

PATIENT ENCOUNTER NOTE

Patient: Mike Adams

Date: 2025-06-29

Provider: Dr. Clements

SUBJECTIVE:

Patient presents today complaining of joint stiffness which started approximately 2 weeks ago. They describe the pain/discomfort as a 5/10. Patient reports difficulty sleeping due to the symptoms. They deny any recent trauma or travel.

OBJECTIVE:

Vitals: BP 136/89, HR 96, Temp 99.1F.

Physical exam reveals tenderness in the affected area if applicable. No acute distress noted.

Lungs are clear to auscultation.

ASSESSMENT:

Findings are consistent with Osteoarthritis. Differential diagnosis includes viral etiology or stress-related exacerbation.

PLAN:

1. Start Amoxicillin 500mg once daily.
2. Follow up in 4 weeks if symptoms do not improve.
3. Patient education provided regarding lifestyle changes and warning signs.