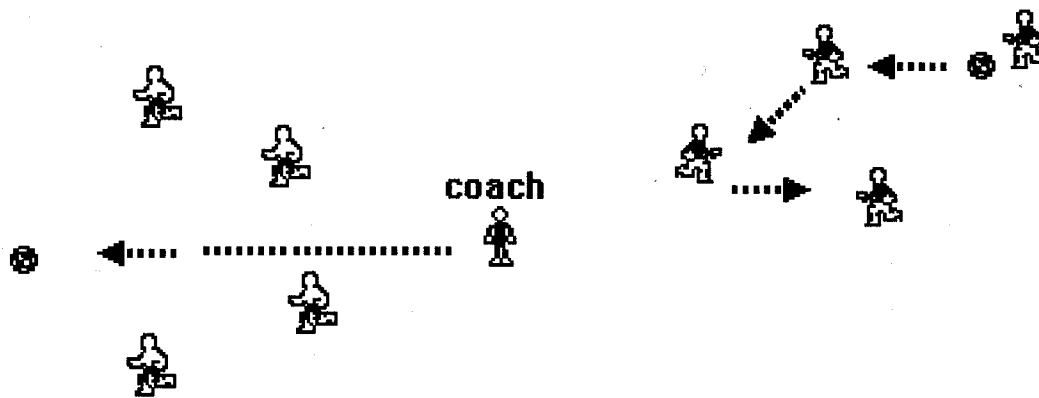


RETRIEVE



RETRIEVE PASSING AND RECEIVING

Groups of 3 or 4, one ball per group. Coach plays a ball and all the players run to get the ball. On the way back, they must pass so all players touch it. Then coach kicks the ball in a different direction.

COACHING POINTS:

1. Observe player's first touch in controlling the pass. It should be soft. Offer help with the next touch.
2. Observe the pace of the pass.
3. Spacing of players is important. Make sure they are not too close to each other. If they are too close, give this instruction: Make as few passes as possible to get the ball back to the coach.

TRY THESE VARIATIONS:

1. Each player must touch ball twice before it comes back.
2. Make as few passes as possible to get the ball back.
3. Each player has only one touch.