

# High-Performance Computing in Biomedical Research

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## **PREFACE**

Advances in high-performance computing (HPC) can now provide the capabilities for highly sophisticated computer modeling of biomedical phenomena. Improvements in the speed of processors, programming, and graphics interfaces allow biomedical researchers to use computing power equivalent to the supercomputers of a few years ago to investigate research problems and to display complex data in understandable ways.

The purpose of the Cray Symposium on High-Performance Computing in Biomedical Research was to summarize the current status and project promising future potentials using examples of the best practice in research today. The Cray Symposium was held on October 14 and 15 on the campus of the North Carolina Supercomputing Center at Research Triangle Park, North Carolina. This research monograph is the proceedings of that symposium.

Although HPC in biomedical research cannot be comprehensively covered within the bounds of a single book, the editors selected representative areas which emphasize applications and the framework for the future. This monograph is divided into seven sections: (1) anatomical heart models and mechanics, (2) grids and bioelectric models, (3) inverse problems and computational methods, (4) distributed computing and biomechanics, (5) HPC and cardiac electrophysiology, (6) HPC and visualization, and (7) the future. It is to future high-performance computing and biomedical research that this monograph is dedicated.

**Theo Pilkington  
Bruce Loftis  
Joe Thompson  
Savio Woo  
Thomas Palmer  
Thomas Budinger**

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Dr. Pilkington currently serves on the AIMBE Fellows Selection Committee, the IEEE/EMBS Fellows Selection Committee, the IEEE Committee on Engineering Accreditation Activities, the *CRC Critical Reviews in Bioengineering* Editorial Board, and the Whitaker Foundation Scientific Advisory Committee. He has also served as Editor of *CRC Critical Reviews in Bioengineering* and *IEEE Transactions on Biomedical Engineering* and on the Editorial Board of the *Proceedings of the IEEE*. He has served as principal investigator on numerous grants, including a Cardiovascular Biomedical Engineering Training Grant, now in its 26th year of continuous NIH funding. He has served as an accreditation visitor or consultant to a large majority of the 22 accredited biomedical engineering programs, chaired the IEEE/ASME Committee that established Guidelines for Accreditation of Biomedical Engineering Programs, and was instrumental in establishing institutional commitment and critical faculty mass as requirements for biomedical engineering accreditation.

Honors include the ASEE Biomedical Engineering Educator of the Year Award, IEEE Centennial Medal, selection as an IEEE Fellow and as an AIMBE Founding Fellow, and his Ridge Woode Beagles winning the NBC Five Couple competition three years in a row (1985, 1986, and 1987).

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Aerodynamics and computational fluid dynamics have been Dr. Thompson's teaching areas, and his many years of research have been concentrated in numerical grid generation and its use in computational fluid dynamics. He has published numerous journal articles and conference presentations in the area of numerical grid generation and has been a consultant in this area for the aerospace, automotive, petroleum, nuclear, and civil engineering industries. In 1985, with colleagues, he authored a definitive text on numerical grid generation.

Dr. Thompson currently serves as senior associate editor for the journal *Applied Mathematics and Computation*, and he is associate editor for *Numerical Heat Transfer*. Among the honors and awards that have come his way are the Faculty Achievement Award for Teaching and Research at Mississippi State University in 1975, and in 1988, the Outstanding Faculty Award for the College of Engineering—one of his highest honors, for it was the result of the vote of his colleagues in the College.

He is a member of AIAA, SIAM, and the IEEE Computer Society and has served on the Fluid Dynamics Technical Committee of the AIAA. In 1992, Dr. Thompson received the Aerodynamics Award of the AIAA with the citation "for meritorious achievement in the field of applied aerodynamics recognizing notable contributions in numerical grid generation which have revolutionized computational aerodynamics for realistic configurations and complex flowfields."

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## TABLE OF CONTENTS

### PART I: ANATOMICAL HEART MODELS AND MECHANICS

Chapter 1	
An Anatomical Heart Model with Applications to Myocardial Activation and Ventricular Mechanics . . . . .	3
<b>Peter J. Hunter, Poul M. F. Nielsen, Bruce H. Smaill, Ian J. LeGrice, and Ian W. Hunter</b>	
Chapter 2	
Large-Scale Finite Element Analysis of the Beating Heart . . . . .	27
<b>Andrew McCulloch, Julius Guccione, Lewis Waldman, and Jack Rogers</b>	
Chapter 3	
Cardiac Fluid Dynamics . . . . .	51
<b>Charles S. Peskin and David M. McQueen</b>	

### PART II: GRIDS AND BIOELECTRIC MODELS

Chapter 4	
Structured and Unstructured Grid Generation . . . . .	63
<b>Joe F. Thompson and Nigel P. Weatherill</b>	
Chapter 5	
Skeletal Muscle Grids for Assessing Current Distributions from Defibrillation Shocks . . . . .	113
<b>John Schmidt, Boyd Gatlin, James Eason, George Koomullil, and Theo Pilkington</b>	

### PART III: INVERSE PROBLEMS AND COMPUTATIONAL METHODS

Chapter 6	
The Electrocardiographic Inverse Problem . . . . .	135
<b>Yoram Rudy and Howard S. Oster</b>	
Chapter 7	
Generalized Approach to Inverse Problems in Tomography: Image Reconstruction for Spatially Variant Systems Using Natural Pixels . . . . .	157
<b>John R. Baker, Thomas F. Budinger, and Ronald H. Huesman</b>	

### PART IV: DISTRIBUTED COMPUTING AND BIOMECHANICS

Chapter 8	
High-Performance Computing, High-Speed Networks, and Configurable Computing Environments: Progress Toward Fully Distributed Computing . . . . .	185
<b>William E. Johnston, Van L. Jacobson, Stewart C. Loken, David W. Robertson, and Brian L. Tierney</b>	

Chapter 9	
Finite Element Methods for the Biomechanics of Soft Hydrated Tissues: Nonlinear Analysis and Adaptive Control of Meshes . . . . .	227
<b>Robert L. Spilker, Edgard S. de Almeida, and Peter S. Donzelli</b>	

Chapter 10	
Bone Remodeling Around Total Hip Implants . . . . .	263
<b>Patrick Smolinski and Harry E. Rubash</b>	

## **PART V: HPC AND CARDIAC ELECTROPHYSIOLOGY**

Chapter 11	
A Multidimensional Model of Cellular Effects on the Spread of Electrotonic Currents and on Propagating Action Potentials . . . . .	289
<b>Madison S. Spach and J. Francis Heidlage</b>	

Chapter 12	
Cardiac Propagation Simulation . . . . .	319
<b>Andrew E. Pollard, Nigel Hooke, and Craig S. Henriquez</b>	

Chapter 13	
Models of the Spreading of Excitation in Myocardial Tissue . . . . .	359
<b>Piero Colli Franzone and Luciano Guerri</b>	

Chapter 14	
The Use of Spectral Methods in Bidomain Studies . . . . .	403
<b>Natalia Trayanova and Theo Pilkington</b>	

## **PART VI: HPC AND VISUALIZATION**

Chapter 15	
Visualization of Bioelectric Phenomena . . . . .	429
<b>Thomas C. Palmer, Edward V. Simpson, Katherine M. Kavanagh, and William M. Smith</b>	

Chapter 16	
Impact of Massively Parallel Computation on Protein Structure Determination . . . . .	447
<b>Richard C. Brower and Charles DeLisi</b>	

Chapter 17	
High-Performance Computing in Radiation Cancer Treatment . . . . .	465
<b>Julian Rosenman and Timothy Cullip</b>	

## **PART VII: THE FUTURE**

Chapter 18	
Grand Challenges in Biomedical Computing . . . . .	479
<b>John A. Board, Jr.</b>	

<b>INDEX . . . . .</b>	<b>505</b>
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## *Part I: Anatomical Heart Models and Mechanics*



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Chapter 1

**AN ANATOMICAL HEART MODEL WITH APPLICATIONS  
TO MYOCARDIAL ACTIVATION  
AND VENTRICULAR MECHANICS**

**Peter J. Hunter, Poul M. F. Nielsen, Bruce H. Smaill,  
Ian J. LeGrice, and Ian W. Hunter**

**TABLE OF CONTENTS**

I.	Introduction . . . . .	4
II.	Prolate Spheroidal Coordinates . . . . .	5
III.	Finite Element Basis Functions . . . . .	6
IV.	Ventricular Geometry . . . . .	9
V.	The Muscular Architecture of the Ventricles . . . . .	14
VI.	Muscle Fiber Orientations . . . . .	15
VII.	Myocardial Sheet Organization . . . . .	18
VIII.	Purkinje Fibers and Coronary Vessels . . . . .	18
IX.	Orthotropic Constitutive Laws . . . . .	20
X.	Summary . . . . .	24
	References . . . . .	25

## ABSTRACT

A three-dimensional finite element model of the mechanical and electrical behavior of the heart is being developed in a collaboration among Auckland University, New Zealand; the University of California at San Diego, U.S.; and McGill University, Canada.

The equations of continuum mechanics from the theory of finite deformation elasticity are formulated in a prolate spheroidal coordinate system and solved using a combination of Galerkin and collocation techniques. The finite element basis functions used for the dependent and independent variables range from linear Lagrange to cubic Hermite, depending on the degree of spatial variation and continuity required for each variable. Orthotropic constitutive equations derived from biaxial testing of myocardial sheets are defined with respect to the microstructural axes of the tissue at the Gaussian quadrature points of the model. In particular, we define the muscle fiber orientation and the newly identified myocardial sheet axis orientation throughout the myocardium using finite element fields with nodal parameters fitted by least-squares to comprehensive measurements of these variables. Electrical activation of the model is achieved by solving the FitzHugh–Nagumo equations with collocation at fixed material points of the anatomical finite element model. Electrical propagation relies on an orthotropic conductivity tensor defined with respect to the local material axes. The mechanical constitutive laws for the Galerkin continuum mechanics model are (1) an orthotropic “pole–zero” law for the passive mechanical properties of myocardium and (2) a Wiener cascade model of the active mechanical properties of the muscle fibers.

This chapter concentrates on two aspects of the model: first, grid generation, including both the generation of nodal coordinates for the finite element mesh and the generation of orthotropic material axes at each computational point, and, second, the formulation of constitutive laws suitable for numerically intensive finite element computations. Extensions to this model and applications to the mechanical and electrical function of the heart are described in Chapter 2 by McCulloch and co-workers.

## I. INTRODUCTION

Two recent developments, one in numerical analysis and the other in computer hardware, have provided the tools for a powerful new approach to solving an age-old problem: How does the heart beat and what should be done when it fails? First, the development of the finite element method of numerical analysis has enabled the complex anatomy of the heart to be described mathematically in a form that can be coupled with well-established physical laws governing both the mechanics and the electrical activity of deformable excitable media. Second, computer workstations capable of solving the resulting equations and displaying the time-dependent three-dimensional modeling results are now available. When combined with currently available technology for clinically imaging the heart, these mathematical modeling tools offer exciting opportunities for real progress in the diagnosis and treatment of heart disease.

In this chapter, we argue that the problem of three-dimensional grid generation in cardiac modeling involves a great deal more than simply providing an accurate representation of the geometry of the heart. It is necessary to develop mathematical formulations that can incorporate appropriate descriptions of relevant cardiac anatomy at both the macroscopic and the microscopic levels. The electrical and mechanical

properties of cardiac tissue are inhomogeneous and anisotropic, and the anisotropy is closely associated with the local organization of cardiac muscle cells. Although the muscular architecture of the heart is complex and spatially varying, it is nonetheless surprisingly well ordered, and we are developing a clear understanding of its hierarchical organization. As a result, it is possible to identify material axes for the formulation of constitutive laws based on local microstructure and to characterize the spatial variation of these material coordinate axes throughout the heart walls.

A solution of the governing equations on the computational heart mesh requires that the material constitutive laws be defined at the Gaussian quadrature or collocation points of the mesh. Thus, the spatially varying material coordinate axes needed to express the constitutive laws may be defined mathematically by finite element basis functions and nodal parameters in a manner completely analogous to the description of mesh geometry. The geometric, material, and dependent variables are given finite element bases appropriate to their degree of spatial nonuniformity. By using interpolation functions in the plane of the wall that are of different order from the transmural interpolation functions, the total number of degrees of freedom to achieve a given numerical accuracy is minimized.

We also consider the problem of finding suitable forms of constitutive law for the passive and active mechanical properties of myocardial tissue, based on these fitted material axes. The formulation of these laws is the most challenging problem facing cardiac modelers, and we consider it here only briefly and only to emphasize the requirements of the formulation in relation to large-scale numerical computation with the model.

The finite element heart model described here is developed further and used to examine some aspects of cardiac behavior by McCulloch and co-workers in Chapter 2.

## II. PROLATE SPHEROIDAL COORDINATES

We begin our definition of the finite element model by introducing orthogonal prolate spheroidal coordinates that more closely match the geometry of the heart than rectangular Cartesian coordinates. A material point in the myocardium described by the coordinates  $(\lambda, \mu, \theta)$  has rectangular Cartesian coordinates

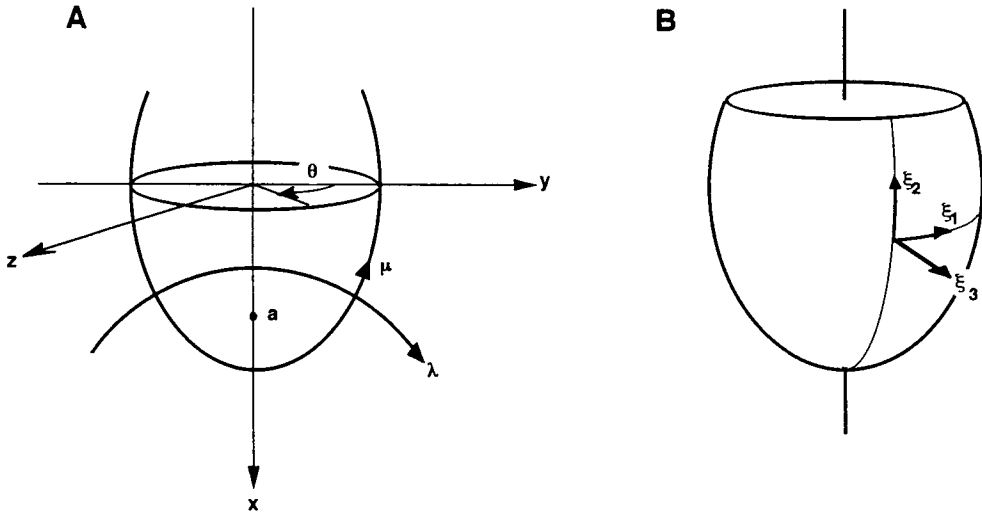
$$x = a \cosh \lambda \cos \mu,$$

$$y = a \sinh \lambda \sin \mu \cos \theta,$$

$$z = a \sinh \lambda \sin \mu \sin \theta,$$

where  $a$  is the location of the focus on the  $x$ -axis, as shown in Figure 1A. The  $\lambda$ -coordinate is directed transmurally, the  $\mu$ -coordinate runs azimuthally from apex ( $\mu = 0$ ) to base along an elliptical path, and the  $\theta$ -coordinate is circumferential with  $\theta = 0$  placed (arbitrarily) at the center of the right ventricular free wall.

By defining a finite element model of the heart geometry with prolate spheroidal coordinate parameters, the number of elements needed to represent the complex three-dimensional geometry is minimized, and a reasonable first-order (confocal ellipsoid) approximation to the left ventricle may be obtained with one element only. This ability to obtain accurate solutions with one or a few elements is particularly useful when establishing the validity of the numerical code by comparing finite element solutions of geometrically simple mechanics problems with known analytical solutions. Another reason for choosing prolate spheroidal coordinates in preference



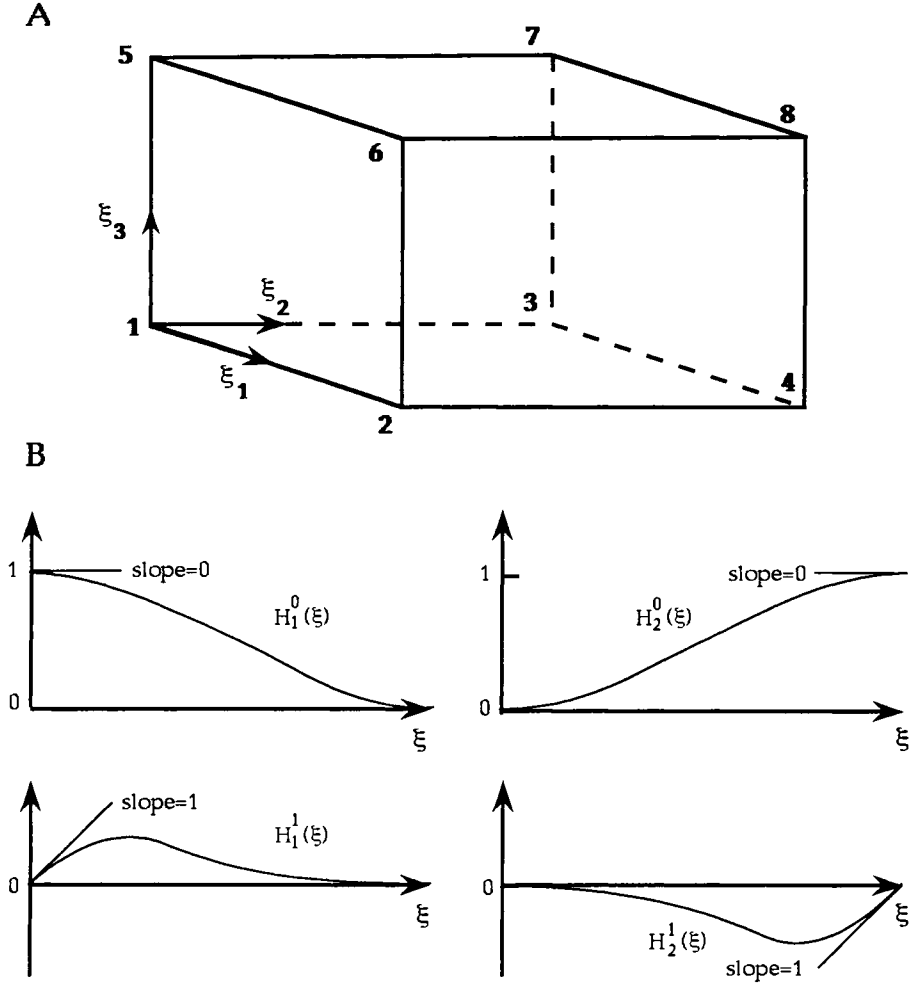
**FIGURE 1.** The cardiac prolate spheroid coordinate system. (A) The prolate spheroid coordinate system ( $\lambda, \mu, \theta$ ) in relation to the rectangular coordinates ( $x, y, z$ );  $a$  is the focus. An ellipsoid of revolution about the  $x$ -axis is represented by  $\lambda = \text{constant}$ . (B) Element material coordinates ( $\xi_1, \xi_2, \xi_3$ ) lie in the circumferential, azimuthal, and radial directions, respectively.

to rectangular coordinates is that the geometric nodal coordinates can then be found by a linear (rather than a nonlinear) least-squares data fitting procedure (see below). A further advantage will be apparent shortly when we use high-order (cubic Hermite) finite element basis functions for  $\lambda$ , to model the curved endocardial and epicardial ventricular surfaces, but we can limit  $\mu$  and  $\theta$  to low-order (linear Lagrange) basis functions. Finally, the prolate spheroidal focus parameter provides a convenient means of scaling the overall size of a model heart—for example, to compare the shapes of hearts of different weights.

### III. FINITE ELEMENT BASIS FUNCTIONS

We adopt the standard piecewise polynomial approximation methods characteristic of the finite element method.<sup>1</sup> The value of some scalar variable  $u$  at the normalized element coordinates  $\xi_i$  ( $0 < \xi_1, \xi_2, \xi_3 < 1$ ) is approximated by an interpolation of parameters defined at the element nodes. The element material coordinates  $\xi_1, \xi_2$ , and  $\xi_3$  are chosen to lie in the circumferential, azimuthal, and transmural directions, respectively, as shown in Figure 1B. For linear interpolation, these parameters are simply the values of the variable  $u$  at the nodes of the element. Thus, a trilinear interpolation of the nodal values  $u_n$  ( $n = 1, \dots, 8$ ) is

$$\begin{aligned}
 u(\xi_1, \xi_2, \xi_3) = & L_1(\xi_1)L_1(\xi_2)L_1(\xi_3)u_1 + L_2(\xi_1)L_1(\xi_2)L_1(\xi_3)u_2 \\
 & + L_1(\xi_1)L_2(\xi_2)L_1(\xi_3)u_3 + L_2(\xi_1)L_2(\xi_2)L_1(\xi_3)u_4 \\
 & + L_1(\xi_1)L_1(\xi_2)L_2(\xi_3)u_5 + L_2(\xi_1)L_1(\xi_2)L_2(\xi_3)u_6 \\
 & + L_1(\xi_1)L_2(\xi_2)L_2(\xi_3)u_7 + L_2(\xi_1)L_2(\xi_2)L_2(\xi_3)u_8,
 \end{aligned}$$



**FIGURE 2.** Finite element interpolation. (A) A three-dimensional cuboid in  $\xi_i$ -coordinate space ( $0 < \xi_1, \xi_2, \xi_3 < 1$ ) with eight nodes at the vertices in the order shown. (B) One-dimensional cubic Hermite interpolation functions. The three-dimensional basis functions are formed from a tensor product of one-dimensional Lagrange or Hermite interpolants.

where  $L_1(\xi) = 1 - \xi$  and  $L_2(\xi) = \xi$  are one-dimensional linear Lagrange basis functions, and the nodes, located at the vertices of a three-dimensional cuboid, are numbered as shown in Figure 2A.

This trilinear Lagrange interpolation maintains the continuity of  $u$  throughout the mesh, but does not ensure the continuity of the spatial gradient of  $u$ . Continuity of gradient across element boundaries can be achieved with cubic Hermite basis functions and nodal parameters that include the derivatives of  $u$  with respect to the  $\xi_i$ -coordinates as well as the values of  $u$  itself. For example, a bicubic Hermite interpolation of  $u$  over the  $(\xi_1, \xi_2)$ -plane is given by

$$\begin{aligned} u(\xi_1, \xi_2) = & H_1^0(\xi_1)H_1^0(\xi_2)u_1 + H_2^0(\xi_1)H_1^0(\xi_2)u_2 \\ & + H_1^0(\xi_1)H_2^0(\xi_2)u_3 + H_2^0(\xi_1)H_2^0(\xi_2)u_4 \end{aligned}$$

$$\begin{aligned}
& + H_1^1(\xi_1)H_1^0(\xi_2)\left(\frac{\partial u}{\partial \xi_1}\right)_1 + H_2^1(\xi_1)H_1^0(\xi_2)\left(\frac{\partial u}{\partial \xi_1}\right)_2 \\
& + H_1^1(\xi_1)H_2^0(\xi_2)\left(\frac{\partial u}{\partial \xi_1}\right)_3 + H_2^1(\xi_1)H_2^0(\xi_2)\left(\frac{\partial u}{\partial \xi_1}\right)_4 \\
& + H_1^0(\xi_1)H_1^1(\xi_2)\left(\frac{\partial u}{\partial \xi_2}\right)_1 + H_2^0(\xi_1)H_1^1(\xi_2)\left(\frac{\partial u}{\partial \xi_2}\right)_2 \\
& + H_1^0(\xi_1)H_2^1(\xi_2)\left(\frac{\partial u}{\partial \xi_2}\right)_3 + H_2^0(\xi_1)H_2^1(\xi_2)\left(\frac{\partial u}{\partial \xi_2}\right)_4 \\
& + H_1^1(\xi_1)H_1^1(\xi_2)\left(\frac{\partial^2 u}{\partial \xi_1 \partial \xi_2}\right)_1 + H_2^1(\xi_1)H_1^1(\xi_2)\left(\frac{\partial^2 u}{\partial \xi_1 \partial \xi_2}\right)_2 \\
& + H_1^1(\xi_1)H_2^1(\xi_2)\left(\frac{\partial^2 u}{\partial \xi_1 \partial \xi_2}\right)_3 + H_2^1(\xi_1)H_2^1(\xi_2)\left(\frac{\partial^2 u}{\partial \xi_1 \partial \xi_2}\right)_4,
\end{aligned}$$

where the one-dimensional cubic Hermite basis functions, defined by

$$\begin{aligned}
H_1^0(\xi) &= 1 - 3\xi^2 + 2\xi^3, & H_1^1(\xi) &= \xi(\xi - 1)^2, \\
H_2^0(\xi) &= \xi^2(3 - 2\xi), & H_2^1(\xi) &= \xi^2(\xi - 1),
\end{aligned}$$

are illustrated in Figure 2B.

The interpolation of the first derivatives  $\partial u/\partial \xi_1$ ,  $\partial u/\partial \xi_2$  and cross derivatives  $\partial^2 u/\partial \xi_1 \partial \xi_2$  at the element nodes would ensure the continuity of  $\partial u/\partial \xi_1$  and  $\partial u/\partial \xi_2$  throughout the model if elements were evenly spaced. However, because  $\xi_1$  is an element coordinate, the value of  $\partial u/\partial \xi_1$  at one element vertex will not necessarily be the same as the value of  $\partial u/\partial \xi_1$  at the vertex of an adjacent element that is associated with the same global node. We must therefore define the derivative of  $u$  with respect to some globally continuous parameter, such as arclength, at the global nodes. Thus, the derivative of  $u$  with respect to the arclength  $s_1$  in the  $\xi_1$  direction is  $\partial u/\partial s_1$ , and we define the element derivative  $\partial u/\partial \xi_1$  by

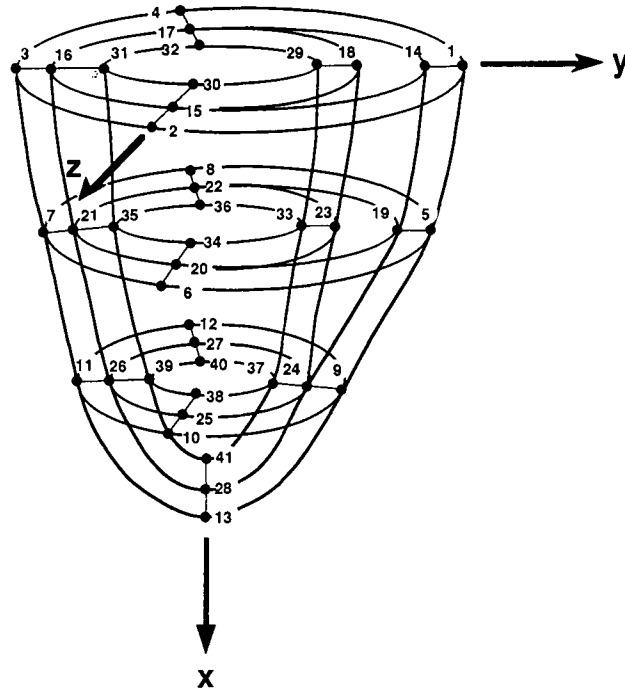
$$\frac{\partial u}{\partial \xi_1} = \frac{\partial u}{\partial s_1} \cdot \frac{ds_1}{d\xi_1},$$

where  $ds_1/d\xi_1$  is an element scaling factor that accounts for any differences in  $\xi_1$  spacing with arclength in contiguous elements (notice that  $s_1$ , by definition, does not vary with  $\xi_2$ ). A similar argument holds for  $\xi_2$ , giving

$$\frac{\partial u}{\partial \xi_2} = \frac{\partial u}{\partial s_2} \cdot \frac{ds_2}{d\xi_2}$$

and

$$\frac{\partial^2 u}{\partial \xi_1 \partial \xi_2} = \frac{\partial^2 u}{\partial s_1 \partial s_2} \cdot \frac{ds_1}{d\xi_1} \frac{ds_2}{d\xi_2}.$$



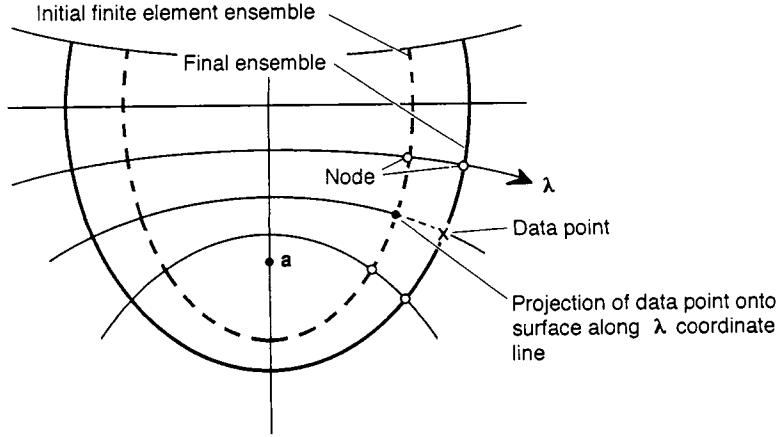
**FIGURE 3.** Schematic diagram of the finite element mesh. Node numbers are shown. The free wall of the right ventricle is represented by four elements (nodes 1, 2, 4, 5, 6, 8, 9, 10, 12, 14, 15, 17, 19, 20, 22, 24, 25, 27).

The parameters  $u$ ,  $\partial u / \partial s_1$ ,  $\partial u / \partial s_2$ , and  $\partial^2 u / \partial s_1 \partial s_2$  defined at the nodes of the finite element mesh, together with the element scaling factors  $ds_1 / d\xi_1$ ,  $ds_2 / d\xi_2$  and the cubic Hermite interpolation functions given above, allow two-dimensional interpolation of  $u$  with  $C^1$  continuity (continuity of gradient) across element boundaries. Tensor-product combinations of Lagrange and Hermite basis functions (e.g., bicubic Hermite in the  $(\xi_1, \xi_2)$ -plane and linear Lagrange in the  $\xi_3$ -direction, or bilinear Lagrange in the  $(\xi_1, \xi_2)$ -plane and cubic Hermite in the  $\xi_3$ -direction, etc.) can be used to provide a very flexible and powerful means of defining field variables over the myocardium.

#### IV. VENTRICULAR GEOMETRY

The first set of field variables that need to be defined at the nodes of the mesh are the geometric variables  $(\lambda, \mu, \theta)$ . To model the complex shape of the endocardial and epicardial surfaces, we use a bicubic Hermite basis for  $\lambda$  in the  $(\xi_1, \xi_2)$ -wall plane and a linear Lagrange basis in the transmural  $\xi_3$ -direction. There would be no gain in accuracy by making  $\lambda$  cubic Hermite in the  $\xi_3$ -direction. Similarly, there is little to be gained by using cubic Hermite basis functions for  $\mu$  and  $\theta$  in any of the  $\xi_i$ -directions, and we therefore economize on the number of geometric parameters required to model the geometry of the heart by using trilinear bases for  $\mu$  and  $\theta$ .

The topology of the initial finite element mesh defining the heart geometry is shown in Figure 3. The mesh has four elements in the circumferential direction, three in the azimuthal direction, and two transmurally, giving a total of 24 elements and 41



**FIGURE 4.** Schematic diagram of linear least-squares fit of finite element ensemble to geometric data in prolate spheroid coordinate system.

nodes. To fit the nodal parameters of the mesh to the measured geometry of the epicardial and endocardial surfaces of the heart, the nodal values of  $\theta$  and  $\mu$  are held fixed and the nodal values of  $\lambda$ ,  $\partial\lambda/\partial s_1$ ,  $\partial\lambda/\partial s_2$ , and  $\partial^2\lambda/\partial s_1\partial s_2$  are fitted using a least-squares algorithm.

The choice of a prolate spheroidal coordinate system for describing the geometry of the heart has a major benefit when fitting the nodal coordinates of the model to the surface measurements because only the radial  $\lambda$ -coordinate need enter the least-squares fitting procedure. Consider a data point  $d$  measured on the epicardial surface of the heart (see Figure 4). By assuming that the surface element coordinates  $(\xi_1^d, \xi_2^d)$ , obtained from the orthogonal projection of data point  $d$  onto the model surface, do not change at all from their initial values, a linear-fitting procedure may be obtained by minimizing the sum (over the total number of data points  $n$ ) of squares

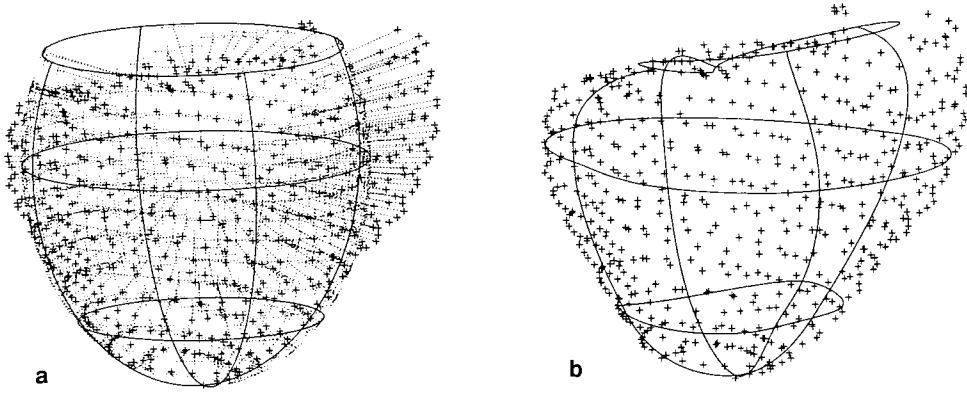
$$S = \sum_d W_d (\lambda(\xi_1^d, \xi_2^d) - \lambda_d)^2, \quad (1)$$

where  $\lambda_d$  is the  $\lambda$ -coordinate of the measured point  $d$ ,  $\lambda(\xi_1^d, \xi_2^d)$  is the  $\lambda$ -coordinate of the projection of data point  $d$  onto the model surface *along lines of constant  $\mu$  and  $\theta$* , and  $W_d$  is a weight associated with data point  $d$ .  $\lambda(\xi_1^d, \xi_2^d)$  is given by a bicubic Hermite interpolation of the nodal parameters  $\lambda_n$ ,  $\partial\lambda_n/\partial s_1$ ,  $\partial\lambda_n/\partial s_2$ , and  $\partial^2\lambda_n/\partial s_1\partial s_2$ , and the sum of squares is minimized with respect to these parameters.

Although minimizing the sum of squares given by Equation 1 is not the same as minimizing a Euclidean norm, the difference in fitting surface parameters is negligible in comparison with mean measurement error, and the computational cost of this linear fitting procedure is orders of magnitude less than the cost of the nonlinear procedure.<sup>2</sup>

The arclengths  $s_1$  and  $s_2$  are defined to be linear with respect to  $\xi_1$  and  $\xi_2$ , respectively, in the initial unfitted finite element mesh and are not altered during the fitting procedure. Because  $\theta$  and  $\mu$  are constrained to be linear in  $\xi_1$  and  $\xi_2$  by the choice of basis function,  $\xi_1$  and  $\xi_2$  are linear in  $\theta$  and  $\mu$  and therefore cannot be linear in arclength on the fitted mesh. Thus,  $s_1$  and  $s_2$  should be interpreted, not as physical arclengths, but as arbitrary parameters specified along the  $\xi_1$ - and





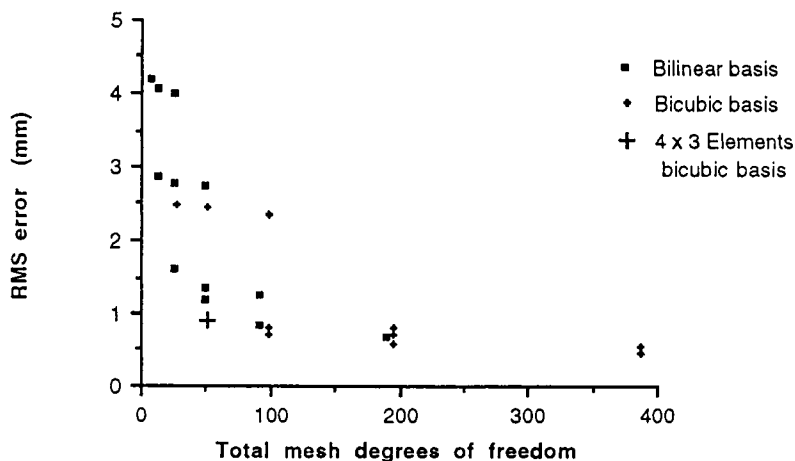
**FIGURE 5.** Least-squares fitting of finite element nodal  $\lambda$  parameters to epicardial geometry measurements. Data points projected onto (a) initial prolate spheroid and (b) optimized finite element surface mesh. The dotted line projections are from data points to sites on the mesh with the same  $\mu$ ,  $\theta$  coordinates.

$\xi_2$ -coordinate directions, respectively, which provide the connection between global derivatives and element derivatives in the cubic Hermite interpolation. They are arbitrary to the extent that they only appear in products such as  $(\partial\lambda/\partial s_1) \cdot (ds_1/d\xi_1)$  and can therefore be scaled by an arbitrary multiplicative constant provided the scaling is applied consistently. If  $\xi_1$ -coordinate lines are to follow  $\mu = \text{constant}$  trajectories and  $\xi_2$ -coordinate lines are to follow  $\theta = \text{constant}$  trajectories, we could choose  $s_1$  to be  $\theta$  and  $s_2$  to be  $\mu$ . However, this is not possible here where, for example, the boundaries of the right ventricle are modeled by  $\xi_2$ -coordinate lines which vary with both  $\theta$  and  $\mu$ .

Fifty-two degrees of freedom are available as fitting parameters for the epicardial surface, whereas left and right endocardial surfaces are fitted using 52 and 44 parameters, respectively. The fitting procedure is illustrated in Figure 5, which shows the epicardial data points projected onto the epicardial surface mesh before (Figure 5a) and after (Figure 5b) fitting. The nodes defining the right ventricular boundaries (where free and septal endocardial surfaces become continuous) require special attention because there are surface data only to one side of these nodes. Because the surface derivatives at these sites are very sensitive to local surface irregularities, we allow  $\lambda$  at these nodes to enter the fit to the local surface data, but we fix the derivative at the adjacent epicardial value. This constraint is justified by the fact that the thin-walled right ventricle at its borders is parallel to the epicardium.

The full geometric model is obtained by combining the nodal information from the three surface fits as illustrated in Plates 1 and 2.\* For this typical dog heart, the epicardial surface has been fitted to 803 measured coordinates, while the endocardial surfaces of the right and left ventricles are based on 770 and 846 data points, respectively. The time required to fit each of these surfaces is about 1 min on an 8MB VaxStation 3100. The use of four elements in the circumferential direction and three in the azimuthal direction provides a faithful representation of the epicardial surface with rms errors  $< 0.9$  mm. Justification for the choice of the 12 surface elements for the epicardium is given in Figure 6 and Table 1. Increasing the number of elements gives little improvement, whereas reducing the number of elements or dropping to a bilinear basis significantly increases the error. However, the 12-element surface mesh

\* Plates 1 and 2 appear following page 49.



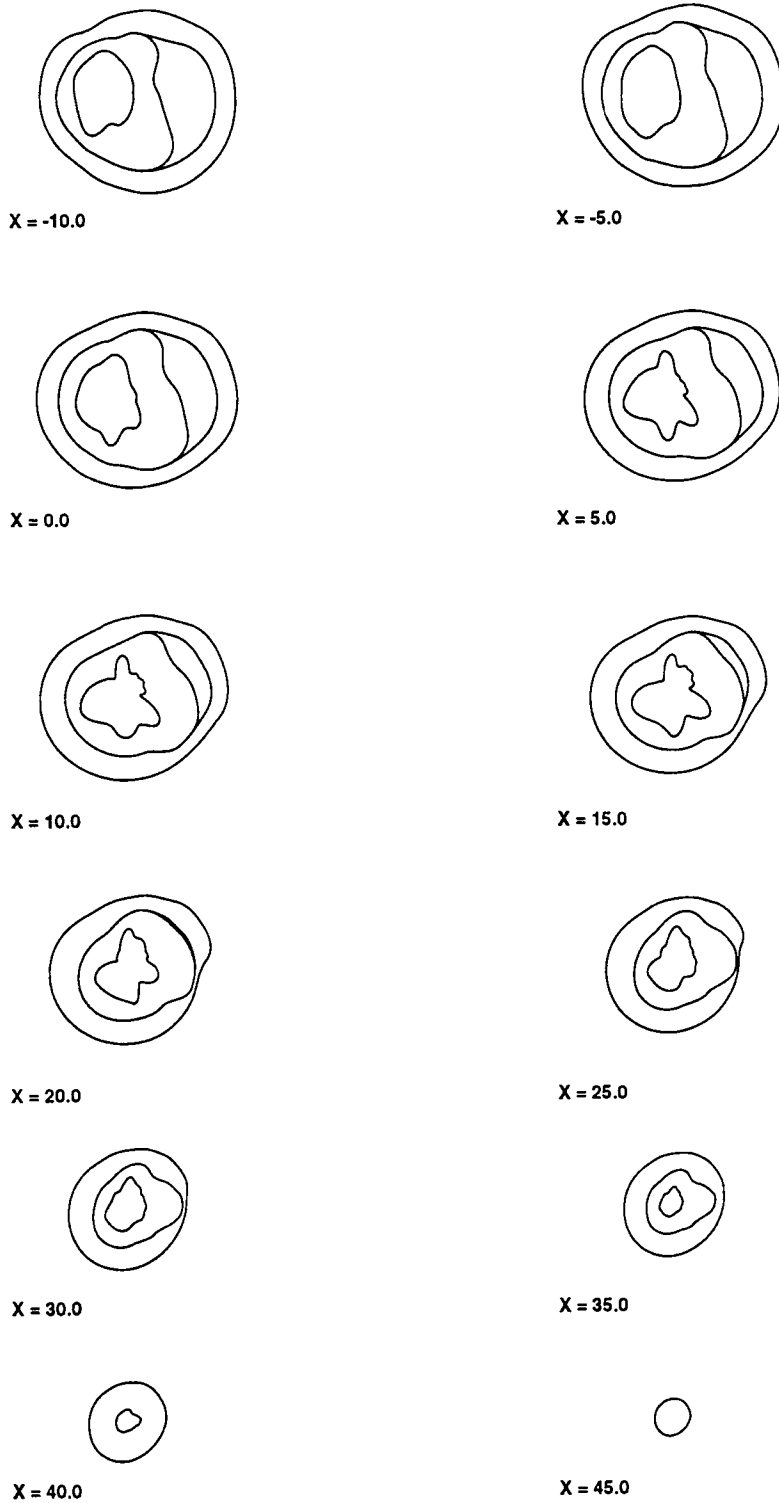
**FIGURE 6.** Root mean squared error of fit plotted against total number of degrees of freedom for various finite element meshes. The fitting errors are tabulated in Table 1. Note that the  $4 \times 3$  bicubic mesh used in this study appears at the knee of the curve. Decreasing the number of degrees of freedom results in a marked increase in error; increasing the number of degrees of freedom reduces the error very little.

provides a less accurate representation of the convoluted endocardial surface of the left ventricle. We have found that increasing the number of elements to ten in the circumferential direction significantly reduces the fitting error for the left ventricular endocardium (from an rms error of 2.6 mm to  $< 1.8$  mm) and gives a much better representation of the papillary muscles.<sup>3</sup> This detail can be seen in Figure 7 which shows ventricular cross sections at 12 axial locations.

Ventricular surface geometry has been fitted to a large number of dog hearts,<sup>3</sup> and this work demonstrates that shape and wall thickness are remarkably consistent for

**TABLE 1**  
**Root Mean Squared Error (mm) in Relation to Degrees of Freedom when Fitting Epicardial Geometry Using Bilinear or Bicubic Bases for Meshes of 2, 4, 8, 16 Elements Circumferentially and 3, 6, 12 Elements Axially**

Number of axial elements		Number of circumferential elements			
		2	4	8	16
3	D.O.F. (bilinear)	7	13	25	49
	Error	4.19	2.86	1.61	1.19
	D.O.F. (bicubic)	27	51	99	195
	Error	2.48	0.89	0.75	0.71
6	D.O.F. (bilinear)	13	25	49	97
	Error	4.07	2.77	1.34	0.85
	D.O.F. (bicubic)	51	99	195	387
	Error	2.47	0.78	0.58	0.51
12	D.O.F. (bilinear)	25	49	97	193
	Error	4.01	2.75	1.25	0.69
	D.O.F. (bicubic)	99	195	387	
	Error	2.35	0.75	0.54	



**FIGURE 7.** Ventricular cross sections from the finite element model at various axial locations (values given are in millimeters; 0 mm represents the equatorial plane). Note that all interelement boundaries appearing at the given axial location are drawn.



**FIGURE 8.** Coronal sections from four fitted dog hearts. Note the much greater variation in the position of the right ventricular free wall than in the left.

canine hearts fixed in an unloaded state. This is indicated in Figure 8, where coronal cross sections from the fitted models are compared for four hearts of similar weight. (Similar results are obtained when hearts of different sizes are normalized to the same focus parameter  $a$ .) The greatest shape variation occurs in the fixed position of the right ventricular free wall, which is to be expected because it is thinner and more flexible than the left ventricular free wall.

## **V. THE MUSCULAR ARCHITECTURE OF THE VENTRICLES**

Cardiac muscle cells are roughly cylindrical in shape and form ordered arrays in which the axes of adjacent cells are parallel and for which a fiber orientation can be readily defined. The arrangement of muscle fibers within the ventricular wall has been the subject of continuing study over the years and an area of some controversy.<sup>4</sup> It is accepted that fiber orientation changes relatively smoothly through the ventricular wall: in the left ventricular free wall, for instance, muscle fibers that are oriented at about  $-60^\circ$  with respect to the circumferential direction at the epicardial surface are

circumferentially aligned in the midwall and are nearly perpendicular to the circumferential direction at the endocardial surface.

For modeling purposes, it has generally been assumed that ventricular tissue is a continuum and that the material structure and properties are isotropic in the plane orthogonal to the local muscle fiber axis. Recent studies of cardiac microstructure have shown that this assumption is incorrect.<sup>5,6</sup> A schematic representation of our current understanding of the muscular architecture of ventricular tissue is given in Plate 3.\* Muscle cells are arranged in layers or sheets that are on average four cells thick and are surrounded by a meshwork of connective tissue. Within a layer, cardiac muscle cells form a branching network in which each cell is tightly coupled to its neighbors via intercalated disk junctions, which provide electrical continuity. Adjacent cells are also tethered by a regular array of short interconnecting collagen fibrils. On the other hand, the coupling between neighboring layers is much less extensive. As can be seen in Plate 3, there is direct branching between layers, but this is relatively infrequent, particularly at the center of the ventricular wall. Layers are also interconnected by a network of collagen fibers, which are often long and convoluted.

The most interesting aspect of the laminar structure of ventricular tissue, from the perspective of computational mechanics, is the orientation of sheets with respect to the ventricular wall. In the midwall, the sheets are directed transmurally. In the longitudinal transmural section represented in Plate 3, the cut edges of the sheet reveal a series of cleavage planes, which run radially from the endocardial surface toward the epicardial surface. For a section cut tangential to the epicardial ventricular surface, however, the edges of the sheets define the fiber orientation. The local coordinate axes that we adopt to represent this structural anisotropy therefore consist of a unit vector aligned with the fiber orientation, a unit vector perpendicular to the fiber axis and lying in the plane of the sheet, and the unit normal to the sheet plane. These material axes can be specified at any point within the ventricular wall by appropriately identifying both the local fiber orientation and the local sheet orientation.

## VI. MUSCLE FIBER ORIENTATIONS

The orientation of cardiac muscle fibers and the functional significance of the transmural fiber angle distributions have been studied and speculated upon for over a century. Early views of discrete layers<sup>7,8</sup> have given way to continuous distribution models.<sup>9</sup> We have recently published extensive measurements of muscle fiber orientations in the dog heart,<sup>2</sup> and a summary of these results, enhanced by more recent studies, is presented here. For details on the methods used to measure the fiber angles throughout the myocardium and for further information on the fitting procedures, see Reference 2.

To model the muscle fiber orientations, we assume that the fibers lie in  $(\xi_1, \xi_2)$ -coordinate planes and subtend an angle  $\eta$  with the (circumferential)  $\theta$ -coordinate. (We later relax this assumption to allow the fibers to spiral from epicardium to endocardium at the left ventricular apex.) The “fiber angle”  $\eta$  is then given by an interpolation of nodal fiber field parameters at the same node positions used to define the geometry.

The basis functions used to interpolate  $\eta$  within an element are chosen to give a linear interpolation in  $\xi_1$  and  $\xi_2$  (in the plane of the wall; see Figure 1B) and a cubic

\* Plate 3 appears following page 49.

Hermite interpolation in  $\xi_3$  (transmurally). Like the geometric variable derivatives, the fiber angle cubic Hermite element derivative must be obtained from its global node counterpart by using an element scaling factor:

$$\frac{\partial \eta}{\partial \xi_3} = \frac{\partial \eta}{\partial s_3} \cdot \frac{ds_3}{d\xi_3}.$$

The nodal values of  $\eta$  and  $\partial \eta / \partial s_3$  are fitted by least-squares to fiber angle measurements after the geometric fit, using a more refined mesh than that needed for the geometric data.

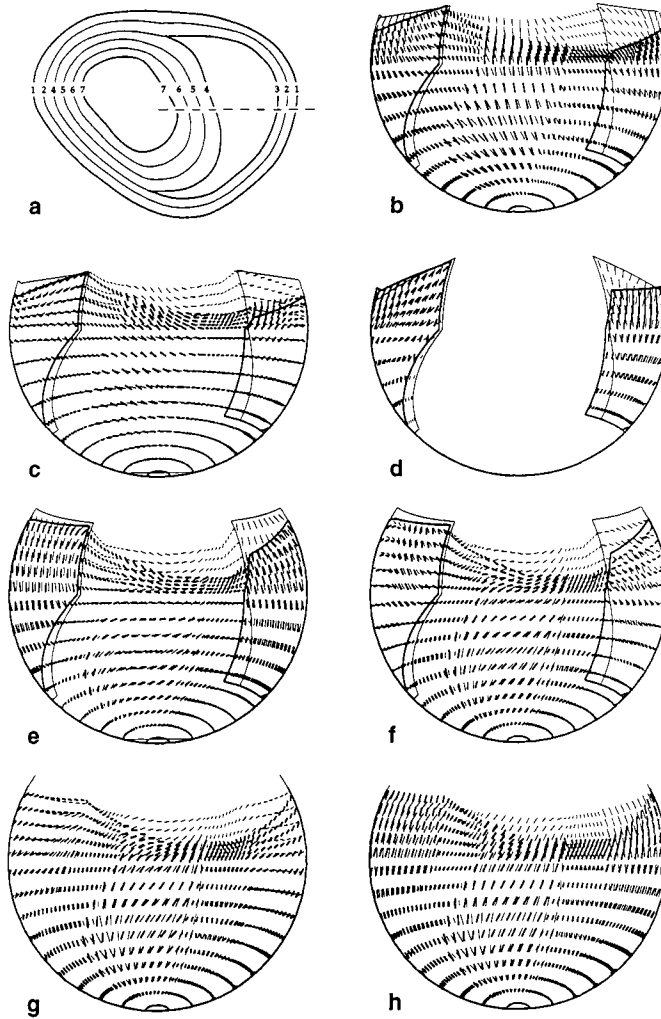
Because the measured fiber angles show rapid changes in the circumferential direction at the boundaries of the right ventricle, we use a 60-element, 99-node mesh obtained by subdividing the 24-element mesh used to fit the geometry. With this more refined mesh, having ten elements circumferentially, three axially, and two transmurally, it is found that linear interpolation in the  $(\xi_1, \xi_2)$ -coordinates and cubic Hermite interpolation in the  $\xi_3$ -coordinate provided sufficient degrees of freedom to represent the fiber field data with acceptable accuracy.

The three-dimensional fiber field parameters are found by first fitting the epicardial, left ventricular endocardial, and right ventricular endocardial surfaces with bilinear surface variation of the surface node  $\eta$  parameters and then fitting the transmural myocardial fiber measurements with the remaining interior node values of  $\eta$  together with the complete set of nodal derivatives  $\partial \eta / \partial s_3$ .

The surface fits are obtained by projecting the surface fiber angle measurements onto the adjacent fitted geometric surface. This strategy is required in order to obtain accurate epicardial and endocardial fits in regions where the fiber angle changes rapidly near the surface and the model geometry does not exactly match the real heart.

Fiber angle data are only unique within a principal angle range of  $180^\circ$ . It is sometimes necessary to adjust the principal angle of the data to ensure that the restricted principal value range does not produce artifactual discontinuities of fitted fiber angle for fiber angle data that are, in fact, varying smoothly around the ventricles and through the wall. Use of the conventional principal angle range for fiber orientation creates problems at the junction of the right ventricular free wall and the ventricular septum. In the right ventricular free wall, fiber orientation typically varies from  $-60^\circ$  at the epicardium to  $+90^\circ$  at the endocardium, whereas in the septal wall, the fiber angle ranges from about  $-90^\circ$  at the right ventricular endocardium to around  $+80^\circ$  at the left ventricular endocardium. On either side of the right ventricular border, therefore, the principal angle for endocardial fibers with a common orientation differs by  $180^\circ$ . To accommodate this abrupt change in principal value, three nodes are used at each of these right ventricular border sites, one for the right ventricular free wall, one for the septal wall, and one for the adjacent left ventricular free wall—the latter because there is, in fact, a real discontinuity in fiber angle due to the merging of right ventricular free wall and septal fibers with left ventricular fibers. This required two extra nodes at nine sites, giving a total of 117 nodes used in the fiber fits. We also localized the errors due to these discontinuities by decreasing the size of the elements at these sites.

Cardiac muscle fiber orientations have been systematically recorded throughout the ventricular walls of three hearts (at 9467, 9746, and 17,182 points) and fiber orientation fields have been fitted to these data.<sup>3</sup> Fitted fiber orientations for two of these hearts are compared in Figure 9b–h at the series of depths through the



**FIGURE 9.** Intramural distributions of fitted myocardial fiber orientation for two hearts. Left and right ventricles are represented as a series of layers and fiber orientations at the surfaces are mapped into Hammer projections. (a) Transverse section through the ventricles indicating location of intramural surfaces. To visualize the Hammer projection, it may be imagined that the right ventricular free wall and interventricular septum are cut along the dotted line shown so that the shells can be opened and laid flat. (b)–(h) Fiber orientations at surfaces 1–7, respectively, the two hearts being distinguished by the thick and thin fiber direction vectors. Note that 3 shows the endocardial surface of the right ventricular free wall only, 4 incorporates the right endocardial surface of the interventricular septum with a left ventricular intramural surface, and 7 is the endocardial surface of the left ventricle.

ventricular walls indicated in Figure 9a. Fiber orientations in each of these surfaces are represented using the Hammer projection,<sup>10</sup> which preserves the left ventricular apex and opens the heart out flat from an imaginary cut through the midwall of the left ventricle. Note the variation in fiber angle through the left ventricular free wall from around  $-60^\circ$  with respect to the circumferential direction at the epicardial

surface to around  $80^\circ$  at the endocardial surface. The model provides an accurate representation of the experimental fiber orientation field since fitting and measurement errors are of a similar magnitude.<sup>2</sup> Moreover, as shown in Figure 9, there is a high level of consistency between fitted orientation fields in different hearts defined relative to their measured and fitted geometry, and there are significant changes in the transmural variation of fiber orientation at different ventricular sites. Using the methods outlined here, it is possible to represent fiber orientation fields in a given heart for modeling purposes with a high degree of confidence.

The fiber distributions for one heart are shown in three-dimensional views in Plates 4 and 5.\*

## VII. MYOCARDIAL SHEET ORGANIZATION

Preliminary results have been obtained in an experimental program aimed at quantifying aspects of the laminar organization of cardiac muscle cells in ventricular myocardium.<sup>11</sup> This work has been carried out in dog hearts using light microscopy and scanning electron microscopy and demonstrates a significant transmural variation in the extent of coupling between adjacent sheets of muscle cells in the left ventricle. The density of branching between sheets was least, whereas the range of lengths of collagen fibers connecting neighboring layers was greatest in the center of the ventricular wall. However, the extent of transmural variation in laminar organization was very similar at different left ventricular sites. These results provide a possible structural basis for both anisotropic and inhomogeneous material properties in left ventricular myocardium.

Sheet orientations have also been systematically recorded in thick longitudinal transverse sections from dog hearts.<sup>11</sup> Typical results are presented in Figure 10. Sheet orientations are generally radial with respect to the ventricular surfaces, but in the subepicardial region they appear to turn through  $90^\circ$  to become tangent to the epicardial surface. Two areas which do not follow the standard pattern are around the bases of the left ventricular papillary muscles, where there is a complex interweaving of sheets from the papillary muscles with the dominant free wall pattern, and around the base of the left ventricular free wall, where the sheets angle up into the basal skeleton.

The details of the procedures for fitting the myocardial angle field are given in Reference 3. The basis function used for this field is linear in the  $\xi_1$ -coordinate and bicubic Hermite in the  $(\xi_2, \xi_3)$ -plane. The fitted myocardial sheet angles are illustrated in Figure 11 on sections corresponding to those shown in Figure 10.

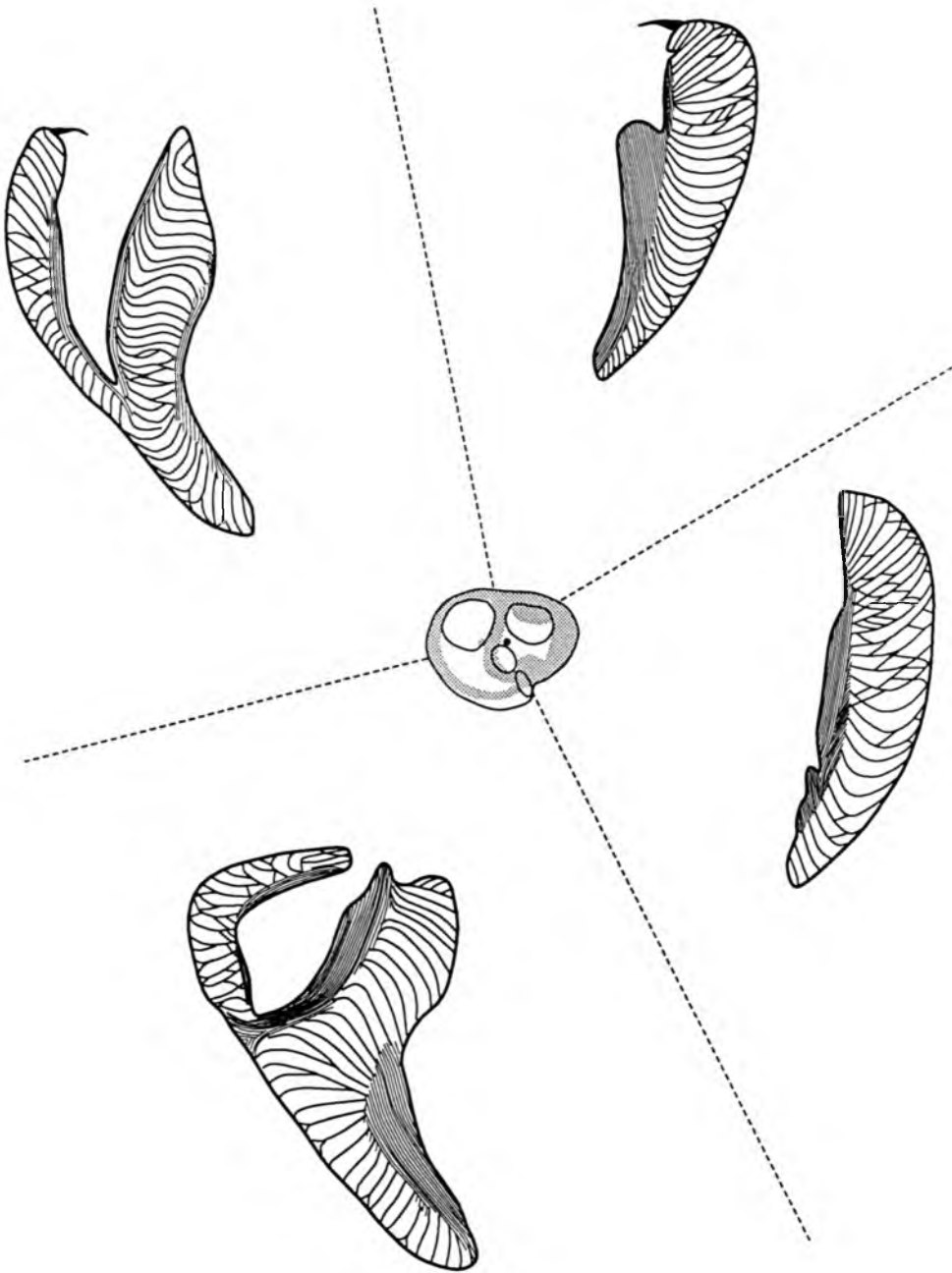
## VIII. PURKINJE FIBERS AND CORONARY VESSELS

The distribution of Purkinje fibers over the right and left ventricular endocardial surfaces is another important aspect of myocardial anatomy for electrical activation modeling. We have recorded these distributions on some of the canine hearts used in the fiber field studies.<sup>6</sup> A typical pattern is shown in Figure 12. For modeling purposes, we specify a set of endocardial Gauss points at which myocardial activation is initiated.

The question of oxygen delivery to the myocardium will need to be addressed

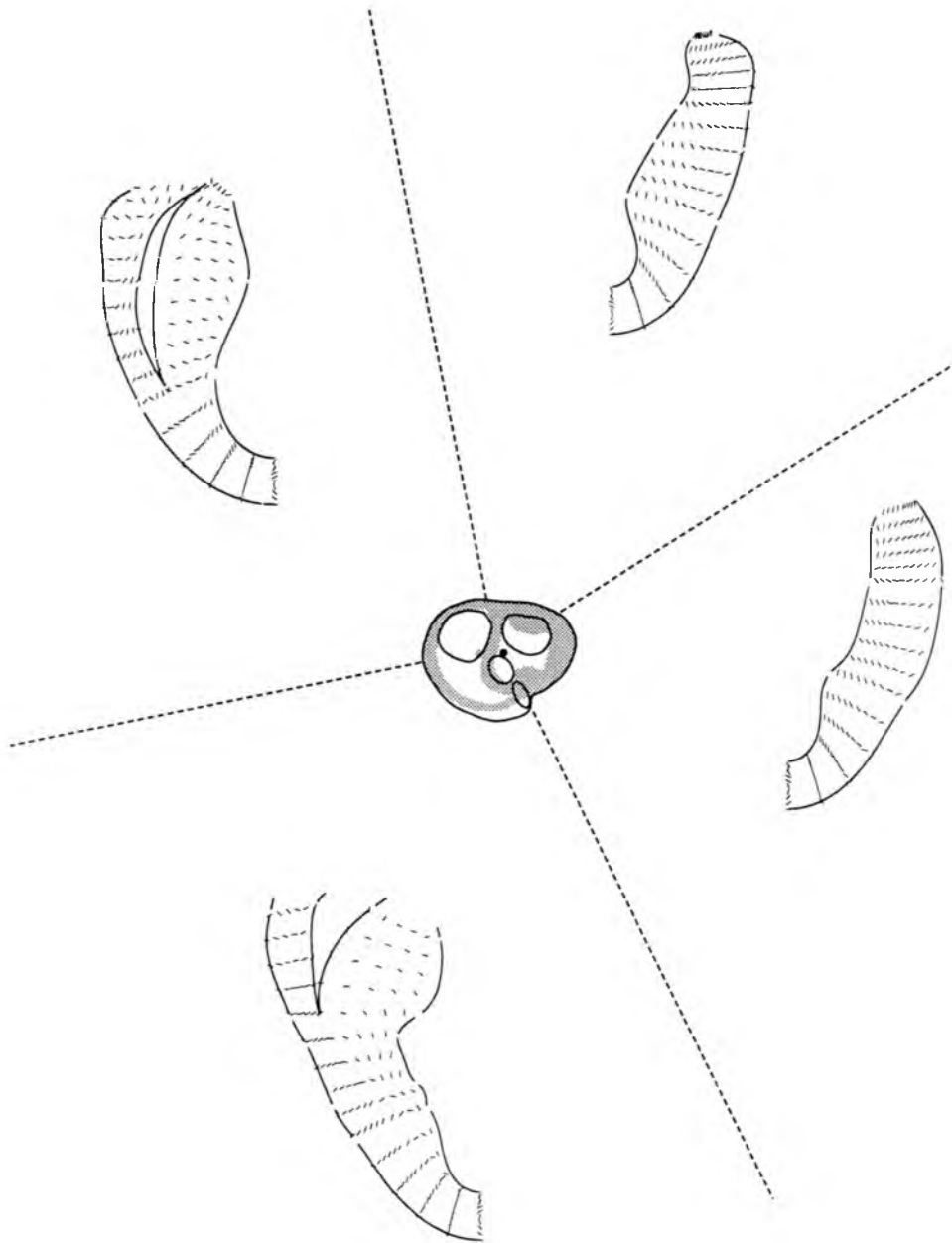
\* Plates 4 and 5 appear following page 49.





**FIGURE 10.** Coronal sections of the heart showing myocardial sheet orientations at four circumferential locations as indicated (sketched from original data).

within the framework of the continuum model of the heart described here. As a preliminary step to setting up a model of the coronary system, we have measured the location of the epicardial vessels. These are shown on the Hammer projection in Figure 13. One-dimensional linear elements are used to represent the coronary tree.

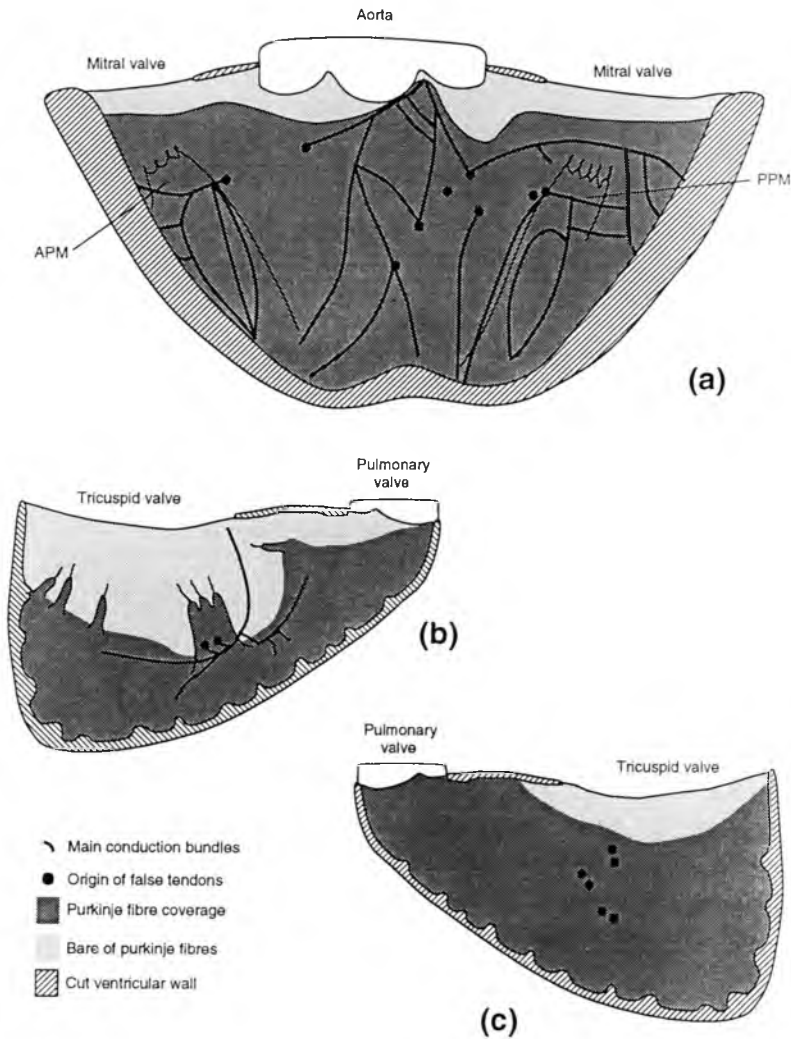


**FIGURE 11.** Fitted sheet vectors (i.e., drawn from the fitted finite element nodal sheet parameters) shown on planes normal to the wall at cross sections close to those shown in Figure 10.

## IX. ORTHOTROPIC CONSTITUTIVE LAWS

The anatomical model of the heart described above has been used with the equations of finite elasticity theory to calculate the distributions of stress and strain throughout the myocardium and with the FitzHugh-Nagumo equations<sup>12</sup> and other ionic current models to calculate the electrical activation of cardiac muscle.

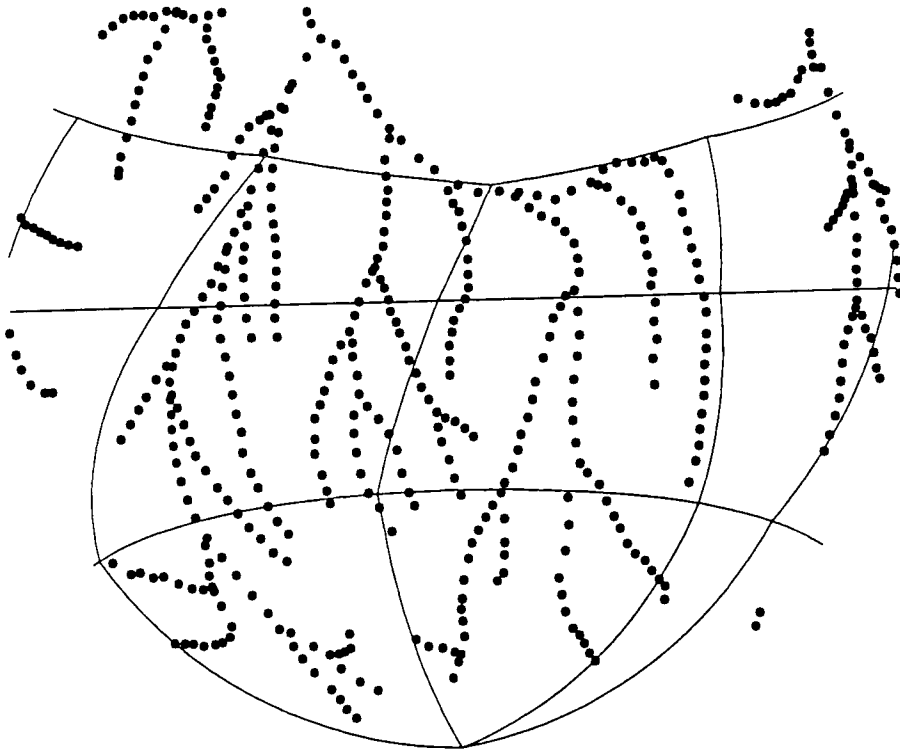
The equations of finite elasticity theory are cast in a Galerkin weighted residual



**FIGURE 12.** Purkinje fiber distributions on left and right ventricular endocardial surfaces.

form with displacement or deformed position as the dependent variable.<sup>13, 14</sup> This yields a set of simultaneous algebraic equations, or ordinary differential equations if the problem is time dependent, in the nodal variables (displacements or positions). Element integrals are computed by Gaussian quadrature, and the “Gauss” points become the spatial locations at which the mechanical constitutive law—the experimentally determined relationship between stress and strain—is evaluated.

It is convenient to use collocation points generated at fixed  $\xi_i$  locations within the finite elements for solving the activation equations. When the coupled mechanical=electrical equations are solved together, the information on muscle activation can be computed at the Gauss points where the mechanical constitutive law is evaluated. Collocation is preferred to an integral formulation of the activation equations because this imposes fewer spatial continuity requirements on a field which is known to show very rapid changes over millimeter distances. The displacement field, on the other hand, has lower spatial gradients due to the extensive structural integrity of the



**FIGURE 13.** Epicardial coronary vessels shown on a Hammer projection. The points shown are original data points, not fitted representations.

tissue. Using a finite element basis for the displacement ensures that compatibility conditions on the displacement field are always met.<sup>14</sup>

To evaluate the constitutive laws at the Gauss points and collocation points of the anatomical model, a system of orthogonal material axes, based on the tissue microstructure, must be defined. The first axis is defined as the muscle fiber axis. The second axis is defined to lie in the plane of the myocardial sheet perpendicular to the fiber axis. The third axis is then defined to be orthogonal to these two—and thus transverse to the myocardial sheets.

The electrical conductivity of myocardial tissue has long been known to be anisotropic,<sup>15</sup> with the conductivity in the muscle fiber direction being two to three times that in the plane transverse to the fibers. We have recently proposed<sup>6</sup> that the conductivity tensor should be modeled as orthogonal rather than transversely isotropic, given the clear orthotropy of the tissue microstructure described in previous sections.

Thus, whichever model of electrical propagation is used, such as FitzHugh–Nagumo, Beeler–Reuter,<sup>16</sup> or diFrancesco–Noble,<sup>17</sup> the diffusive term  $\nabla \cdot (\mathbf{D} \nabla u)$ , where  $u$  is the transmembrane potential, incorporates a conductivity tensor  $\mathbf{D}$ , which must be defined with respect to the material axes described here.

To use the anatomical model for studying the mechanics of the heart, a constitutive law relating the material stress and strain tensors at each Gauss point must be formulated. Two aspects of the mechanical properties need to be considered: the passive tissue properties and the active muscle tension development. A constitutive law for passive properties requires a fully three-dimensional relationship between the

six components of stress and six components of strain, whereas the active muscle law requires only a one-dimensional relationship between the fiber strain and the active muscle tension (and, of course, time and the state of activation). To be used successfully in a large-scale numerical model, the constitutive relation must be efficient (i.e., not too time consuming to compute) and well conditioned (i.e., small changes in the input variables should not give unreasonably large changes in the output variables).

Because the composition of the tissue is too complex to be able to derive these laws from a knowledge of the mechanical properties and layout of the microstructural components, we instead propose simple empirical relationships guided by what knowledge of the microstructure we do have and then use biaxial testing to estimate the parameters. Furthermore, even if it were possible to derive the constitutive law from a detailed analysis of the tissue constituents, we may still require an equivalent simple computationally efficient relation to use in the numerical model. Three characteristic features of the mechanical properties of passive myocardium when loaded uniaxially or biaxially along the material axes<sup>18,19</sup> are as follows:

1. The stress–strain behavior along each of the three material axes is quite different.
2. The behavior along one axis is nearly independent of the degree of stretch along the other two axes.
3. The axial stress is very low at low axial strains, but rises rapidly as the strain approaches a characteristic limiting value for that axis.

These observations are encapsulated in the following pole-zero strain energy function for passive myocardium:<sup>19</sup>

$$W = k_1 \frac{e_{11}^2}{(a_1 - e_{11})^{\alpha_1}} + k_2 \frac{e_{22}^2}{(a_2 - e_{22})^{\alpha_2}} + k_3 \frac{e_{33}^2}{(a_3 - e_{33})^{\alpha_3}} \\ + k_4 \frac{e_{12}^2}{(a_4 - e_{12})^{\alpha_4}} + k_5 \frac{e_{23}^2}{(a_5 - e_{23})^{\alpha_5}} + k_6 \frac{e_{31}^2}{(a_6 - e_{31})^{\alpha_6}},$$

where  $e_{\alpha\beta}$  are the components of Green's strain tensor referred to material coordinates aligned with the structurally defined axes of the tissue;  $a_1, \dots, a_6$  are parameters expressing the limiting strain for a particular type of deformation (i.e., the strain energy becomes very large as  $e_{11}$  approaches  $a_1$ , etc.) and  $a_1 > e_{11}$ ,  $a_2 > e_{22}$ ,  $a_3 > e_{33}$ ,  $a_4 > e_{12}$ ,  $a_5 > e_{23}$ ,  $a_6 > e_{31}$ ;  $\alpha_1, \dots, \alpha_6$  are parameters expressing the curvature of the uniaxial stress–strain curves (partly a reflection of the distribution of unextended fiber lengths as more collagen fibers are recruited); and  $k_1, \dots, k_6$  are parameters giving the relative contribution of each strain energy term.

The last three terms express the contribution of material shear strain to the total strain energy. The Piola–Kirchhoff stress tensor is found from the derivatives of  $W$  with respect to the strain components (see Reference 14 for further details).

Three characteristic features of active tension development are as follows:

1. At fixed fiber extension ratio  $\lambda$ , the isometric tension  $T_0(\lambda)$  is a function of the degree of activation of the myofilaments (primarily via intracellular  $[\text{Ca}^{2+}]$ ).

2. When rapidly shortened from the isometric state to a new slightly lower fixed extension, the resulting tension change is large in comparison to the length change (e.g., a sudden length change of 0.5% can reduce the tension momentarily to zero) and shows a nonlinear dependence on the length change.
3. When shortening against a constant load, three rate constants are revealed, one slow (presumably associated with cross-bridge turnover) and two fast (possibly associated with cross-bridge head rotation).

These observations can be modeled by the following Wiener cascade model of the active properties in which a linear dynamic system is followed by a static nonlinearity:<sup>13, 14</sup>

$$\frac{T/T_0 - 1}{T/T_0 + a} = \sum_{i=1}^3 A_i \int_{-\infty}^t e^{-\alpha_i(t-\tau)} \dot{\lambda}(\tau) d\tau,$$

where  $\lambda(\tau)$  is the muscle fiber extension ratio at some past time  $\tau$ ,  $T_0 = T_0(\lambda)$  is the isometric tension (an empirically defined relation),  $T$  is the actively developed tension in the muscle fiber at current time  $t$ ,  $\alpha_1, \dots, \alpha_3$  are the rate constants of the linear dynamic system,  $A_1, \dots, A_3$  are the associated weighting coefficients, and  $a$  is a parameter governing the shape of the static nonlinearity (see Reference 14 for further details).

These two constitutive models adequately describe the material properties of passive and active cardiac muscle, respectively, and are computationally efficient when used with the finite elasticity equations in the Galerkin finite element model.

## X. SUMMARY

A numerical solution of the equations governing the electrical conductivity or mechanical function of the heart requires a mathematical model of the fibrous structure of the heart, as well as a computational grid conforming to the ventricular anatomy. In this paper, we have argued that the two requirements are intimately related and should be considered together. An orthogonal coordinate system, on which to base the constitutive laws of mechanics or electrical activation, was defined at each Gauss point of the finite element mesh using piecewise polynomial field descriptions of the muscle fiber direction and the myocardial sheet axis direction.

Prolate spheroidal coordinates were used to minimize the number of elements required to model the geometry of the heart and to simplify the geometric data fitting. Assuming finite element basis functions individually for each coordinate also helped to minimize the number of nodal degrees of freedom in the model. Thus, the radial coordinate  $\lambda$  was given a bicubic Hermite basis in the  $(\xi_1, \xi_2)$ -plane (plane of the wall) and a linear Lagrange basis in the  $\xi_3$ -direction (transmurally), whereas the azimuthal  $\mu$ -coordinate and the circumferential  $\theta$ -coordinate were given trilinear Lagrange bases.

Using these bases, a 60-element, 99-node mesh was found to give a good representation of heart geometry, and by fitting the fiber fields to the geometric model a consistent fiber pattern was shown to hold across several hearts, irrespective of size or shape. Detailed measurements and fitting of myocardial sheet geometry have only been carried out for one heart, but it is very likely that this too will conform to a standard description once normalized for heart geometry.

The muscle fiber axis direction and myocardial sheet axis direction, together with a third axis orthogonal to these two, provide an orthogonal coordinate system to which

microstructurally based constitutive laws can refer. We briefly described three such laws, one for the electrical conductivity of the tissue, one for the mechanical properties of passive myocardium, and one for active muscle, and we emphasized the need for these laws to be defined with computational efficiency in mind, given the major (i.e., time-consuming) role they play in large-scale numerical studies with the model.

Other aspects of heart anatomy briefly considered were the density of myocardial sheet branching, the extent of the Purkinje fiber network, and a description of the coronary vasculature. All of these areas need further work to incorporate adequate descriptions into the modeling framework presented here.

We have shown that the geometric nodal parameters of the finite element model provide a convenient means of comparing different hearts from one species (so far, only dog). Clearly, the mesh generation and data fitting procedures described here need to be applied to other species as well, in particular, humans. It would also be very interesting to use the changes in nodal parameters to quantify both the growth of a heart from embryonic to adult form and some pathological conditions that affect the gross anatomy and fibrous structure of the heart.

Much work remains to be done in defining adequate constitutive laws for myocardial tissue and, in particular, how the constitutive laws are affected by changes in tissue microstructure. We have briefly commented on the formulation of separate electrical and mechanical constitutive laws, but in the future the coupling between electrical and mechanical events will also need to be described at a microstructural level via coupled constitutive laws. The viscoelastic and poroelastic properties of myocardial tissue are poorly understood aspects of ventricular mechanics that also await further elucidation.

Finally, a more complete model of the heart would need to consider both the atria and the pericardium, particularly if greater use is to be made of clinically obtained image data, because these structures appear to have an important role in the mechanics of the intact heart.

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