




# Sheakh Naimur Rahman Emon

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 8 High Street, Shefford, SG17 5DG

## Personal Statement

A caring, motivated, and reliable individual with a strong desire to work in the care sector. I bring hands-on experience from volunteering in health campaigns and providing personal care to a family member. Known for being compassionate, a good listener, and always willing to help others. I am now looking to begin a meaningful career in a care home environment where I can continue to support others and grow professionally.

## Skills

- Excellent communication and listening skills
- **Full UK Driving license with personal Car**
- Ability to remain calm under pressure
- Fluent in English, Bangla, Hindi, Urdu and Basic Spanish
- Teamwork and willingness to learn
- Basic health and safety awareness
- Experience with personal care and companionship

## Experience

- Volunteer Care Assistant  
Private / Family-based – 2015 to 2016
  - Provided personal care and daily assistance to mother for one year
  - Helped with mobility, medication reminders, and emotional support
  - Maintained a clean and safe environment at home
- Polio Vaccination Campaign Volunteer  
Health Campaign, Bangladesh – 2018
  - Participated in door-to-door awareness and support for polio vaccinations
  - Engaged with families, recorded data, and provided translation support where needed
- COVID-19 Volunteer Support  
Community Based – 2020
  - Assisted vulnerable individuals during lockdowns with errands and check-ins
  - Offered emotional support to isolated individuals in the local community

## **Education**

Higher Secondary Certificate – Science  
Passed in 2019, Bangladesh

## **Hobbies and Interests**

I enjoy helping people in need, especially those who may feel isolated or vulnerable. I find joy in making someone's day a little brighter.