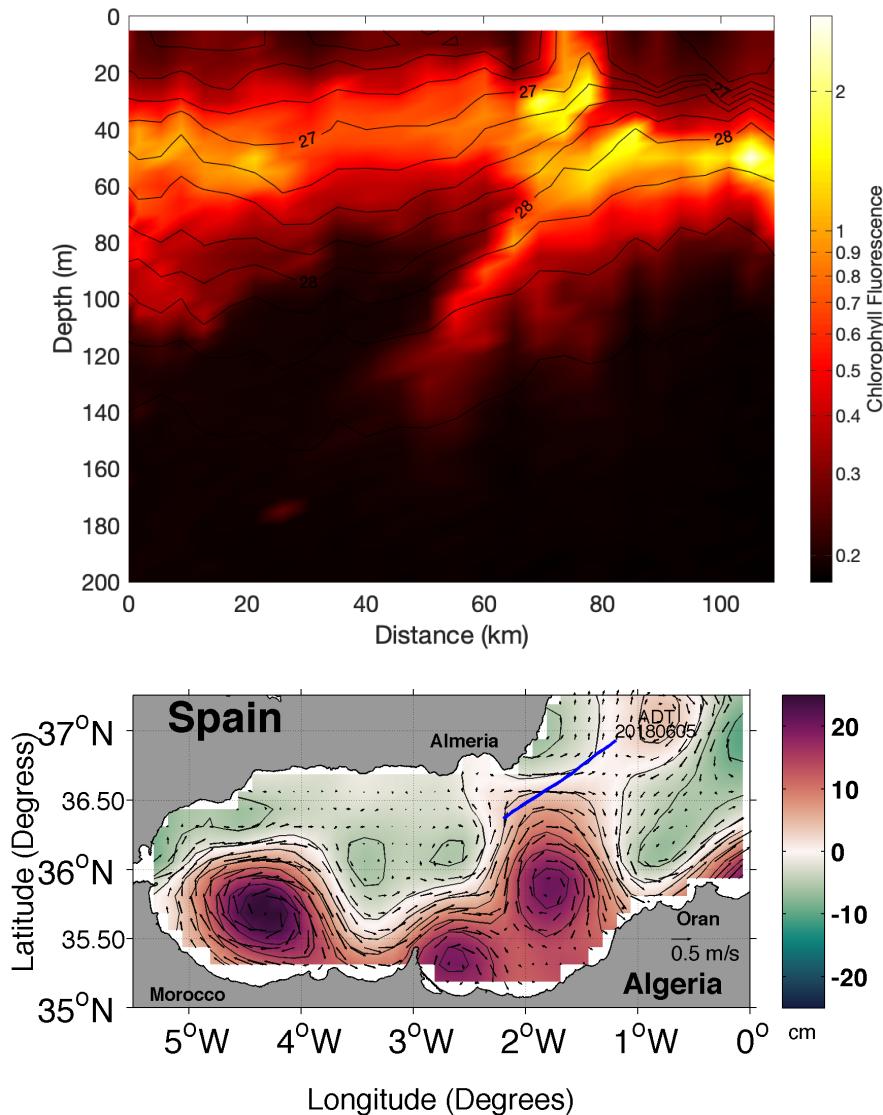
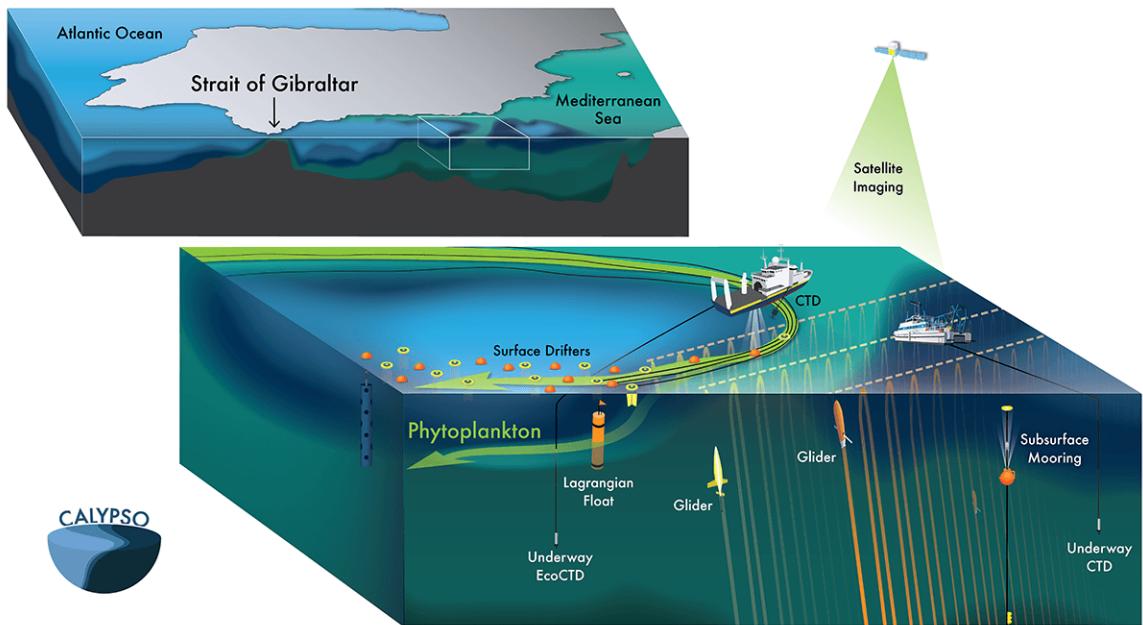


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