







Self - To Become

**Social Contributions** 

Career/Wealth





#### How does Gratitude Work?



- Gratitude begins with two simple words Thank You
- To make it really powerful, you have to feel grateful with all your heart
- The more you say thank you the more you will feel it and the faster you will see the results in your life
- For eg: when you are grateful for a past & current relationships even if its not perfect the relationships will get better and also attract new ones that you will be grateful for
- Gratitude is a great multiplier of life, whatever you say thank you for the same you will receive more
- And all it takes to maintain that more receiving cycle is a little gratitude meditation everyday







# Everyday Gratitude Affirmations







- I am thankful for this beautiful life
- I am thankful for my family
- I am thankful for all my friends
- I am thankful for the money I earn
- I am thankful for the food I eat
- I am thankful for my good health
- I am thankful for the house I stay in
- I am thankful for the clothes I wear
- I am thankful for my past & present

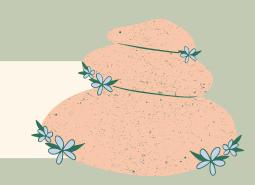


### Daily Gratitude - MORNING



| 3 THINGS<br>I'M THANKFUL FOR:          |  |
|--|--|
| 3 THINGS THAT WILL MAKE TODAY AMAZING: |  |
| 3 THINGS I LOOK FORWARD TO:            |  |

Daily Affirmation: I am loved. I am capable. I am enough.





### Daily Gratitude - Evening



3 AMAZING THINGS THAT HAPPENED TODAY:

3 PEOPLE I'M GRATEFUL FOR:

3 THINGS I LOOK FORWARD TOMORROW:

What could make today even better? Continue living in the moment.



#### Daily Gratitude - Self

To create the life of your dreams with unshakable happiness you have to fall in love with yourself. It's just about a healthy love and respect for yourself just as you are.

- I am grateful for -



#### MASTERFUL Daily Gratitude - Social Contributions

To create the life of your dreams with wonderful relationships and unshakable happiness, you need to start appreciating the relationships in your life. The more you take people for granted the more it would lead to losing them in your life.

- I am grateful for -



#### Daily Gratitude - Career/Wealth

To create the life of your dreams with financial abundance and unshakable happiness, you need to start appreciating what you have right now.

- I am grateful for -



# Everyday Money Affirmations





- I am a money magnet
- I am attracting more and more money everyday
- I am grateful for everything I have
- Money comes to me effortlessly and easily
- I am worthy of receiving money
- I have more than enough money
- I chose abundance
- I am happy to give because my abundance is limitless
- I am excited to see where more money is going to come next
- I deserve money so I can do everything I want in this life

