



ALTRUVA BEAUTY JOURNAL

*Menopause
Awareness Month*

Your New Era of Beauty

Menopause is not the end of youth. It's the beginning of a new kind of power. Yet, we know the changes can feel overwhelming: arms that are harder to tone, skin that regenerates more slowly, a face that looks puffy from stress ("cortisol face"), or intimate discomfort that affects your confidence.

At Altruva, we see you. And we want you to know. You don't have to go through this transition feeling less than yourself. With the right science, care, and artistry, you can step into this chapter stronger, more radiant, and more in control of your beauty than ever.

This month, we've designed treatments to answer the very challenges menopause brings, helping you restore balance, reclaim confidence, and reveal the truest version of you.

NeoCurve for Toned Arms

Toned arms are the new status symbol. Yet, during menopause, they're harder to achieve.

Time for NeoCurve Arms—and your first transformation is on us!*

*with package purchase



Altruva HydraGlow Facial

Your ritual includes a premium serum to exfoliate, hydrate, and brighten your skin. As regeneration slows after 40, this treatment keeps your skincare effective and your makeup flawless.





Bloated Face No More

Ever heard of Cortisol Face?
Puffy cheeks, a heavy jawline, and under-chin fullness often signal stress and imbalance.

Reset your look with Lymphatic Detox Facial, Lumi RF, and SculptLift+.

***ONLY OCTOBER**

Unleash Your Feminine Power

Just 8 minutes to awaken your feminine confidence. Exion Femme offers regenerative relief from dryness, laxity, and discomfort, with no downtime



A.R.T Lift by Sofwave *Just Got Better!*

New to this technology?

Experience Dr. Aldisa's artistry
with Sofwave, and your collagen
bank will thank you.

The ultimate investment during
perimenopause, plus DNA Revive
Therapy to awaken youthful cells.



At Altruva,
every stage of your life deserves
to be celebrated with beauty,
strength, and confidence.

This is your time!!

#RevealTheTRUYou
Semua akan Altruva pada waktunya

