

**Name** : Ms. ANUSHTHA KUSHWAHA  
**Lab No.** : 184866260  
**Ref By** : Self  
**Collected** : 1/8/2025 10:21:00AM  
**A/c Status** : P  
**Collected at** : PSC-VARANASI HOME VISIT  
 SHOP NO. 38 GROUND FLOOR, SHASTRI NAGAR,  
 OPP. SAJAN CINEMA HALL, VARANASI-221001  
 Varanasi 221001

**Age** : 31 Years  
**Gender** : Female  
**Reported** : 1/8/2025 1:59:12PM  
**Report Status** : Final  
**Processed at** : Dr. Lal Path Labs Ltd  
 Lanka ,Varanasi 221005

### Test Report

Test Name	Results	Units	Bio. Ref. Interval
VITAMIN D, 25 - HYDROXY, SERUM (ECLIA)	<15.00	nmol/L	75.00 - 250.00

### Interpretation

LEVEL	REFERENCE RANGE IN nmol/L	COMMENTS
Deficient	< 50	High risk for developing bone disease
Insufficient	50-74	Vitamin D concentration which normalizes Parathyroid hormone concentration
Sufficient	75-250	Optimal concentration for maximal health benefit
Potential intoxication	>250	High risk for toxic effects

### Note

- The assay measures both D2 (Ergocalciferol) and D3 (Cholecalciferol) metabolites of vitamin D.
- 25 (OH)D is influenced by sunlight, latitude, skin pigmentation, sunscreen use and hepatic function.
- Optimal calcium absorption requires vitamin D 25 (OH) levels exceeding 75 nmol/L.
- It shows seasonal variation, with values being 40-50% lower in winter than in summer.
- Levels vary with age and are increased in pregnancy.
- A new test Vitamin D, Ultrasensitive by LC-MS/MS is also available

### Comments

Vitamin D promotes absorption of calcium and phosphorus and mineralization of bones and teeth. Deficiency in children causes Rickets and in adults leads to Osteomalacia. It can also lead to Hypocalcemia and Tetany. Vitamin D status is best determined by measurement of 25 hydroxy vitamin D, as it is the major circulating form and has longer half life (2-3 weeks) than 1,25 Dihydroxy vitamin D (5-8 hrs).

### Decreased Levels

- Inadequate exposure to sunlight
- Dietary deficiency



Name : Ms. ANUSHTHA KUSHWAHA  
Lab No. : 184866260  
Ref By : Self  
Collected : 1/8/2025 10:21:00AM  
A/c Status : P  
Collected at : PSC-VARANASI HOME VISIT  
SHOP NO. 38 GROUND FLOOR, SHASTRI NAGAR,  
OPP. SAJAN CINEMA HALL, VARANASI-221001  
Varanasi 221001

Age : 31 Years  
Gender : Female  
Reported : 1/8/2025 1:59:12PM  
Report Status : Final  
Processed at : Dr. Lal Path Labs Ltd  
Lanka ,Varanasi 221005

**Test Report**

Test Name	Results	Units	Bio. Ref. Interval
<ul style="list-style-type: none"><li>Vitamin D malabsorption</li><li>Severe Hepatocellular disease</li><li>Drugs like Anticonvulsants</li><li>Nephrotic syndrome</li></ul>			

**Increased levels**

Vitamin D intoxication

Dr. Gourik Gangopadhyay  
MBBS, MD (PATH)  
Consultant Pathologist  
Dr Lal PathLabs Ltd

Dr.Jyoti Sharma  
MBBS,MD Pathology  
Consultant Pathologist  
Dr Lal PathLabs Ltd

  
*Nishant Bhagoliwal*

Dr Nishant Bhagoliwal  
DCP, Pathology  
Consultant Pathologist  
Dr Lal PathLabs Ltd

-----End of report-----

**IMPORTANT INSTRUCTIONS**

- Test results released pertain to the specimen submitted. • All test results are dependent on the quality of the sample received by the Laboratory.
- Laboratory investigations are only a tool to facilitate in arriving at a diagnosis and should be clinically correlated by the Referring Physician. • Report delivery may be delayed due to unforeseen circumstances. Inconvenience is regretted.
- Certain tests may require further testing at additional cost for derivation of exact value. Kindly submit request within 72 hours post reporting.
- Test results may show interlaboratory variations.
- The Courts/Forum at Delhi shall have exclusive jurisdiction in all disputes/claims concerning the test(s) & or results of test(s).
- Test results are not valid for medico legal purposes.
- This is computer generated medical diagnostic report that has been validated by Authorized Medical Practitioner /Doctor.
- The report does not need physical signature.

(#) Sample drawn from outside source.

If Test results are alarming or unexpected, client is advised to contact the Customer Care immediately for possible remedial action.

Tel: +91-11-49885050, Fax: +91-11-2788-2134, E-mail: lalpathlabs@lalpathlabs.com

