

PATIENT ENCOUNTER NOTE

Patient: Caitlyn Rodriguez

Date: 2025-04-02

Provider: Dr. Jackson

SUBJECTIVE:

Patient presents today complaining of persistent cough which started approximately 2 weeks ago. They describe the pain/discomfort as a 8/10. Patient reports difficulty sleeping due to the symptoms. They deny any recent trauma or travel.

OBJECTIVE:

Vitals: BP 127/79, HR 91, Temp 98.9F.

Physical exam reveals tenderness in the affected area if applicable. No acute distress noted. Lungs are clear to auscultation.

ASSESSMENT:

Findings are consistent with Osteoarthritis. Differential diagnosis includes viral etiology or stress-related exacerbation.

PLAN:

1. Start Metformin 500mg once daily.
2. Follow up in 4 weeks if symptoms do not improve.
3. Patient education provided regarding lifestyle changes and warning signs.