Lasso and Ridge coefficient estimates

Coefficients	Lasso estimates	Ridge estimates
(Intercept)	-2.8461497	-1.9038777
AGE	0.0230153	0.0099893
SEX	-0.0440701	-0.1320838
ZSN_A	0.5993498	0.2763862
np_09	0.8437305	1.2052743
endocr_01	0.1958751	0.1765605
zab_leg_01	0.0327422	0.1585994
ant_im	0.0457607	0.0410665
lat_im	0.1190985	0.0822132
ritm_ecg_p_01	-0.0352515	-0.0881324
ritm_ecg_p_02	0.1493247	0.2137476
n_r_ecg_p_06	0.3997826	0.4196990
n_p_ecg_p_06	0.3920850	0.5381554
TIME_B_S	-0.0100292	-0.0151566
NA_R_1_n	0.0235545	0.0449228
NA_R_2_n	0.3559207	0.1789435
NOT_NA_1_n	0.1441611	0.0938003
TIKL_S_n	-0.1856748	-0.3379607