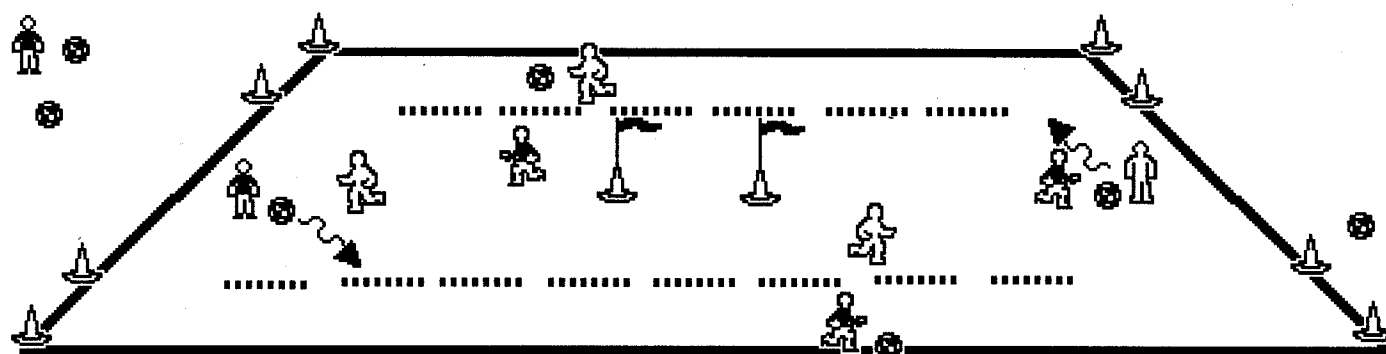


SMALL GAME

By Ed Tremble



Players start out with quick feet, then speed dribble to outside lane with the ball. Once in the lane, dribbler performs the hesitation move. Then tries to beat the defender to the goal on the end line or the one in the middle. Switch roles and partners frequently.

COACHING POINTS

1. Help the players technically with the move. They need to SELL the fake to get the defender to react.
2. After the players have the basic technique with their strong foot, encourage them to TRY IT with their weaker foot. Praise them for trying it.
3. As the technique gets better, then work on the tactic (decision) on whether to dribble to the end line or chop back and go to the middle goal. The defender can not cover both options. Offensive players are using the hesitation move to force a reaction from the defender. Help the offensive players with decision based on the CUES from the defenders.
4. If time permits coach the technique of the chop back. This technique will help the offensive player get to the middle goal, if the defender crosses over in their lane. If time is short DON'T steal time from their game. You can coach the move another day.