

| Age Guide for 2014-2015 Membership Year | | |
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| Division | Age | Born Between |
| U-19 | 16-17-18 | 8/1/95 and 7/31/98 |
| U-16 | 14-15 | 8/1/98 and 7/31/00 |
| U-14 | 12-13 | 8/1/00 and 7/31/02 |
| U-12 | 10-11 | 8/1/02 and 7/31/04 |
| U-10 | 8-9 | 8/1/04 and 7/31/06 |
| U-8 | 6-7 | 8/1/06 and 7/31/08 |
| U-6 | 5 | 8/1/08 and 7/31/10 |
| This age guide is for games and competitions that begin on or after Aug. 1, 2014. | | |