

test recipe
RECIPE # dcc7

SERVING SIZE
4 Fluid Ounce

STUDENT COUNT
210

No.	Ingredient Name	Qty & Measurement	Cooking Instrucons
a043	Test Ingredient	7.62 Ounce	--NO COOK-- testsetst sfgsgs --NO COOK-- testsetst sfgsgs
0602	Test Ingredient2	1.43 Teaspoon	
Nutrients Based on 1 Serving Size		Components	
Calories	601 kcal	Meat/Alt. 253	
Sodium	0	Grains 177	
Fat	0	Vegetable 1000	
Carb	0	Fruit 0	
		Milk 250	