

April 17, 2007

Dear John,

We are looking forward to seeing you at the **2<sup>nd</sup> Annual Research Meeting** of the *International Network for Self-Injury Prevention, Intervention, Research, and Education* (INSPIRE) at McGill University on June 20-22, 2007 in Montreal, Quebec, Canada. The purpose of this letter is to update you on our plans and provide some detailed information to help with your planning, as well as remind you of a few details we will require from our guests!

**Update:** Our plans for the meeting are steadily moving along. We received only minimal funding – this will cover the costs of the room reservation, meeting materials, breakfasts, two lunches, and a dinner. Unfortunately, we are not able to cover the costs of travel or hotel accommodations.

**Attendees:** Attached to this letter (page 3), you will find a current list of participants for the 2007 meeting based on the confirmations we have received. If your name is on this list but you are unable to attend, please let us know as soon as possible. Alternatively, also let us know if your name is not on this list but you do intend to come to the meeting.

**Meeting agenda:** We have also attached (pages 4-6) the tentative meeting agenda. Please note that each member is asked to give a 10 minute presentation outlining important findings, current projects, and future research directions. The purpose of this very brief presentation is to foster awareness of each other's work and possible collaborations. We have tried to create four cohesive groups of presentations. We welcome all input – please let us know if you have any suggestions for the agenda.

**Program materials:** We are in the process of creating a meeting program that includes information for each participant that summarizes his/her professional and research interests. As such, we had asked each member to submit (1) a biographical sketch, (2) reference list with your recent publications and conference presentations, (3) brief paragraph about each of your current projects related to SI, and (4) 1-2 related articles which best exemplify your work in this area. Please send your materials to Jessica at your earliest convenience. We hope to distribute a meeting program to each participant by mid-May.

**Hotel information:** We have made special arrangements at two hotels that are walking distance from McGill. If you choose to stay at one of the hotels below, please make your reservation by May 19<sup>th</sup>.

- Hôtel Le Germain  
\$190 CDN/night (McGill rate) mention "INSPIRE meeting/Nancy Heath"  
2050 Mansfield Avenue, Montreal QC, H3A 1Y9  
514-849-2050 or 1-877-333-2050  
[[www.germaindespres.com](http://www.germaindespres.com)]
- Omni Mont-Royal  
\$167 CDN/night (McGill rate) mention "Research meeting at McGill, Faculty of Education"  
1050 Sherbrooke Street W., Montreal QC, H3A 2B6  
514-284-1110 or 1-800-843-6664  
[[www.omnihotels.com](http://www.omnihotels.com)]

**Meal selection:** On our first evening together, Wednesday June 20<sup>th</sup>, we are pleased to offer a catered dinner at McGill's Thomson House. In order to ensure proper service, we must confirm our meal selections as soon as possible. Please have a look at the menu below and let us know via e-mail which *meal* selection you would prefer (chicken or vegetarian).

<b>Appetizer:</b>	mixed green salad (balsamic dressing) tomato cheese soup
<b>Meal #1:</b>	stuffed chicken breast - sundried tomatoes and olives - roasted chateau potatoes - zucchini/sweet pepper medley
<b>Meal #2:</b>	red pepper & ricotta cheese cannelloni - classic tomato sauce
<b>Dessert:</b>	chocolate mousse coffee and tea

**Tourist information:** We hope that you will be able to enjoy Montreal while you're here! When we mail the meeting programs in May, we will include a complete tourist guide that will provide you with additional information about restaurants, attractions, and things to do in Montreal. In the meanwhile, you can visit tourist sites at [www.tourism-montreal.org] or [www.montreal.com].

If you have any questions, please feel free to contact us at the coordinates listed below.

Cheers!

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Research Lab Director  
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## 2007 MEETING PARTICIPANTS

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**Alexander Chapman**  
Simon Fraser University

**Kim Gratz**  
University of Maryland

**Nancy Heath**  
McGill University

**E. David Klonsky**  
Stony Brook University

**Kerry L. Knox**  
University of Rochester

**Wendy Lader**  
SAFE Alternatives

**Kristen Lanzano**  
SI Advocate

**Elizabeth Lloyd-Richardson**  
Brown Medical School

**Jennifer Muehlenkamp**  
University of North Dakota

**Shyamala Nada-Raja**  
University of Otago

**Mary Kay Nixon**  
University of Victoria

**Matthew Nock**  
Harvard University

**Amanda Purington**  
SI Advocate

**Karen Rodham**  
University of Bath

**Victoria White Kress**  
Youngstown State University

**Janis Whitlock**  
Cornell University

**Barent Walsh**  
The Bridge of Central Massachusetts

**Tuppett Yates**  
University of California, Riverside

**Graduate Student Participants**



## 2<sup>nd</sup> Annual Research Meeting

International Network for Self-injury Prevention, Intervention, Research, and Education

### AGENDA

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#### **Day 1 – Wednesday, June 20**

- 08:30 Meet representative to walk to McGill Education building  
Omni Mont-Royal hotel (lobby) – 1050 Sherbrooke Street West
- 09:00 – 09:30 Welcome & Breakfast
- 09:30 – 10:00 Cornell to McGill: Review of the past year  
Nancy Heath & Janis Whitlock (Discussion Facilitators)
- 10:00 – 11:30 Introductions from first-time attendees (Group 1)  
*10 minute presentation on current projects and future directions*
- Tuppett Yates
  - Matthew Nock
  - Mary Kay Nixon
  - Shyamala Nada-Raja
  - Elizabeth Lloyd-Richardson
  - Kerry Knox
  - Alexander Chapman
- Discussion*
- 11:30 – 12:15 Building Our Network: Purpose and goals for the next 3 days  
Nancy Heath (Discussion Facilitator)
- 12:15 – 13:30 Lunch**
- 13:30 – 14:30 Updates from INSPIRE members (Group 2)  
*10 minute presentation on current projects and future directions*
- Kim Gratz
  - David Klonsky
  - Jennifer Muehlenkamp
- Discussion*
- 14:30 – 14:45 Break**
- 14:45 – 16:15 Updates from INSPIRE members (Group 3)  
*10 minute presentation on current projects and future directions*
- Nancy Heath
  - Victoria White Kress
  - Janis Whitlock
- Discussion*

- 16:15 – 16:30      Wrap-up of Day 1
- 17:30 – 18:30      Cocktails (with cash bar)**  
Thomson House Ballroom – 3650 McTavish Street
- 18:30 –              Dinner at Thomson House**

**Day 2 – Thursday, June 21**

- 08:45 – 09:15      Breakfast at meeting room
- 09:15 – 10:15      Updates from INSPIRE members (Group 4)  
*10 minute presentation on current projects and future directions*
- Karen Rodham
  - Wendy Lader
  - Barry Walsh
- Discussion*
- 10:15 – 11:00      Workgroup Reports (informal)
- Ethics and IRB Committee, **Chair:** Victoria White Kress
  - Definition and Terminology, **Chair:** Kim Gratz
  - Developing International Connections / Research Academy, **Chair:** Nancy Heath
  - Maintenance of Research Meetings, **Chair:** Janis Whitlock
  - Advocacy, **Chair:** Efrosini Kokaliari (in absentia)
- 11:00 – 11:30      Discussion: Workgroup reports  
Nancy Heath (Discussion Facilitator)
- 11:30 – 12:00      Funding Update  
Matthew Nock (Discussion Facilitator)
- 12:00 – 13:30      Lunch**
- 13:30 – 14:30      Methodological Issues  
Janis Whitlock (Discussion Facilitator)
- 14:30 – 15:15      Communicating our Research: Knowledge transfer and policy  
Nancy Heath *with* Wendy Lader & Barry Walsh (Discussion Facilitators)
- 15:15 – 16:30      Unfinished business
- 18:00 –              Informal gathering, meet for dinner and drinks**  
(Optional: if you plan to join us, please RSVP by Wednesday)

**Day 3 – Friday, June 22**

08:45 – 09:15	Breakfast at meeting room
09:15 – 11:30	What Now? Future Directions and Next Steps Nancy Heath (Facilitator – open group discussion)
11:30 – 12:00	Closing