

TWO VERSE ONE TO GOAL

A goal is set up in the middle of a playable space. Place the 2 yard goal inside a circle defined by cones. Two players try to score by combining passes. Whoever loses the ball to the defender becomes the new defender.

COACHING POINTS:

- 1. No player is allowed in the circle.
- 2. Out play the defender with give and go passes.
- 3. Goals scored from one touch count twice.
- 4. Make sure there is a good balance of dribbling and passing.