

Fav genre	While working	Count ▾
Rock	Yes	142
Pop	Yes	94
Metal	Yes	65
Rock	No	45
Classical	Yes	42
Video game music	Yes	36
R&B	Yes	29
EDM	Yes	29
Hip hop	Yes	27
Folk	Yes	25
Metal	No	23
K pop	Yes	22
Pop	No	20

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How has music and mental health impacted your workday?

Anxiety
4297

Depression
3,530

Insomnia
2,752

OCD
1,941

