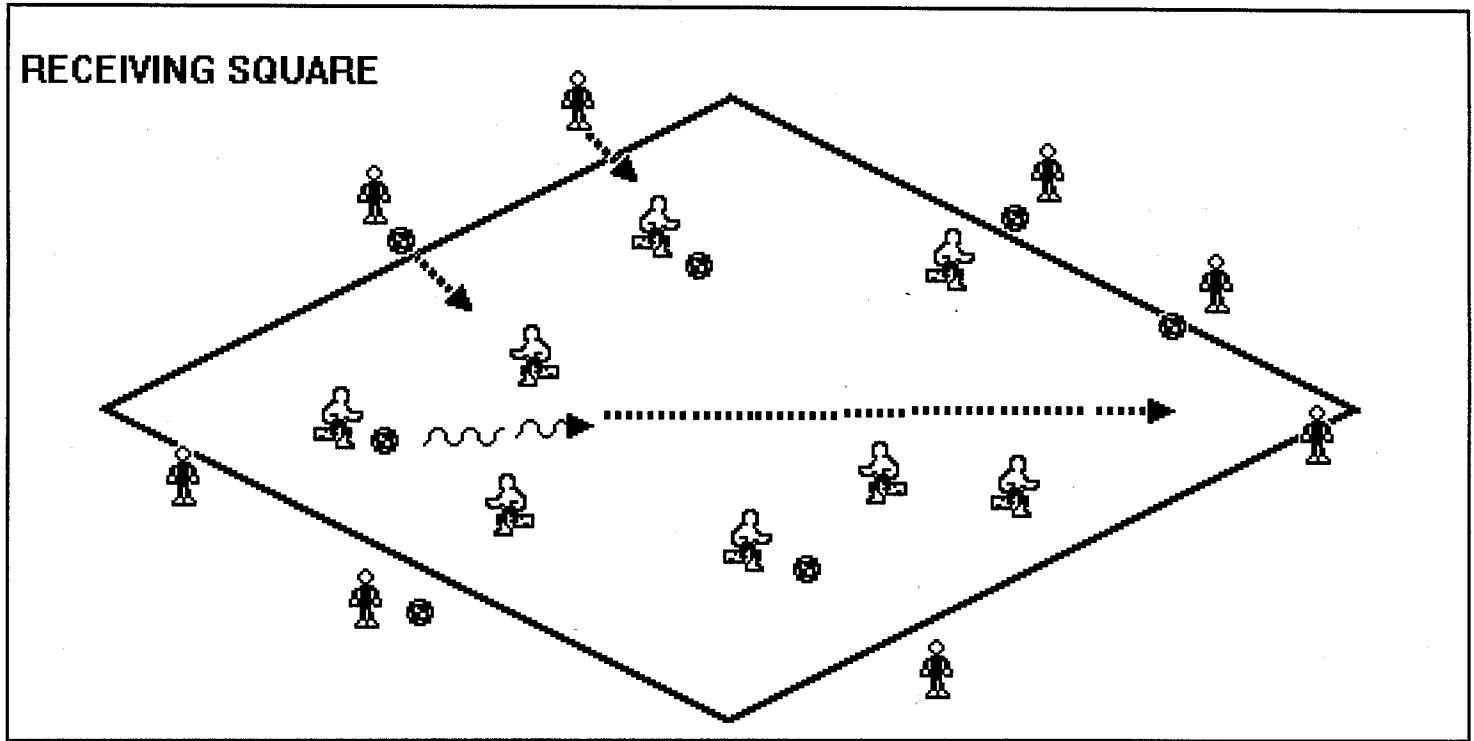


RECEIVING SQUARE



RECEIVING SQUARE

Define a space approximately 20 x 20. Each player should have a partner and one ball per group. One partner goes to the outside of the defined space with the soccer ball. The other partner goes into the space. On command, outside players pass the ball to partner, who must receive and turn the ball. While dribbling, the inside player must find a new outside player to pass to. After a successful pass the inside player must move to any outside player with a ball and repeat the sequence.

COACHING POINTS:

1. Inside players must be moving toward the incoming pass.
2. Encourage players to turn the ball several ways inside, outside of foot. Use of both feet is important.
3. After the turn encourage quick decisions on where to pass or dribble next.
4. Change player roles inside/outside every two minutes.
5. As players become proficient at receiving and turning, encourage them to fake one way before receiving, then turn the opposite way.