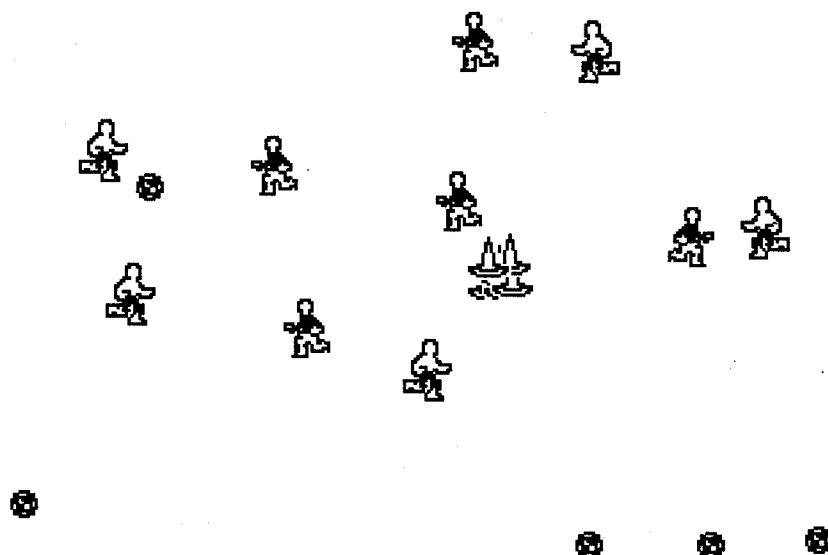


BARREL BALL**By Tom Fleck****BARREL BALL**

Implications for soccer - shooting, dribbling, passing, receiving, awareness, defending

Objective - Two teams attempt to score goals by hitting a barrel or trash can placed in the center of the playing area. One point for hitting the barrel , three points if you put the ball into the barrel.

Any number of players can play this game and appropriate conditons should be used at different age levels. Examples U-14 may not go to goal until they execute a wall pass, or U-18 team may not go to goal until they properly connect a lofted cross to a teammate on the opposite side of the barrel. If players persist in barrel hanging, outline a circle zone with cones or shirts to mark out an area some 4-5 yards away from the barrel. This area is off limits.