

My Digital Balance

Day Type ▾

Date: 1 Jun 202... (30) ▾

Total Screen Time (Hrs)

209.85

Productive (Hrs)

85

Unproductive (Hrs)

124.85

Day Type

Office

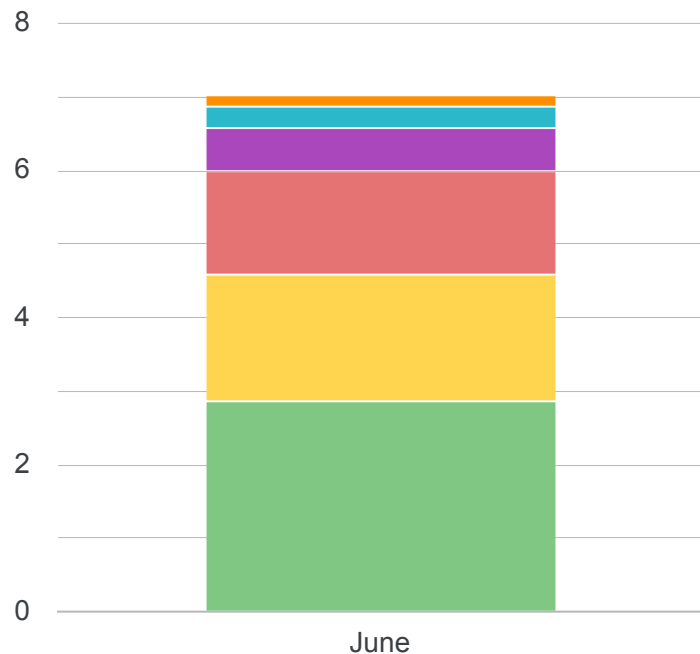
Top App Used

WhatsApp

Month	Time_Min ▾	Time_Hrs	AvgHrs	Office	WFH	Holiday
June	12,591	209.85	7.00	20	1	9



1 - 1 / 1 < >



- Productivity
- Social
- Entertain...
- Other
- Personal
- Work

Productive ▾

Avg Daily Ho...

Productive 2.83

Non-Productive 4.16

1 - 2 / 2 < >

