Referee Pre-game Duties

- Appearance Dress Properly
- Arrive early at least 20-minutes before game time
- Give instructions to assistant referees
- Inspect field
- Get line up cards and do player inspection
- Get ball from home team
- Conduct coin toss

Kick Off Procedure

- Use to start game, start second half, restart after a goal is scored, start overtime period
- All players in their own half of the field
- Team not taking the kick-off 10 yards from ball (outside the center circle)
- Ball is stationary
- Referee signal (whistle)
- Ball is in play when it is kicked and moves FORWARD
- Retake if not taken correctly
- Kicker may not touch the ball a second time until it is played by another player. Sanction indirect free kick to opponents from spot of second touch.
- A goal may be scored directly from a kick-off

Throw In

- Use to restart the game after the ball has WHOLLY crossed over a touch line.
- Throw in is taken from the approximate point where the ball crossed over the touch line.
- Throw in is awarded to the opponents of the team who last touched the ball.
- Thrower must face the field of play.
- Have part of each foot touching the ground either on or behind the touch line.
- Use both hands to deliver the ball from BEHIND and OVER the head.
- The ball is in play as soon as it is released and any portion of it is on or over the OUTSIDE EDGE of the touch line either on the ground or in the air.
- Thrower may not touch the ball a second time until it is played by another player. Sanction indirect free kick to opponents from spot of second touch.
- If the player fails to perform the throw-in correctly, the other team is awarded the throw-in.
- A goal may not be scored directly from a throw-in.

Goal Kick

- Use to restart play after the ball has WHOLLY crossed over the goal line last touched by the attacking team and a goal is not scored.
- Goal kick is taken from anywhere within the goal area.
- OPPONENTS must be outside the penalty area (unless the kicker elects to take a quick kick).
- Ball is in play when it leaves the penalty area.
- Player taking the kick may not touch the ball a second time until it is played by another player. Sanction – indirect free kick to opponents from spot of second touch.
- If the ball is played (by either team) before it leaves the penalty area, the kick must be retaken.
- A goal may be scored directly from a goal kick, but only against the opposing team.

Corner Kick

- Use to restart play after the ball has WHOLLY crossed over the goal line last touched by the defending team and a goal is not scored.
- Ball must be placed in the corner area nearest the point where the ball went out.
- Opponents must remain at least 10 yards from the ball until it is in play.
- The corner flag post may not be moved or removed.
- Ball is in play when it is kicked and moves.
- Player taking the kick may not touch the ball a second time until it is played by another player. Sanction – indirect free kick to opponents from spot of second touch.
- A goal may be scored directly from a corner kick, but only against the opposing team.