

# English Keywords to Find a Dietitian in Belgium and Brussels

Here is a comprehensive list of **English keywords and search terms** commonly used to find a dietitian or nutritionist in Belgium, with a special focus on Brussels. These terms reflect both general and specialized searches, as well as practical aspects relevant to English-speaking patients.

## Essential Base Terms

- **Dietitian / Dietician**
- **Nutritionist**
- **Nutrition / Dietetics**
- **Registered dietitian**
- **Accredited dietitian**
- **INAMI registered dietitian** (for searches referencing Belgian health system)

## Geographical Location

### Belgium and Brussels

- **Belgium**
- **Brussels**
- **Brussels Capital Region**

### Brussels Communes (for local targeting)

- **Ixelles**
- **Uccle**
- **Schaerbeek**
- **Woluwe-Saint-Lambert**

- **Woluwe-Saint-Pierre**
- **Auderghem**
- **Berchem-Sainte-Agathe**
- **Koekelberg**

*Searches often combine "dietitian" or "nutritionist" with the commune name, e.g., "dietitian Ixelles", "nutritionist Uccle".*

## **Specializations Sought**

### **Weight Management**

- **Weight loss**
- **Lose weight**
- **Weight management**
- **Slimming**
- **Healthy eating plan**
- **Diet plan**

### **Medical Conditions**

- **Diabetes / Type 2 diabetes**
- **Cholesterol**
- **Triglycerides**
- **Hypertension**
- **Obesity**

### **Digestive Disorders**

- **Irritable bowel syndrome (IBS)**
- **Digestive disorders**
- **Bloating**
- **FODMAP diet**

- **Food intolerances**

## **Special Diets and Lifestyles**

- **Balanced diet**
- **Vegetarian diet**
- **Gluten-free diet**
- **Allergies**

## **Services and Consultations**

### **Consultation Types**

- **Dietitian consultation**
- **Nutrition consultation**
- **Nutritional assessment**
- **Dietitian follow-up**
- **Nutritional advice**
- **Online dietitian / Telehealth dietitian**
- **Video consultation dietitian**

### **Practical Aspects**

- **Meal plan**
- **Book dietitian appointment**
- **Dietitian office / Nutrition clinic**
- **English-speaking dietitian**
- **Dietitian near me**
- **Best dietitian in Brussels**
- **Top-rated nutritionist Belgium**

### **Financial and Legal Aspects**

- **Accredited dietitian Belgium**

## SEO and Search Tips

- **Combine terms:** "English-speaking dietitian Brussels weight loss"
- **Use synonyms:** "Dietitian" and "nutritionist" are used interchangeably
- **Target location:** Include commune or "Brussels" for local results
- **Highlight specialization:** "Dietitian for diabetes Brussels", "FODMAP dietitian Brussels"
- **Mention language:** "English-speaking dietitian", "Dietitian who speaks English Brussels"

## Example Search Phrases

- "English-speaking dietitian Brussels"
- "Nutritionist for IBS Brussels"
- "Dietitian for weight loss Uccle"
- "Pediatric dietitian Brussels"
- "Online dietitian Belgium"
- "Registered dietitian near Ixelles"
- "Dietitian for diabetes Belgium"
- "Best nutritionist Brussels English"

This list reflects the main keywords and phrases used by English speakers searching for dietitians or nutritionists in Belgium, especially in Brussels. Using these terms will help optimize visibility and match the language and needs of international or expatriate patients<sup>[1][2][3][4][5][6][7][8]</sup>.

\*\*

- 
1. <https://www.doctoranytime.be/en/s/dietitian>
  2. <https://www.doctena.be/en/dietitian/belgium>
  3. <https://www.thebulletin.be/dietician-brussels-0>
  4. <https://tca-bru.be/en/patients-directory-service-providers/>

5. <https://www.doctena.be/en/nutritionist/belgium>
6. <https://alanabonnemann.com/locations/english-speaking-nutritionist-in-belgium/>
7. <https://www.antenatalandbaby.org/pediatric-family-dietitian/>
8. <https://www.mastersportal.com/study-options/268501123/nutrition-dietetics-belgium.html>