

International Society for the Study of Self-Injury
June 28-29th 2008
Harvard University, William James Hall, 33 Kirkland Street, Cambridge, MA USA

Saturday June 28th

8:30-8:45 Greeting and coffee, WJH Room 1

8:45-9:00 Welcome and opening remarks, *Matthew Nock & Janis Whitlock*, WJH Room 1

Understanding and Assessing NSSI 1

9:00-9:20 Peer Contagion of Adolescent NSSI: Support from Two Longitudinal Studies
Mitchell J. Prinstein, University of North Carolina, Chapel Hill (USA)

9:20-9:40 Elevated Physiological Arousal and Poor Distress Tolerance in NSSI
Matthew Nock & Wendy Berry Mendes, Harvard University (USA)

9:40-10:00 Novel Approaches to the Assessment of Key Constructs in Non-Suicidal Self-Injury
E. David Klonsky & Catherine R. Glenn, Stony Brook University (USA)

10:00-10:20 How do We Know if They are Getting Better? Tracking Outcomes for NSSI
Jason Washburn, K.R. Juzwin & Denise Styer, Alexian Brothers Behavioral Health Hospital, Northwestern University (USA)

10:20-10:30 Break

International Rates of NSSI

10:30-11:00 Non-Suicidal Self-Injury among College Students: Integrating Qualitative and Quantitative Findings
Katrina D'Amore & Elizabeth Lloyd-Richardson, Brown Medical School (USA)

11:00-11:30 Self-Harm among Students at an English University: Perceptions, Experience and Response
Ron Best, Roehampton University (UK)

11:30-12:00 Comparing Rates of Adolescent Non-Suicidal Self-Injury (NSSI) and Suicidal Attempts in Two Cross Continental Samples
Paul Plenar, University of Ulm (Germany)

12:00-1:30 Lunch on your own

Perspectives on NSSI

1:30-2:00 Talking to Parents about NSSI
Michael Hollander, Harvard Medical School (USA), Author, Helping teens who cut: Understanding and ending self-injury

2:00-2:30 Bringing Self-Injury into the Mainstream
Vanessa Vega, Author, Comes the darkness, comes the light

Prevention and Intervention 1

- 2:30-2:50 ACT to Prevent Self-Injury in High School Students
Jennifer Muehlenkamp, University of North Dakota (USA), & Barent Walsh, The Bridge of Central Massachusetts (USA)
- 2:50-3:10 Enhancing Effectiveness in Treating Self-Injury in a Residential DBT Program for Adolescents,
Barent Walsh, The Bridge of Central Massachusetts (USA)
- 3:10-3:30 Adapting Interpersonal Psychotherapy for Depressed Adolescents (IPT-A) for Depressed Self-Injuring Adolescents
Colleen Jacobson, Columbia University (USA)
- 3:30-3:50 Effectiveness of Intensive Adolescent DBT and the Role of Emotion Regulation Strategies
Valerie Photos, Michael Hollander, & Matthew Nock, Harvard University (USA)
- 3:50-4:00 Break

Group Break-Out Discussions (Rooms WJH 4 and 6)

- 4:00-5:00 Clinical Issues: Wendy Lader, Moderator
Research Issues: Janis Whitlock, Moderator

Poster Session and Cocktail Hour, WJH 1550

- 5:00-7:00 Non-Suicidal Self-Injury and Help-Seeking Behavior among High School Students
Alyssa Baxter, Jessica Toste, Nancy Heath & Rusty McLouth McGill University (Canada)
- Self-Injury in Eating Disorders
Ilse Beck, University of Leuven (Belgium)
- Assessing Emotional Intelligence as a Protective Factor for Non-Suicidal Self-Injury
Christine Cha & Matthew Nock, Harvard University (USA)
- Coping Behaviours and Intensity of Non-Suicidal Self-Harm in Canadian Adolescents Presenting to Emergency Mental Health Services
Paula Cloutier & Allison Kennedy, Children's Hospital of Eastern Ontario (Canada)
- Towards the Comprehensive Measurement of Self-Injury Functions: Development and Psychometric Properties of the Inventory of Statements about Self-Injury (ISAS)
Catherine R. Glenn & E. David Klonsky, Stony Brook University (USA)
- Longitudinal Prediction of NSSI: Examination of a Cognitive Vulnerability-Stress Model
John Guerry & Mitch Prinstein, University of North Carolina at Chapel Hill (USA)
- Reciprocal, Longitudinal Association between NSSI, Suicidality, Depression, and Interpersonal Events
Nicole Heilbron, John Guerry & Mitch Prinstein, University of North Carolina, Chapel Hill (USA)
- Behavioral Forecasts Do Not Predict Subsequent Behavior: A Prospective Study of Self-Injury
Irene Janis & Matthew Nock, Harvard University (USA)
- NSSI as a Longitudinal Predictor of Suicidal Ideation and Attempts among Clinically-Referred Adolescents
Abigail Judge & Mitch Prinstein, University of North Carolina, Chapel Hill (USA)

Features of Psychopathology in Self-Injuring University Women

Patrick Kerr & Jennifer Muehlenkamp, University of North Dakota (USA)

Borderline Personality Features, Adolescent Suicidality, & Disorganized Adolescent Parent Interaction during a Conflict Task

Jean-Francois Bureau, University of Ottawa (Canada), Bjarne M. Holmes, Heriot-Watt University (UK), Kate Hennighausen & Karlen Lyons-Ruth, Harvard Medical School (USA)

Body Regard and NSSI

Jennifer Muehlenkamp, University of North Dakota (USA)

Broadening the definition of self-injurious behavior

Sarah St. Germain & Jill Hooley, Harvard University (USA)

Factors Associated with Risk for Non-Suicidal Self-Injury in Adolescents

Jessica Toste, Nancy Heath, Alyssa Baxter & Rusty McLouth, McGill University (Canada)

Assessing Urge to Self-Injure

Jason Washburn, K.R. Juzwin & Denise Styer, Alexian Brothers Behavioral Health Hospital, Northwestern University (USA)

7:00

Dinner on your own

Sunday, June 29th

8:45-9:00 Greetings and coffee

Assessing and Understanding NSSI 2

9:00-9:20 Functions of Non-Suicidal Self-Injury in Young Adolescent Girls
Lori Hilt & Susan Nolen-Hoeksema, Yale University, Christine Cha, Harvard University (USA)

9:20-9:40 Attentional and Evaluative Bias toward Self-Injury Cues in Borderline Patients
Laurence Claes, University of Leuven (Belgium)

9:40-10:00 The Pain Paradox: Understanding Pain Analgesia in NSSI
Bethany Michel & Matthew Nock, Harvard University (USA)

Group Break-Out Discussions (Rooms WJH 4 and 6)

10:00-11:00 Clinical Issues: Barent Walsh, Moderator
Research Issues: E. David Klonsky, Moderator

Prevention and Intervention 2

11:00-11:30 The Summit Program: Effective Outpatient Treatment for Self-Harming and Suicidal Adolescents
Kim Johancen-Walt & Jessica Wheeldon, La Plata County Human Services (USA)

11:30-12:00 Pathways to Solutions with Self-Harming Adolescents and Their Families: A Collaborative
Strengths-Based Therapy Approach
Matthew Selekman, Partners for Collaborative Solutions (USA)

12:00-12:30 Adolescent Non-Suicidal Self-Injury in an Inpatient Setting
Nick Lofthouse, The Ohio State University (USA)

Closing Remarks

12:30-12:45 *Nancy Heath, McGill University (Canada), Matthew Nock, Harvard University (USA)*

ISSS Business Meeting

1:00-3:00 WJH 1550