

I still have a few fixed mindsets that are a little bit annoying to myself and the people surrounding me, the first is “I felt down too much when I’m failed” this happens to me a few times, the reason why it happened is that I expect this job/task to be easy and I can do it successfully, and what I did it to expect something bad to happen, or at least lower my expectation to the point I don’t care on my failure because I will move on easily.

The second fixed mindset I have is “I’m interested in this, I want to learn it” this is not exactly a mindset but more like an impulse from me to learn anything interesting, this is might be good because my curiosity drives me to keep learning, but this is can’t be good because I tend to know the surface only. So I need to restrain myself with a “we haven’t finish learn this, hold it” mindset, at least until I understand the main core of the technology I learn.

The last is “I can do it later, it should be quick”, and this is in my opinion is the most dangerous of all, because I will underestimate how hard the task will be, and if the task is hard after all, it will be a risk of not completing the task or pull an all-nighter which is a health risk. So what I do to prevent that is to start it right now, right after the task is assigned to me.