

## PATIENT ENCOUNTER NOTE

---

Patient: Emily Stewart

Date: 2025-11-01

Provider: Dr. Yang

### SUBJECTIVE:

Patient presents today complaining of joint stiffness which started approximately 2 weeks ago. They describe the pain/discomfort as a 10/10. Patient reports difficulty sleeping due to the symptoms. They deny any recent trauma or travel.

### OBJECTIVE:

Vitals: BP 112/90, HR 77, Temp 97.4F.

Physical exam reveals tenderness in the affected area if applicable. No acute distress noted. Lungs are clear to auscultation.

### ASSESSMENT:

Findings are consistent with Acute Bronchitis. Differential diagnosis includes viral etiology or stress-related exacerbation.

### PLAN:

1. Start Lisinopril 10mg once daily.
2. Follow up in 4 weeks if symptoms do not improve.
3. Patient education provided regarding lifestyle changes and warning signs.