Sheakh Naimur Rahman Emon

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# Personal Statement

A caring, motivated, and reliable individual with a strong desire to work in the care sector. I bring hands-on experience from volunteering in health campaigns and providing personal care to a family member. Known for being compassionate, a good listener, and always willing to help others. I am now looking to begin a meaningful career in a care home environment where I can continue to support others and grow professionally.

# Skills

* Excellent communication and listening skills
* Patience and empathy
* Ability to remain calm under pressure
* Strong sense of responsibility and reliability
* Teamwork and willingness to learn
* Basic health and safety awareness
* Experience with personal care and companionship

# Experience

* Volunteer Care Assistant  
  Private / Family-based – 2021 to 2022

- Provided personal care and daily assistance to mother for one year  
- Helped with mobility, medication reminders, and emotional support  
- Maintained a clean and safe environment at home

* COVID-19 Volunteer Support  
  Community Based – 2020

- Assisted vulnerable individuals during lockdowns with errands and check-ins  
- Offered emotional support to isolated individuals in the local community

* Polio Vaccination Campaign Volunteer  
  Health Campaign, Bangladesh – 2020

- Participated in door-to-door awareness and support for polio vaccinations  
- Engaged with families, recorded data, and provided translation support where needed

# Education

Higher Secondary Certificate – Science  
Passed in 2019, Bangladesh

# Hobbies and Interests

I enjoy helping people in need, especially those who may feel isolated or vulnerable. I find joy in making someone’s day a little brighter.

# References

Available upon request.