



LADRU PASSING - AJAX

- Size: 2 X 8 yds
- A and B each have a ball
- B breaks to A...
- A passes to B...
- B returns ball to A...
- B turns and breaks to C...
- C passes to B.
- Low, no-bounce, sharp, crisp passes.
- B always calls for the ball.
- High speed.
- One-touch.
- Players alternate the B position.

VARIATION

- Enlarge space to force B to make longer sprints to ball.

GAME

- First team to make 10 consecutive passes wins.