

**International Society for the Study of Self-Injury**  
**June 28-29<sup>th</sup> 2008**  
**Harvard University, William James Hall, 33 Kirkland Street, Cambridge, MA USA**

**Saturday June 28<sup>th</sup>**

8:30-8:45 Greeting and coffee, WJH Room 1

8:45-9:00 Welcome and opening remarks, *Matthew Nock & Janis Whitlock*, WJH Room 1

**Understanding and Assessing NSSI 1**

9:00-9:20 Peer Contagion of Adolescent NSSI: Support from Two Longitudinal Studies  
*Mitchell J. Prinstein, University of North Carolina, Chapel Hill (USA)*

9:20-9:40 Elevated Physiological Arousal and Poor Distress Tolerance in NSSI  
*Matthew Nock & Wendy Berry Mendes, Harvard University (USA)*

9:40-10:00 Novel Approaches to the Assessment of Key Constructs in Non-Suicidal Self-Injury  
*E. David Klonsky & Catherine R. Glenn, Stony Brook University (USA)*

10:00-10:20 How do We Know if They are Getting Better? Tracking Outcomes for NSSI  
*Jason Washburn, K.R. Juzwin & Denise Styer, Alexian Brothers Behavioral Health Hospital, Northwestern University (USA)*

10:20-10:30 Break

**International Rates of NSSI**

10:30-11:00 Non-Suicidal Self-Injury among College Students: Integrating Qualitative and Quantitative Findings  
*Katrina D'Amore & Elizabeth Lloyd-Richardson, Brown Medical School (USA)*

11:00-11:30 Self-Harm among Students at an English University: Perceptions, Experience and Response  
*Ron Best, Roehampton University (UK)*

11:30-12:00 Comparing Rates of Adolescent Non-Suicidal Self-Injury (NSSI) and Suicidal Attempts in Two Cross Continental Samples  
*Paul Plenar, University of Ulm (Germany)*

12:00-1:30 Lunch on your own

**Perspectives on NSSI**

1:30-2:00 Talking to Parents about NSSI  
*Michael Hollander, Harvard Medical School (USA), Author, Helping teens who cut: Understanding and ending self-injury*

2:00-2:30 Bringing Self-Injury into the Mainstream  
*Vanessa Vega, Author, Comes the darkness, comes the light*

## Prevention and Intervention 1

- 2:30-2:50 ACT to Prevent Self-Injury in High School Students  
*Jennifer Muehlenkamp, University of North Dakota (USA), & Barent Walsh, The Bridge of Central Massachusetts (USA)*
- 2:50-3:10 Enhancing Effectiveness in Treating Self-Injury in a Residential DBT Program for Adolescents,  
*Barent Walsh, The Bridge of Central Massachusetts (USA)*
- 3:10-3:30 Adapting Interpersonal Psychotherapy for Depressed Adolescents (IPT-A) for Depressed Self-Injuring Adolescents  
*Colleen Jacobson, Columbia University (USA)*
- 3:30-3:50 Effectiveness of Intensive Adolescent DBT and the Role of Emotion Regulation Strategies  
*Valerie Photos, Michael Hollander, & Matthew Nock, Harvard University (USA)*
- 3:50-4:00 Break

## Group Break-Out Discussions (Rooms WJH 4 and 6)

- 4:00-5:00 Clinical Issues: Wendy Lader, Moderator  
Research Issues: Janis Whitlock, Moderator

## Poster Session and Cocktail Hour, WJH 1550

- 5:00-7:00 Non-Suicidal Self-Injury and Help-Seeking Behavior among High School Students  
*Alyssa Baxter, Jessica Toste, Nancy Heath & Rusty McLouth McGill University (Canada)*
- Self-Injury in Eating Disorders  
*Ilse Beck, University of Leuven (Belgium)*
- Assessing Emotional Intelligence as a Protective Factor for Non-Suicidal Self-Injury  
*Christine Cha & Matthew Nock, Harvard University (USA)*
- Coping Behaviours and Intensity of Non-Suicidal Self-Harm in Canadian Adolescents Presenting to Emergency Mental Health Services  
*Paula Cloutier & Allison Kennedy, Children's Hospital of Eastern Ontario (Canada)*
- Towards the Comprehensive Measurement of Self-Injury Functions: Development and Psychometric Properties of the Inventory of Statements about Self-Injury (ISAS)  
*Catherine R. Glenn & E. David Klonsky, Stony Brook University (USA)*
- Longitudinal Prediction of NSSI: Examination of a Cognitive Vulnerability-Stress Model  
*John Guerry & Mitch Prinstein, University of North Carolina at Chapel Hill (USA)*
- Reciprocal, Longitudinal Association between NSSI, Suicidality, Depression, and Interpersonal Events  
*Nicole Heilbron, John Guerry & Mitch Prinstein, University of North Carolina, Chapel Hill (USA)*
- Behavioral Forecasts Do Not Predict Subsequent Behavior: A Prospective Study of Self-Injury  
*Irene Janis & Matthew Nock, Harvard University (USA)*
- NSSI as a Longitudinal Predictor of Suicidal Ideation and Attempts among Clinically-Referred Adolescents  
*Abigail Judge & Mitch Prinstein, University of North Carolina, Chapel Hill (USA)*

Features of Psychopathology in Self-Injuring University Women  
*Patrick Kerr & Jennifer Muehlenkamp, University of North Dakota (USA)*

Borderline Personality Features, Adolescent Suicidality, & Disorganized Adolescent Parent Interaction during a Conflict Task  
*Jean-Francois Bureau, University of Ottawa (Canada), Bjarne M. Holmes, Heriot-Watt University (UK), Kate Hennighausen & Karlen Lyons-Ruth, Harvard Medical School (USA)*

Body Regard and NSSI  
*Jennifer Muelenkamp, University of North Dakota (USA)*

Broadening the definition of self-injurious behavior  
*Sarah St. Germain & Jill Hooley, Harvard University (USA)*

Factors Associated with Risk for Non-Suicidal Self-Injury in Adolescents  
*Jessica Toste, Nancy Heath, Alyssa Baxter & Rusty McLouth, McGill University (Canada)*

Assessing Urge to Self-Injure  
*Jason Washburn, K.R. Juzwin & Denise Styer, Alexian Brothers Behavioral Health Hospital, Northwestern University (USA)*

7:00           Dinner on your own

**Sunday, June 29<sup>th</sup>**

8:45-9:00      Greetings and coffee

**Assessing and Understanding NSSI 2**

9:00-9:20      Functions of Non-Suicidal Self-Injury in Young Adolescent Girls  
*Lori Hilt & Susan Nolen-Hoeksema, Yale University, Christine Cha, Harvard University (USA)*

9:20-9:40      Attentional and Evaluative Bias toward Self-Injury Cues in Borderline Patients  
*Laurence Claes, University of Leuven (Belgium)*

9:40-10:00      The Pain Paradox: Understanding Pain Analgesia in NSSI  
*Bethany Michel & Matthew Nock, Harvard University (USA)*

**Group Break-Out Discussions (Rooms WJH 4 and 6)**

10:00-11:00      Clinical Issues: Barent Walsh, Moderator  
Research Issues: E. David Klonsky, Moderator

**Prevention and Intervention 2**

11:00-11:30      The Summit Program: Effective Outpatient Treatment for Self-Harming and Suicidal Adolescents  
*Kim Johancen-Walt & Jessica Wheeldon, La Plata County Human Services (USA)*

11:30-12:00      Pathways to Solutions with Self-Harming Adolescents and Their Families: A Collaborative Strengths-Based Therapy Approach  
*Matthew Selekman, Partners for Collaborative Solutions (USA)*

12:00-12:30      Adolescent Non-Suicidal Self-Injury in an Inpatient Setting  
*Nick Lofthouse, The Ohio State University (USA)*

**Closing Remarks**

12:30-12:45      *Nancy Heath, McGill University (Canada), Matthew Nock, Harvard University (USA)*

**ISSS Business Meeting**

1:00-3:00      WJH 1550