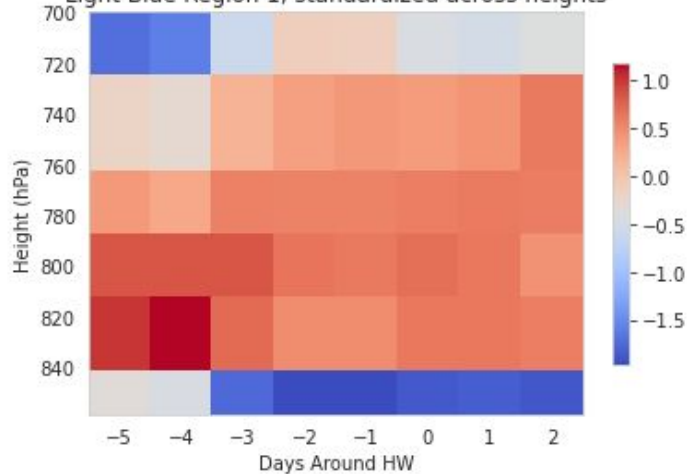


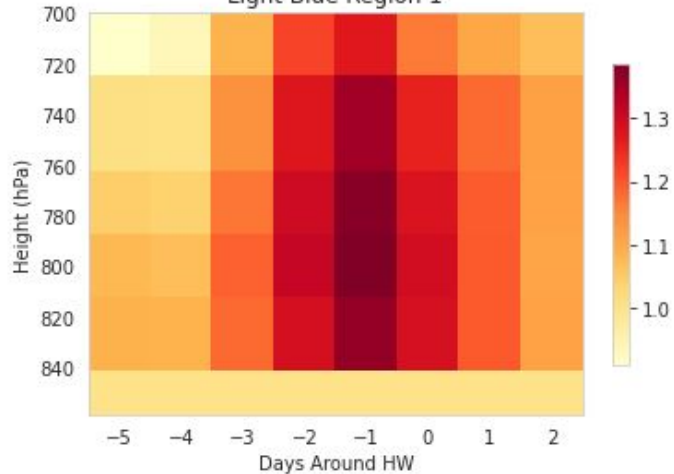
ERA5 Potential Temperature Anomalies Non-Standardized at 44.764397905759154, 243.75

Light Blue Region 1, standardized across heights



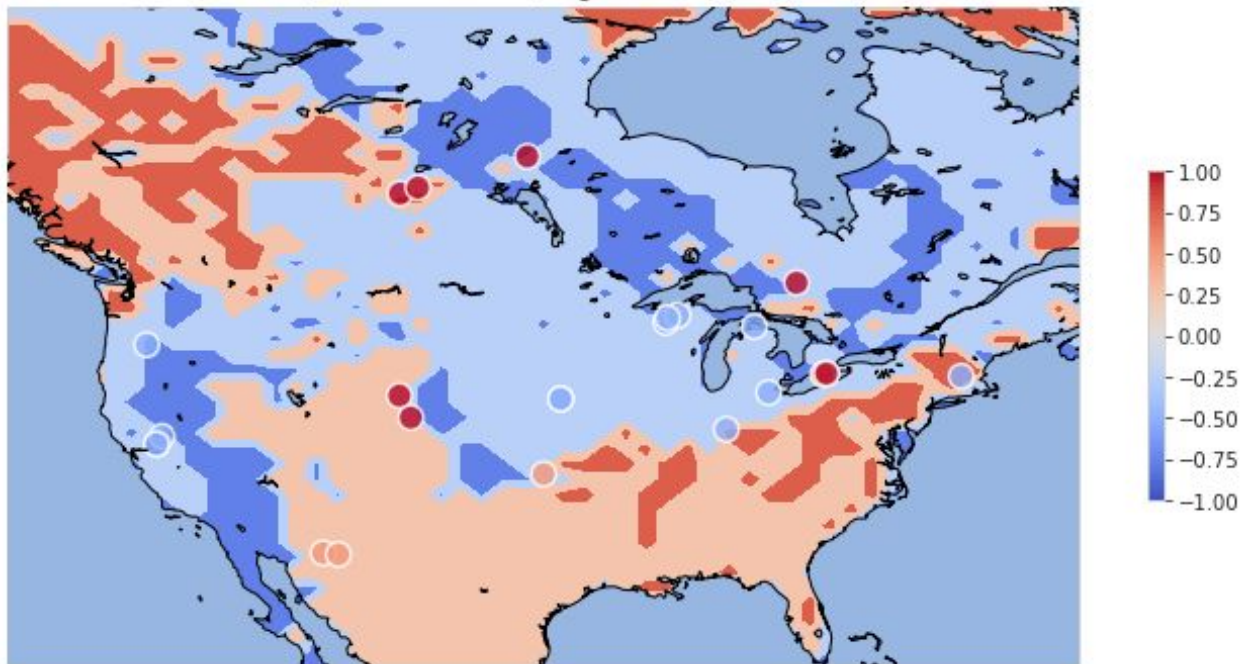
ERA5 Potential Temperature Anomalies Non-Standardized at 44.764397905759154, 243.75

Light Blue Region 1

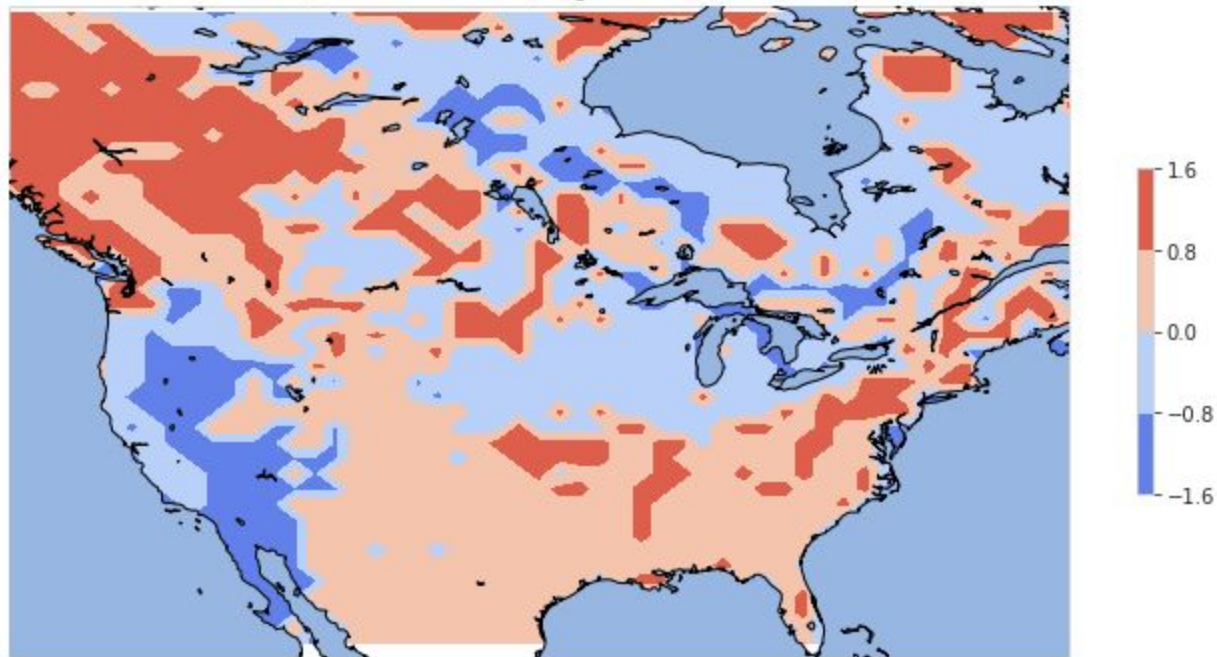


### ERA5 Quadrant Graph

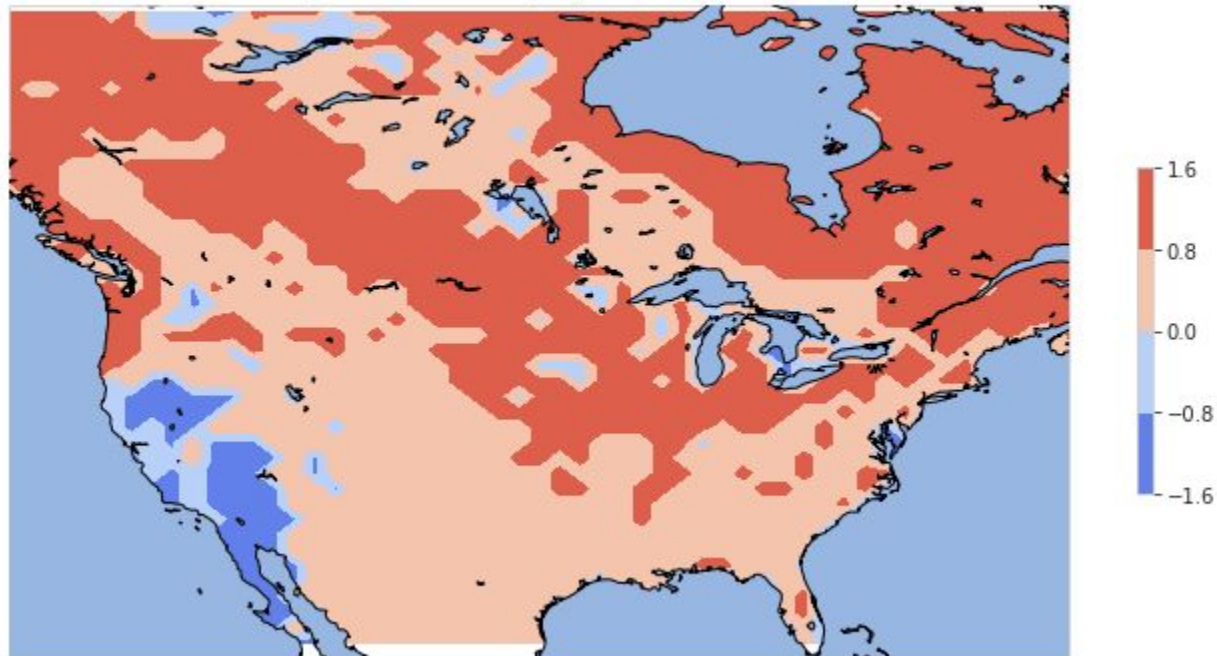
Red = ++, Salmon = +shflx, Light Blue = +lhflx, Blue = --



ERA5 Quadrant Graph 1 day before heatwaves  
Red = ++, Salmon = +shflx, Light Blue = +lhflx, Blue = --



ERA5 Quadrant Graph 3 days before heatwaves  
Red = ++, Salmon = +shflx, Light Blue = +lhflx, Blue = --



ERA5 Quadrant Graph 5 days before heatwaves  
Red = ++, Salmon = +shflx, Light Blue = +lhflx, Blue = --

