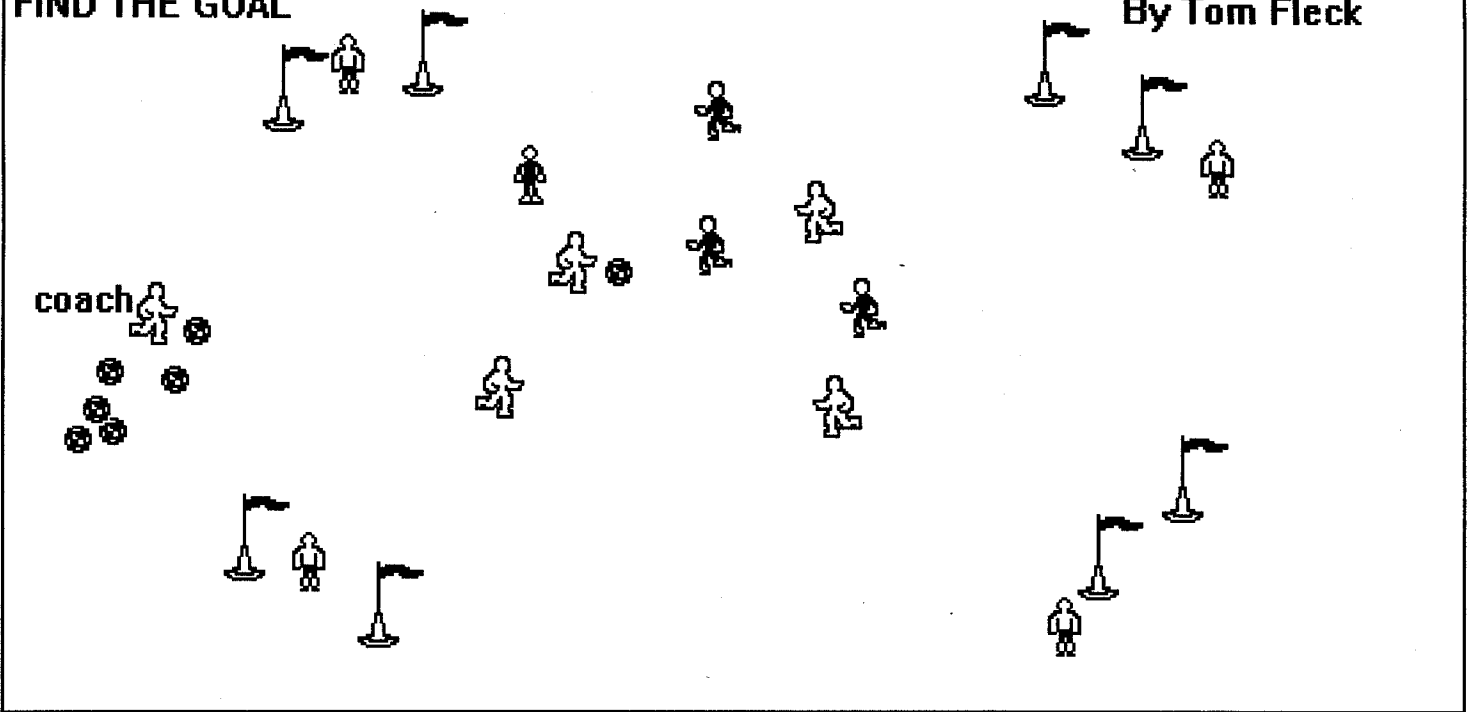


FIND THE GOAL

By Tom Fleck



Find the open GOAL and SCORE

Implications for soccer - Dribbling, Shooting, Passing and (maybe) Awareness

OBJECTIVE: Players must play only to the open goal (s) in order to score a goal. Goals are opened and closed by the coach who signals to those players positioned next to the goals at the start of the play.

It is important to note that the coach controls all of the balls at his/her feet. When a ball goes out of bounds, the coach shouts OUT then restarts the game by striking a ball into the playing area. The coach should not give any preparatory vocal commands, but simply strike the ball into play. This promotes visual awareness on the part of the players. The game can be played as a co-operative activity (all four players are on the same team) or as competitive play in a 4 vs 4 situation. Be sure that the size of the area of play is appropriate with regards to the number of players.