

LASER HAIR REMOVAL EXPECTATIONS SHEET

WHAT TO EXPECT AFTER EACH TREATMENT

TREATMENTS 1-3

NORMAL RESULTS YOU MAY EXPERIENCE

- Slower regrowth
- Softer finer hair
- Slight patchiness in regrowth
- Redness and/or mild swelling

Note: Since this is the beginning of your treatment patience is necessary. Your first few visits will show some improvements but, multiple treatments are the key to successful hair reduction.

Dark, coarse hair responds faster than lighter finer hair.

TREATMENTS 4-7

NORMAL RESULTS YOU MAY EXPERIENCE

- Significant Reduction
- Texture and regrowth of hair will be different
- Slight patchiness in regrowth
- Redness and/or mild swelling
- Common to have stripes and patches of regrowth

Note: Some clients can experience a growth pattern when all of the hair seem to be in a growing phase. Don't be alarmed and stay consistent with your intervals and communicate the results

TREATMENTS 8-12

NORMAL RESULTS YOU MAY EXPERIENCE

- Significant Reduction
- Texture and regrowth will be minimal with regrowth being extremely fine.
- Redness or mild swelling after each treatment

Note: It is in this time frame that customers should be seeing noticeable results. Minimal regrowth between treatments with hair that appears finer, lighter, and more sparse.

Each treatment you might experience minor side effect such as *swelling and itching* which usually lasts only a few hours. **The targeted hair may feel very thick and look like it is growing back but it is just coming through the skin to shed.** Shedding usually starts about **7 to 14 days post treatment** and can **last up to a month.** Exfoliating or scrubbing gently with a loofah can help speed up the shedding process. After shedding finishes, **you may see little black dots still stuck in the follicle.** These are commonly referred to as 'pepperspots' and will eventually shed over a longer period of time.

Remember that **any medication or lifestyle changes** including but not limited to physical activity, sun exposure, etc., **may affect results. Make sure to report those changes to your technician.**

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