

The Psychology of Testing

Mindset of

Testers

verify and validate the product, find defects.

Qualities:

- curiosity
- professional pessimism
- critical eye
- attention to details
- motivation for good and positive communications and relationships

Developers

design and build the product.

Qualities:

- interested in building solution rather than in contemplating what might be wrong with those solutions.

Identifying failures may be perceived as **criticism** of the product and of its author.

Confirmation bias and other **cognitive biases** may make it difficult to accept information that disagrees with currently held beliefs.

Information about defects and failures should be communicated in a **constructive way**:

Ways to communicate well

- the key is **collaboration**, not battles; the **common goal** is a **better quality of product**;
- emphasizing **the benefits of testing**: defect information helps to improve work products and skills, save time;
- communication of test results and other findings in **a neutral, fact-focused way without criticizing** the person who created the defective item;
- using **empathy**;
- confirming that the other person has **understood** what has been said and vice versa.