

3 vs 3 GAME

The attacking team advances the ball with 3 players. The defending team drops one player in the goal and the other two play defense in the field. This creates a 3 vs 2 situation in the field. Cones are organized to create two outside lanes. Offensive players can move anywhere but only one defender per lane allowed.

COACHING POINTS

- 1. Encourage the players to find the open player.
- 2. Encourage the players to try the move in the outside lane. Even if there is no defender.
- 3. Don't over coach LET THEM PLAY.
- 4. Remove the cones and allow free play with no restrictions.