

## RED ROVER

Implications for soccer - awareness, speed dribbling.

Objective getting across the target area without getting tagged. Try without the ball first.

The activity begins with the coach calls a color all those players run across trying to get past the coach. All players TAGGED join hands with the coach and become the tagged chain. The group then calls RED ROVER RED ROVER SEND (players name over).

After the players know the game play with the ball.