

## Kerala Travel Guidelines

### 1. Entry Requirements & Permits

- No entry permit is required for Indian nationals.
- Carry a valid **government-issued photo ID** such as Aadhaar card, driving license, or passport.
- ID is mandatory for hotel check-in and transport bookings.
- COVID-19 restrictions have been lifted, but it's advisable to stay updated via the [Kerala Tourism website](#).

### 2. Best Time to Visit

- **October to March:** Ideal for exploring beaches, backwaters, and hill stations like Munnar.
- **June to September:** Monsoon season, perfect for Ayurveda treatments and lush scenery.

### 3. Transportation

- Major airports: Kochi, Trivandrum, Calicut.
- Trains are available from all major cities in India.
- Within Kerala, use KSRTC buses, ferries (in Alleppey, Kochi), and auto-rickshaws.

### 4. Safety & Health

- During monsoon, road travel can be risky—check for landslide alerts.
- Mosquitoes are prevalent—carry repellent.
- Medical facilities are adequate in cities, but basic in rural areas.

### 5. Travel Tips

- Carry light cotton clothes, sandals, and rainwear.
- Keep your medicines, ID, sunscreen, and water bottle handy.
- Respect local customs and dress modestly, especially at temples.



## Himachal Pradesh Travel Guidelines

### 1. Entry Requirements & Permits

- No permit required for Indian citizens.
- **Government ID** must be presented at check-posts, hotels, and while renting bikes.

- For trekking in restricted zones (e.g., near Indo-Tibet border), you may need local permission from the SDM office.

## 2. Best Time to Visit

- **March to June:** Pleasant weather; best for sightseeing.
- **July to August:** Monsoon; avoid hill travel due to landslide risks.
- **December to February:** Ideal for snow lovers and skiing.

## 3. Transportation

- Road connectivity is good.
- Nearest airports: Chandigarh, Kullu, Shimla.
- Kalka-Shimla heritage train is popular.
- Taxis and state buses are commonly used for inter-town travel.

## 4. Safety & Health

- Drive cautiously on steep and narrow hill roads.
- Be prepared for **Altitude Sickness** above 2500m (e.g., Spiti, Rohtang).
- Network coverage is poor in remote regions.

## 5. Travel Tips

- Carry winter clothing, especially for higher altitudes.
- Keep medicines for nausea, AMS, and fever.
- Inform family before venturing to remote areas.

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# ❁ North East India Travel Guidelines

## 1. Entry Requirements & Permits

- **ILP (Inner Line Permit)** mandatory for Indian travelers to:
  - Arunachal Pradesh
  - Nagaland
  - Mizoram
  - Manipur (optional but recommended)
- Obtain ILP online via state portals. No permit needed for Assam, Meghalaya, Tripura.
- Carry multiple ID copies and passport-sized photos.

## 2. Best Time to Visit

- **October to April** is ideal due to clear skies and festivals.

- Avoid heavy rains from May to September (prone to floods and landslides).

### 3. Transportation

- Limited flights; most travel is by road.
- Shared sumos and cabs common for inter-town travel.
- Some remote areas have restricted tourist access.

### 4. Safety & Health

- Travel with a local guide in tribal areas.
- Mobile connectivity is patchy in hilly terrain.
- Drink bottled water to avoid stomach issues.

### 5. Travel Tips

- Carry extra cash and offline maps.
- Respect tribal customs and avoid photographing locals without consent.
- Warm and rainproof clothing is recommended.

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## ▲ Uttarakhand Travel Guidelines

### 1. Entry Requirements & Permits

- No special entry permit is required.
- For **Char Dham Yatra**, **online registration** on Uttarakhand Tourism site is compulsory.
- ID proof required at hotels and Yatra checkpoints.

### 2. Best Time to Visit

- **March to June:** Best for trekking, rafting, and pilgrimages.
- **September to November:** Post-monsoon freshness and low tourist rush.
- Avoid monsoon (July–August) due to flash floods and landslides.

### 3. Transportation

- Airports: Dehradun (Jolly Grant), Pantnagar.
- Rail: Dehradun, Haridwar, Kathgodam.
- Use shared jeeps or private cabs for higher altitudes.

### 4. Safety & Health

- Check the weather daily—sudden rain or snow may cause roadblocks.

- **Altitude sickness** above 3000m—take time to acclimatize.
- Wear trekking shoes if hiking.

## 5. Travel Tips

- Carry warm clothes, waterproof jackets, medicines, and ID cards.
  - Respect religious customs at temples and ashrams.
  - Download travel apps like Yatra e-pass and TouristCare UK.
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# ❁ Kashmir & Jammu Travel Guidelines

## 1. Entry Requirements & Permits

- No permit required for Indian nationals.
- Due to high-security zones, carry multiple **government-issued IDs**.
- Trekkers may need to **register with local police** for routes like Tarsar-Marsar or Great Lakes trek.

## 2. Best Time to Visit

- **Kashmir:** March–October for gardens, valleys, and houseboats.
- **Jammu:** October–March for Vaishno Devi pilgrimage and winter sun.

## 3. Transportation

- Airports: Srinagar and Jammu.
- Local transport includes taxis, shared cabs, sumos.
- Srinagar to Gulmarg/Pahalgam is 2–3 hours by road.

## 4. Safety & Health

- Stay updated with local news and travel advisories.
- Areas near the LoC are restricted—avoid venturing into those.
- Winters are harsh—check snow forecast if visiting from Dec–Feb.

## 5. Travel Tips

- Pack woolens, snow boots, and waterproof gloves in winter.
- Limited ATM and mobile services in remote areas—carry cash.
- Show respect at religious sites like Hazratbal and Vaishno Devi.