
ActiveCA: an open data product on active transportation episodes in Canada

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Anon1, Anon2, Anon3

Abstract

This paper describes the data set of the {ActiveCA} R data package. {ActiveCA} contains open data products to obtain impedance functions for active transportation modes in Canada, retrieved from the General Social Survey collections from 1986 to 2015. The package provides data tables on walking and cycling episodes, detailing the trip origins, destinations, and duration of each episode. The origin and destination categories covers a wide variety of locations, such as home, work or school, libraries, museums, restaurants, bars, sports centers, health clinics, place of worship, and others. Additionally, the package details the respondent's region characteristics, specifying whether they live in a metropolitan area and their province of residency. {ActiveCA} enables users to calculate the average travel time for each origin-destination combination for each survey year, considering the two active transportation modes: walking and cycling. For each Census Metropolitan and Agglomeration Area, we estimated distance-decay curves (impedance functions) for each destination, transportation mode and year. The package will continue to expand with contributions from the authors and the broader community through requests in the future. {ActiveCA} is freely accessible for exploration and download from the associated Github repository, where the documentation and code involved in creating and manipulating data and all open data products are detailed.

Keywords

Active; mobility; walking; cycling; travel time; impedance; transportation; R

Introduction

This paper presents the open data product {ActiveCA}. Open data products (ODPs) are the outcome of a transparent process that transforms raw data (open or not) into analysis-ready data, in which all stages of development follow open principles (Arribas-Bel et al., 2021). ODPs differ from general open data due to their high utility, added value and open availability. The product presented in this document is an R data package that currently consists of processed data tables retrieved from the Time Use collections of the General Social Surveys (GSS) from 1986 to 2015 (Canada, 2024), aimed to obtain impedance functions for active transportation modes in Canada.

To create this R data package, we collected, cleaned and processed the Time Use collections from the GSS surveys to make them ready for analysis. An R data package contains code, data and documentation in a standardized format that can be installed by R users via a centralized software repository, such as CRAN (Comprehensive R Archive Network) and GitHub. Although the GSS surveys are publicly sourced and managed by Statistic Canada, preparing them for analysis can be time-consuming, tedious and perhaps not even possible for those who try, due to a lack of documentation or prior knowledge.

The aim of this paper is to walk readers through the data sets and invite others to experiment in its uses and applications. {ActiveCA} is freely available on GitHub for all to install and freely use in the spirit of open and reproducible research. Although {ActiveCA} was designed to obtain impedance functions, we admit and hope that its use can be adopted in various applications that even go beyond the range of possibilities we have imagined. Not only the data, but also all the code documenting the processing methodology is available for consultation and evaluation in its repository. This package contributes to reducing the barrier to using the information contained in GSS surveys to provide data-driven decisions in transportation analysis.

General Social Survey (GSS) collection

Statistics Canada (2024) conducts GSS surveys to obtain data on social trends to track changes in Canadians' living conditions and well-being over time. This survey is used to understand how citizens spend and manage their time and what factors contribute to their happiness and stress. Created in 1985, the survey is part of a series of independent, annual, and cross-sectional surveys.

In addition to the main topic, each GSS cycle includes new content that addresses emerging and policy-relevant issues. Every five to seven years, the Time Use Surveys (Canada, 2022) collect data on respondents' participation and time spent on a wide range of everyday activities using a 24-hour retrospective diary, with information on the location of these activities (e.g. at home, at work, etc.) and, for non-personal activities, the people who were present with the respondent at the time of the activity. In addition, time-use surveys also cover topics related to leisure time, work-life balance, health, commuting, culture and sports, and many others.

The most recent time use survey was carried out in 2022 (Wray, 2024). However, the 2022 dataset has not been fully published and, because of this, our analysis focused on the surveys from 1986 to 2015 (1986, 1992, 1998, 2005, 2010 and 2015). Time Use surveys are composed of two data sets, the main one and the episode file, explained in the following subsections.

The Main File

The Main File compiles an large array of aggregated data, summarizing the answers to the questionnaire and derived variables that summarize the respondents’ time use across different activities, locations, and social interactions. This file documents the time and duration that respondents allocate to each activity and location. The Main File provides a overview of daily routines and social dynamics, not focusing on individual activity episodes. Additionally, this file categorizes activities into bigger groups and subcategories, facilitating the data’s analytical utility with additional metrics such as total transit time, duration spent with household members, and counts of activities and episodes.

The Episode File

The Episode File records detailed data for each activity episode reported by respondents. The entry includes the start and end times, duration, location, and accompanying social context, informing when and where activities occurred and with whom. The file distinguishes itself by focusing on individual episodes rather than respondents, with the data structured around the numerous activity instances that compose a day of the respondent. Although respondent-specific characteristics are not included within the Episode File, it is possible to link the Main File and the Episode File by using an identifiable variable present in both data sets.

Descriptive statistics

For each year available from the Time Use surveys, we reviewed the episode files to identify cases with activities listed as walking or cycling and selected the activities immediately before and after the mobility episode. The {ActiveCA} package includes all 21748 episodes that recorded walking or cycling as a mode of transportation, with trip durations ranging from 0 to 900 minutes. Among the analyses possible with this package, Table 1 presents descriptive statistics on walking and cycling trips between 1986 and 2015, including metrics such as the count of recorded trips (count), and measures of trip duration in minutes: maximum (max), mean, median, and minimum (min). The 1986 survey did not include bicycle trips.

Table 1. Descriptive statistics for episodes with active transport records

Mode	Statistic	Year					
		1986	1992	1998	2005	2010	2015

Walking	count	4347	1500	1670	5533	4379	3251
	max	660	300	255	515	480	900
	mean	21	19	11	12	12	17
	median	10	10	5	10	8	10
	min	1	1	1	0	0	5
Cycling	count	NA	135	119	333	236	245
	max	NA	240	90	180	153	120
	mean	NA	31	21	19	21	24
	median	NA	20	15	15	15	15
	min	NA	5	2	1	1	5

Table 1 shows that the median values for walking trips range between 5 and 10 minutes, while cycling trips have a consistent median of 15 minutes since 1998. The table also highlights very high maximum values, particularly for walking trips, with recorded episodes exceeding 4 hours in all cases.

Table 2 and 3 provide descriptive statistics for the two modes of transportation, split by destination categories, from 1986 to 1998 and from 2005 to 2015, respectively. In Table 2, one can observed that in 1986 and 1992, walking trips destined for home had the highest medians. However, by 1998, the highest medians shifted to trips to work or school, a transition that also occurred for cycling trips between 1992 and 1998. Table 3 indicates that the median duration for trips to home and work or school remained at 10 minutes.

Table 2. Comparison of travel statistics by mode and destination: 1986, 1992, 1998

Destination	Mode*	1986				1992				1998			
		Min*	Med*	Max*	(%)*	Min	Med	Max	(%)	Min	Med	Max	(%)
Home	Walking	NA	NA	NA	NA	5	20	240	55.6	2	15.0	90	52.9
Home		1	15	330	46.4	1	10	300	59.5	1	5.0	255	51.6
Other's home		NA	NA	NA	NA	5	10	145	18.5	2	10.0	80	17.6
Other's home		1	10	660	42.3	1	5	135	21.3	1	5.0	120	28.1
Work or school		NA	NA	NA	NA	5	15	45	25.9	5	20.0	75	29.4
Work or school	Cycling	1	10	450	11.3	2	10	60	19.2	1	6.5	75	20.4

Note:

* The symbols used in this table represent the following: 'Min' denotes the minimum time to reach the destination; 'Max' denotes the maximum time to reach the destination; '(%)' indicates a percentage of the total time to reach the destination; 'Med' refers to the median time to reach the destination

Table 3. Comparison of travel statistics by mode and destination: 2005, 2010, 2015

Destination	Mode*	2005				2010				2015			
		Min*	Med*	Max*	(%)*	Min	Med	Max	(%)	Min	Med	Max	(%)
Business	Walking	NA	NA	NA	NA	NA	NA	NA	NA	5	10.0	30	0.2
Cultural venues		10	12.5	15	0.6	10	25	30	1.3	15	15.0	15	0.8
Cultural venues		5	12.5	40	0.6	2	10	40	0.7	5	10.0	40	1.5
Grocery store		2	10.0	30	10.2	5	10	75	8.9	5	15.0	80	6.5
Grocery store		1	10.0	90	12.5	1	8	105	13.2	5	10.0	130	11.8
Health clinic	Cycling	NA	NA	NA	NA	NA	NA	NA	NA	10	15.0	90	2.0
Health clinic		NA	NA	NA	NA	NA	NA	NA	NA	5	10.0	130	1.0

Home	1	15.0	180	48.9	1	15	135	50.4	5	20.0	120	46.9
Home	0	10.0	515	44.4	0	10	270	43.6	5	10.0	900	45.3
Neighbourhood	NA	NA	NA	NA	NA	NA	NA	NA	10	30.0	45	1.2
Neighbourhood	NA	NA	NA	NA	NA	NA	NA	NA	5	10.0	60	2.1
Other's home	1	15.0	35	9.0	5	10	45	9.3	5	15.0	40	5.3
Other's home	1	5.0	300	11.7	0	5	140	11.3	5	10.0	120	7.3
Outdoors	5	15.0	45	6.0	3	10	115	3.8	15	20.0	30	1.2
Outdoors	1	5.0	295	3.6	0	10	480	5.2	5	10.0	135	2.8
Place of worship	20	20.0	20	0.3	NA	NA	NA	NA	15	15.0	15	0.4
Place of worship	1	10.0	30	0.8	1	8	60	0.9	5	15.0	45	1.1
Restaurant	5	20.0	35	3.0	10	15	153	2.1	10	17.5	60	4.1
Restaurant	0	5.0	85	9.3	1	5	153	10.0	5	10.0	120	8.4
Sport area	NA	NA	NA	NA	NA	NA	NA	NA	10	15.0	15	2.9
Sport area	NA	NA	NA	NA	NA	NA	NA	NA	5	10.0	45	3.3
Work or school	1	15.0	90	21.9	1	15	100	24.2	5	15.0	120	28.6
Work or school	0	10.0	175	17.1	0	10	150	15.0	5	10.0	190	15.1

Note:

* The symbols used in this table represent the following: 'Min' denotes the minimum time to reach the destination; 'Max' denotes the maximum time to reach the destination; '%' indicates a percentage of the total time to reach the destination; 'Med' refers to the median time to reach the destination

{ActiveCA} also enables visual analysis with traditional exploratory data analysis techniques. Figures 1 and 2 show walking and cycling trips from 1992 and 2015 through heat maps. These maps use color gradients to represent the percentage of trips between various origins and destinations, with darker colors indicating higher percentages and lighter colors representing less frequent routes. To avoid overwhelming the reader, we omitted the heat maps for the other years analyzed.

In 1992, walking trips with `home` as both the origin and destination made up the majority, accounting for about 30% of all walking trips. These trips often involved leisure activities, like short walks or dog walking. Following this, trips from `home` to `work` or `school` comprised 18% of walking trips. Overall, `home` emerged as a crucial hub, either as an origin or destination, with only 5% of trips not involving `home`. By 2015, `home` remained a significant node, but new locations distributed the proportion of trips to areas not considered in 1992. In 2015, the highest proportion of trips were from `home` to `work` or `school` (12%) and vice versa (11%). `home` to `home` accounted for 8% of trips, and `grocery stores` became a notable destination for those leaving `home` (6%), surpassing trips to `other's home` (4%).

For cycling trips, Figure 2, shows that in 1992, when this mode of transportation was first included as an activity, the majority of trips were from `home` to `work` or `school`, accounting for about 25% of cases. This pattern remained in 2015, with these trips representing 30% of the cases. However, a notable change occurred in `home` to `home` trips, which decreased significantly from 19% in 1992 to 5% in 2015.

Impedance functions for Canadians Metropolitan and Census Agglomerations areas

Impedance functions reveals important information about the travel behavior of the population, by describing the relationship between the population at an origin and their

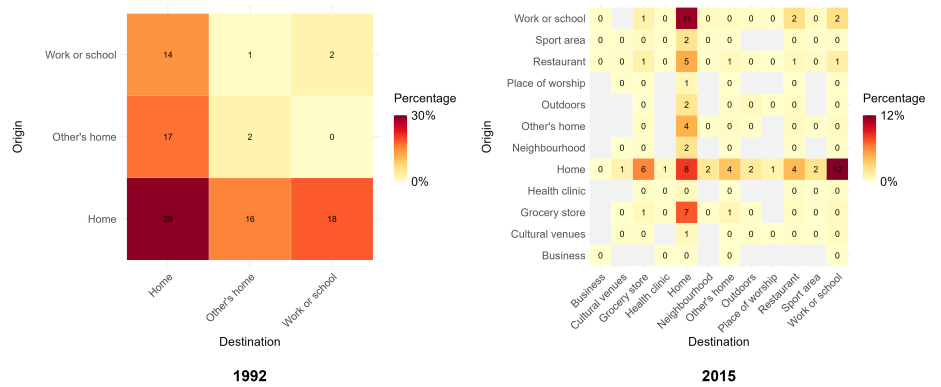


Figure 1. Percentage of walking Trips Categorized by Origin and Destination

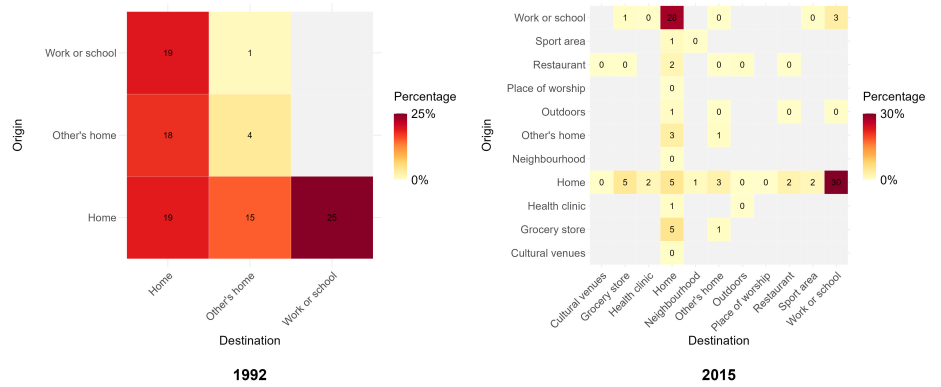


Figure 2. Percentage of walking Trips Categorized by Origin and Destination

likelihood or ability to travel to specific destinations to access opportunities (Soukhov and Paez, 2024).

Impedance functions are commonly used in accessibility analysis to calculate the cost of travel between different locations (Hansen, 1959; Páez et al., 2012; Palacios and El-geneidy, 2022). However, these functions need to be calibrated in order to accurately represent travel behavior. One effective way of calibrating an impedance function is by using the trip length distribution (TLD) obtained from origin-destination data (Soukhov and Paez, 2024). The TLD represents the probability that a certain proportion of trips will be made at a specific cost, such as travel time. In this data set, low travel times are

Table 4. Impedance functions and AIC for 'Walking' trips considering 'Work or school' as destination.

Year	Impedance function*	Parameter 1*	Parameter 2*	AIC
2015	lnorm	2.55	0.64	6612061
2010	lnorm	2.21	0.78	7917431
2005	lnorm	2.13	0.79	8182691
1998	gamma	1.23	0.09	2318752
1992	lnorm	2.38	0.70	2319400

Note:

* 'lnorm' refers to the log-normal distribution. For 'lnorm' distributions, 'Parameter 1' and 'Parameter 2' refer to the mean and standard deviation of the distribution on the logarithmic scaler, respectively. For the 'gamma' distribution, 'Parameter 1' and 'Parameter 2' refer to the rate and shape of the distribution, respectively. 'AIC' means Akaike information criterion.

associated with a higher proportion of trips, while high travel times are associated with a lower proportion of trips.

{ActiveCA} provides calibrated impedance functions for Canadian Metropolitan and Census Agglomeration areas. For each combination of year, destination, and transportation mode, we fitted the most suitable impedance function based on empirical data from the GSS surveys. {ActiveCA} includes a total of 64 distance-decay functions. These were estimated using the `fitdistrplus` package (Delignette-Muller and Dutang, 2015), selecting the distribution with the lowest Akaike information criterion (AIC) among exponential, gamma, log-normal, normal, and uniform types.

Table 4 shows the best impedance functions for walking trips to Work or school across survey years, where all distributions, except for a gamma function in 1998, are log-normal. Figure 3 illustrates these fitted functions (red line) alongside histograms of empirical travel times (grey bars). As for the others functions, these examples enable to calculate gravity-based accessibility measures for active transportation modes across various destinations and temporal scales in Canadian urban areas.

Concluding remarks

This article introduces {ActiveCA}, an open data product in the form of an R data package, developed after the collection, cleaning, and processing of General Social Survey data ranging from 1986 to 2015. The package provides analysis-ready data on active transportation episodes, focusing on walking and cycling activities, with information on trip origins, destinations, and duration. Additionally, the package includes a series of impedance functions calibrated for various destinations, considering the different transportation modes and time periods.

The value of {ActiveCA} lies in its transparency, accessibility, and open infrastructure, which facilitates the addition of complementary data sets in the future. R users can

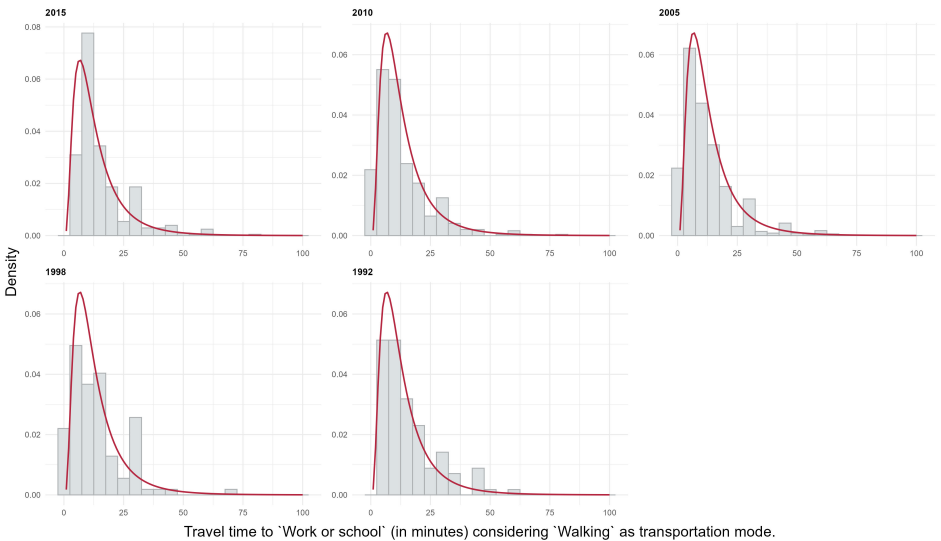


Figure 3. Percentage of walking Trips Categorized by Origin and DestinationWalking

seamlessly explore GSS walking and cycling episodes along with calibrated impedance functions, with the option to suggest enhancements to the package as needed. This article adopts the structure proposed by Anastasia and Páez (2023), whose work provided essential guidance for the creation of this package. Similarly, we aim to contribute to the academic community by promoting transparent research practices that encourage replication and innovation in related fields. We believe that {ActiveCA} will serve as a basis for further research on GSS and for the integration of additional data by the authors or the wider open source community.

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ORCID

Author 1 Author 2 Author 3

Data availability statement

The {ActiceCA} R data package can be found and installed on Github ([link](#)).

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