

DHRUV MALLADI

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EDUCATION

Adlai E. Stevenson High School, Lincolnshire, Illinois

Class of 2025

GPA: 4.74/4.0 Weighted; 4.0/4.0 Unweighted

Harvard Secondary School, Cambridge, Massachusetts

Summer 2024

Grade: A | *Anthropology of Food and Foodways*

ACTIVITIES

Squash (sport)

Jan 2016 - Current

Nationally Ranked Athlete

- Played in U11, U13, U15, and U17 age groups; yet to play in U19 due to injury; 5.25 skill rating and club champion (10x)
- Traveled nationally for 70+ tournaments including international US Junior Open Championships and Silver Nationals

Ethnography (book of anthropological research)

Sept 2023 - Current

Independent Researcher/Author

- Exploring socio-cultural anthropology and elements of gender roles, gift-giving, Hinduism, food, clothing, language, & more
- Particular emphasis on American cultural influence on Indian practices in the Telugu community; inside and outside observer
- Read by Harvard Professor Gavin Whitelaw and given feedback; used insight learned from Harvard Summer School Class

Catalyst Club, Stevenson High School, substance use awareness

Aug 2021 - Current

Vice President

- Coordinate with local organizations for collaboration (ex: Stand Strong Coalition, Illinois Prevention Network, OMNI)
- Work with politicians and staff at local and national level to advocate for legislation; most notable is the NOPAIN Act
- Spearhead school events to promote awareness (ex: Catalympics, Streetfest, Not My Kid, Snowflake, Football games)

Model United Nations, Stevenson and Daniel Wright Junior High School

Aug 2021 - Current

Director of Education and National Competitor

- Plan competitive rosters, serve as a head delegate during conferences, and aid underclassmen through 1-on-1 meetings
- Facilitate 400+ delegate Stevenson conference yearly(SMUNC); traveled nationally to over 15 tournaments, won 5+ awards

Co-president/Director of Middle School Club

- Use interactive public speaking games, presentations, and discussions to create meaningful interaction and foster growth

Manabadi, Telugu School (volunteer/teacher/graduated student)

Jan 2016 - Current

- Promote events(potlucks, Kuchupudi, Carnatic art, etc.); occasionally teach classes to lowest level

Lincolnshire Sports Association, Daniel Wright Junior High School

Dec 2023 - Apr 2024

Assistant Basketball Coach

- Coached 7th-grade middle schoolers; fostered teamwork & improved skills during weekly practices and games against others

EXPERIENCE

Life Time Fitness, Vernon Hills, Illinois

****May 2024 - Current**

Assistant Squash Coach

- Taught unofficially for ~1 year (training); **officially started during the summer of 2024; active employee in gym

Project Unity - Catalyst Academy, Hybrid

May 2023 - Aug 2023

Selected Intern

- Led research with fellow interns on CAD within the African American population; won the Public Health Trailblazer award
- Published a thorough research paper and EBR in the International Collegiate Journal of Science titled "Project E.C.H.O."
- Met with various stakeholders from AHA, Max Schewitz EKG Foundation, Cornell, Harvard, and UT Austin

Sudden Cardiac-death Awareness Research Foundation (SCARF), Sycamore, Illinois

May 2023 - Aug 2023

Selected Intern

- Researched with cardiologist Dr. Paul Nguyen on the issue of Sudden Cardiac Arrest via 7-hour internship workdays
- Worked with interns to study sudden Cardiac Arrest in Ethnic Women, creating the "Empower With C.A.R.E." poster.
- Presented at a Scientific Symposium and won the Community Outreach Award, given a \$500 grant to fund our initiative

Prevention First - Youth Prevention Resource Center, Hybrid

Sep 2023 - May 2024

Selected Intern

- Created mental health "toolkit" for struggling substance users, worked closely with adults, & attended monthly discussions

AWARDS

Nominated for Morehead-Cain Scholarship; Ambassador Award x2 for service; Community Outreach Award(\$500 grant by SCARF); Public Health Trailblazer Award(Project UNITY); Best Delegate at SIMUN; Outstanding Delegate at CIMUN and LYMUN; Honorable Delegate at BRUINMUN and WAMUNC; AP Scholar w/ Distinction; (soon) commended for NMSQT; NHS

SKILLS & INTERESTS

Skills: Spanish, Telugu, Java, Python, public speaking, teamwork, accountability

Academic Interests: History/anthropology, computer science

Personal Interests: Chess, trails, squash, board games, Chicago Bears, Korean BBQ