

By: Diana Sen



Lucy always sits at the desk with minimum of movement and lots of unhealthy snacks.

1



Lucy doesn't want to go to the gym with her friend because she can never keep up with her, and her friend always spends lots of time in the gym

2



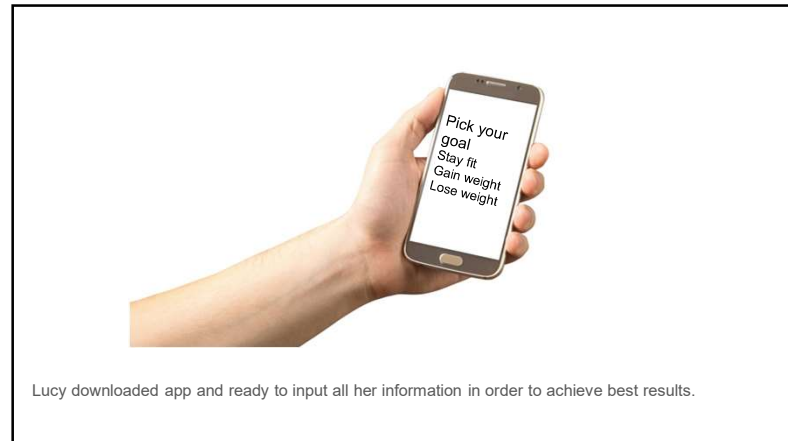
One day Lucy decides that she wants to be able to keep up with her friend in the gym and be fit and healthy. But the problem is that she doesn't know how to use certain gym equipment or what work out she wants to do.

3

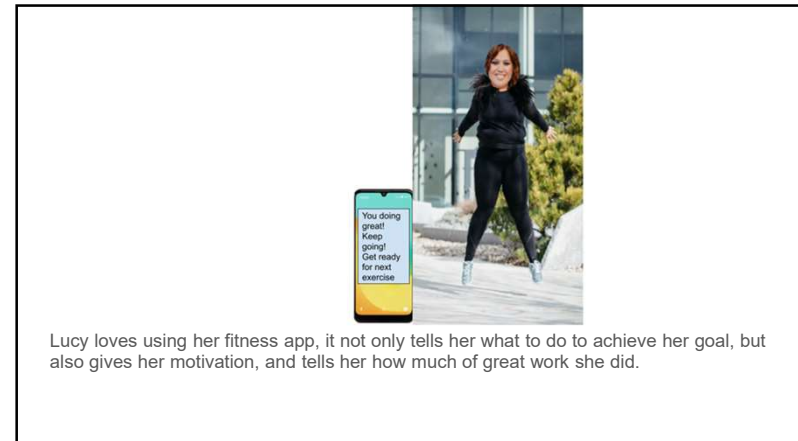


Lucy searches for something to help her start at the gym, where she can input her goals and it would tell her routine, with correct way of doing it.

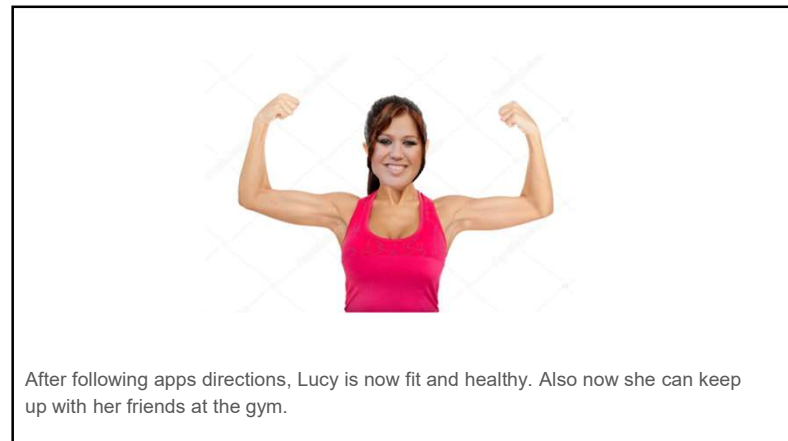
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