

**C E R T I F I C A T E**  
O F   T R A I N I N G   C O M P L E T I O N

**Zofia Zych**

has participated in the lecture entitled

**FATS, WHAT IS IT FOR?**

and passed the final test confirming the acquired knowledge.

The lecture was conducted by Dr Damian Parol and included theoretical  
and practical issues related to demand, sources, metabolism  
and the role of fats in the diet.

Otwock, 08 / 15 / 2022



dr n. o zdr. Damian Parol