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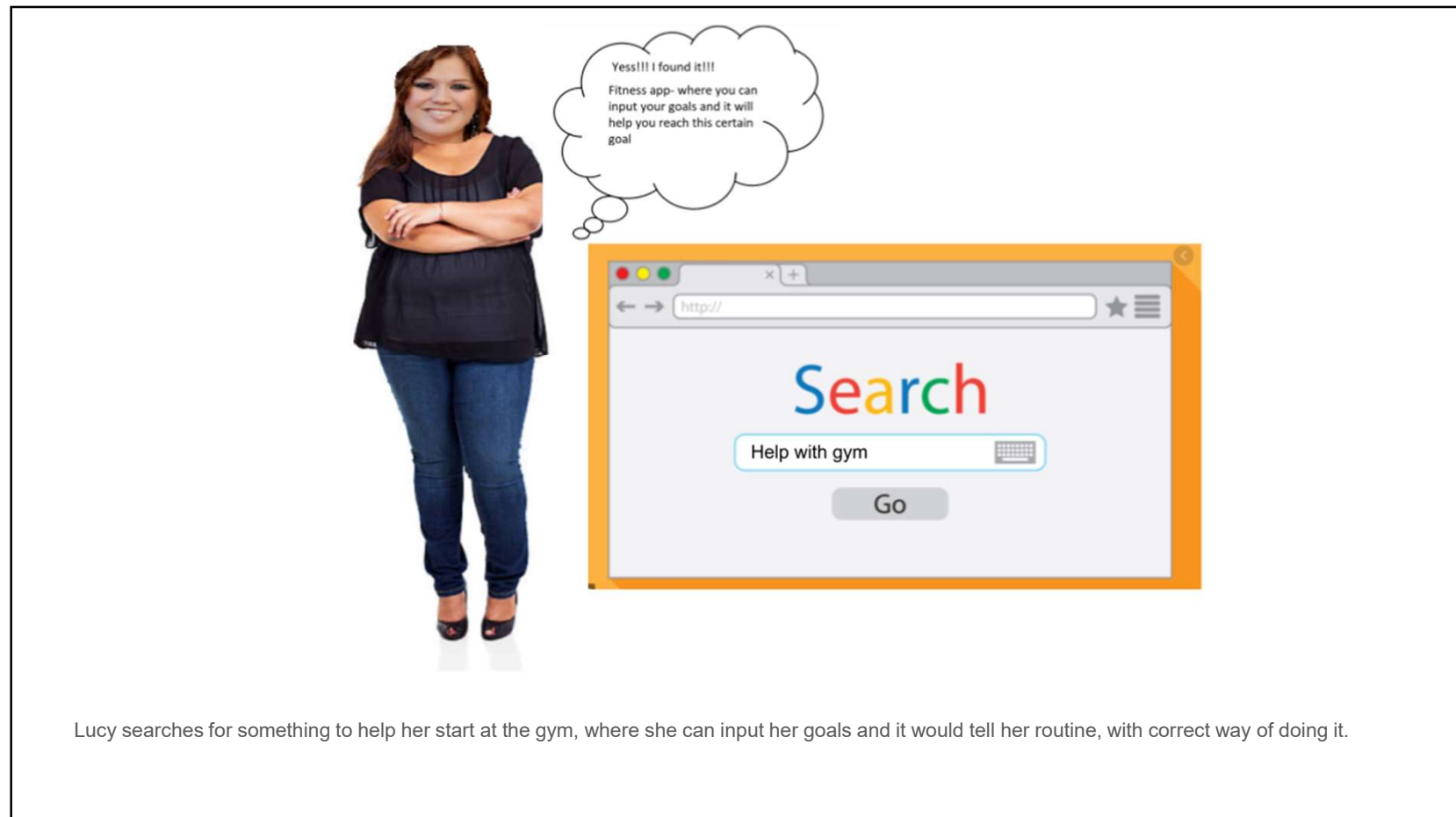


Lucy always sits at the desk with minimum of movement and lots of unhealthy snacks.





One day Lucy decides that she wants to be able to keep up with her friend in the gym and be fit and healthy. But the problem is that she doesn't know how to use certain gym equipment or what work out she wants to do.





Lucy downloaded app and ready to input all her information in order to achieve best results.



Lucy loves using her fitness app, it not only tells her what to do to achieve her goal, but also gives her motivation, and tells her how much of great work she did.



After following apps directions, Lucy is now fit and healthy. Also now she can keep up with her friends at the gym.