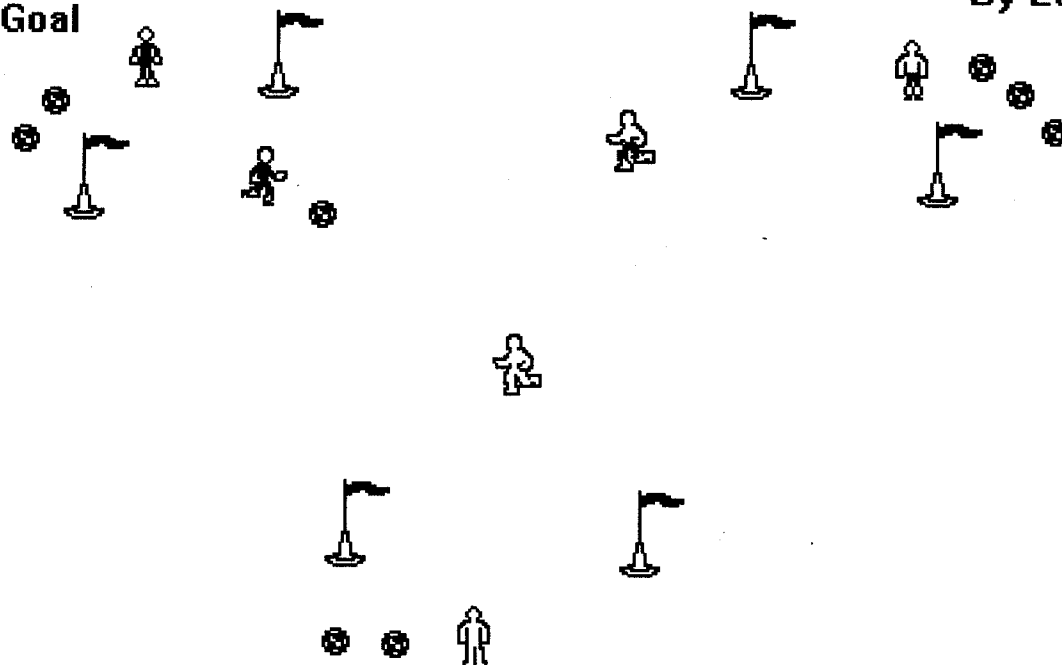


Small Games

Three Goal

By Ed Tremble



THREE GOAL

Set up three small size goals. Have plenty of balls to keep the activity flowing. The game is 1 vs 2, whomever has the ball is on attack, the other two players play defense and protect their goal. Award one point each time a player dribbles through the opponents goal under control.

COACHING POINTS

1. Encourage players to attack and defend aggressively.
2. If one goal is closed down, change direction and attack the other goal.
3. Encourage players to use hesitation move to force a reaction from defenders.
4. Encourage chop back to change direction and attack another goal at speed.
5. Progress to 2 v 2 v 2, now players can shot on goal for points.