




Sheakh Naimur Rahman Emon

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Personal Statement

A caring, motivated, and reliable individual with a strong desire to work in the care sector. I bring hands-on experience from volunteering in health campaigns and providing personal care to a family member. Known for being compassionate, a good listener, and always willing to help others. I am now looking to begin a meaningful career in a care home environment where I can continue to support others and grow professionally.

Skills

- Excellent communication and listening skills
- Patience and empathy
- Ability to remain calm under pressure
- Fluent in English, Bangla, Hindi, Urdu and Basic Spanish
- Teamwork and willingness to learn
- Basic health and safety awareness
- Experience with personal care and companionship

Experience

- Volunteer Care Assistant
Private / Family-based – 2021 to 2022
 - Provided personal care and daily assistance to mother for one year
 - Helped with mobility, medication reminders, and emotional support
 - Maintained a clean and safe environment at home
- COVID-19 Volunteer Support
Community Based – 2020
 - Assisted vulnerable individuals during lockdowns with errands and check-ins
 - Offered emotional support to isolated individuals in the local community
- Polio Vaccination Campaign Volunteer
Health Campaign, Bangladesh – 2018
 - Participated in door-to-door awareness and support for polio vaccinations
 - Engaged with families, recorded data, and provided translation support where needed

Education

Higher Secondary Certificate – Science
Passed in 2019, Bangladesh

Hobbies and Interests

I enjoy helping people in need, especially those who may feel isolated or vulnerable. I find joy in making someone's day a little brighter.