

MASTER COOKOFF

WHY join this master cook off challenge:

- 1) you can share cooking ideas with your school mates and inspire your friends to do the same too!
- 2) spice up your life by adding a little act of fun
- 3) destress by taking your hands off studies

How do I participate?

- -send in your photo and a short video
- -DM @_d.hype
- -themes will be changing every week so tune in for more details on @_.d.hype story -chosen entry full recipe will be posted up on Instagram @_d.hype



LADIES WELFARE PACK

-containers will be placed in school toilets-contain heat packs, sanitary pads and sanitary bags

WHY THIS PACK IS NEEDED

- -to cater to the needs of females
- -to provide you the essentials when the time of the month comes
- -relieve the stress of having a period

THE CHANGE:

- -you will not need to make 2 trips to the toilet for pad
- -you will not feel embarrassed of secretly bringing a sanitary pad from your bags to the toilet